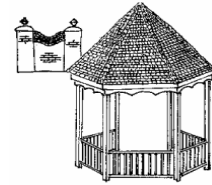


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



Aug 2020

Inside:

Real Estate

Support a
Local Business

Pool Deals

Environmental
Care

Yard Waste
Rules

Look after your
Neighbors

Don't forget the
Census

Register to
VOTE!

135 Members
as of
2 August 2020

Civic League Events Remain on Hold

As of this issue, all of our community meetings and events remain on hold. As we move through the Fall, we will be following the state guidelines regarding gathering recommendations and restrictions. If we are able to hold any events, we will attempt to put out our newsletter for house to house delivery, although we would not ask any of our deliverers, many of them who are in a vulnerable age group, to make the delivery.

The pool has done a fantastic job this summer of opening and operating safely. Thank you so much to the Pool Board and Staff for all their hard work to let our families have a fun and safe place to go. Please see inside for further pool information.

PMRC BEAT THE HEAT

new members only

Purchase a full price 2020
membership after August 15th
and use it for all of 2021 too!

Family - \$400

Couple - \$300

Individual - \$200

HONEY-DO'S

**Residential Repairs
No Job Too Small**

JOHN FILIPIAK
Bldg "C" Lic# 2705 037437
456-5023
Fax 497-3401

Furniture Repairs
Installations
Plumbing
Porches
Electrical
Ceramic Tile
Wall/Ceiling Repairs
Woodwork
Railings




BOWMAN REALTY
SERVING ALL OF HAMPTON ROADS

Cell: (757) 286-7455
Office: (757) 325-5495
jean@bowmanrealtyva.com
www.bowmanrealtyva.com

One Columbus Center, #629, Virginia Beach, VA 23462

Jean Bowman Broker/Owner



Montagna's SHOPS

Comfort, Fashion and Orthopedic for Men and Women

Lucian F. Montagna, Jr., C.Ped, O.S.T.
Board Certified Podiatrist

762 Independence Blvd.
Pembroke Meadows Shop Ctr.
Virginia Beach, VA 23465
Phone 490-2034
(Across From Red Lobster)

Your Friendly Neighborhood Veterinary Hospital
COMPLETE HEALTHCARE, GROOMING, AND BOARDING

INDEPENDENCE VETERINARY HOSPITAL

Dr. Brian Hastings Dr. Richard Johnston
4608 Pembroke Blvd., Virginia Beach, VA 23455

473-8560
www.independencevethospital.com

Ficarra Jewelers

AT HAYGOOD SHOPPING CENTER



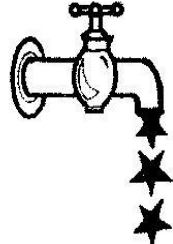
WATCH BATTERIES RING SIZING
CHAIN SOLDERING GIA APPRAISALS
PEARL AND BEAD STRINGING

NOW BUYING GOLD
363-8771
FICARRAJEWELERS.COM
Email bess.ficarra@gmail.com

Newsletter Ad Rates

- \$ 30 One time – Business Card
- \$135 One year (9 issues) – Business Card
- \$100 Insert (Advertiser provides the insert)
- \$ 60 One time – ¼ Page

Insured Licensed



Tri Star Plumbing
"Your Complete Plumbing & Drain Service"

Herbert Wynne

497-7827 Va. Beach	Chesapeake	485-7827
857-7827 Norfolk	Portsmouth	397-3356
	Cell	404-4743

SUN FOOT SPA

Foot Reflexology Massage
60 min. -\$39 including 20 min. neck
shoulder & back
30 min. - \$25

Open 7 days from 10:00 AM to 9:00 PM
Call (757) 440-3937 for an appt.
Pembroke Meadows Shopping Center

PLEASE SUPPORT OUR BUSINESS NEIGHBORS !!

Our Real Estate Market:

Just How Good ARE Mortgage Interest Rates?

Decade	Average Rate
1970S	8.86%
1980s	12.7%
1990s	8.12%
2000s	6.29%
2010s	4.09%
June 2020	3.21%

Currently for Sale

4245 Cheswick	4 BR	3 BA	869,000
4320 Cambria Cir	5 BR	2 ½ BA	320,000
4109 Cheswick	4 BR	3 ½ BA	790,000
4220 Cheswick	3 BR	2 BA	339,900

Homes Under Contract

4333 Hudgins	3 BR	3 ½ BA	560,000
613 Sheffield Ct	4 BR	2 BA	339,900
4417 Hudgins	3BR	2 BA	309,900
4516 Notre Dame	3 BR	2 ½ BA	195,000

Homes Sold

800 Saint Clement	3 BR	2 BA	294,000
4309 St James Cir	4 BR	2 ½ BA	590,000
4328 Hudgins	4 BR	2 ½ BA	360,000

~Sue Lentini~

Think it ♥♥♥ Design it ♥♥♥ Print it! ♥♥♥
 Banners • Backdrops • Signs
 Posters • Displays • Other Stuff!



LET IT FLY ♥♥♥
 BANNERS • STUFF

Caron Sanson
 757-615-7156 • caron@letitflyvb.com



French Classes

All levels: Beginners, Intermediates, Advanced, Conversation, Business or Culinary
 Any age: Children, Teens or Adults - Individual, Small or Large groups
 Call/Text: Bea at 804-614-8309
 Email: bea1baxter@gmail.com



VB ACADEMY OF NAILS & WAXING
 750 Independence Blvd.
 757-648-1173

NAILS, WAXING, HAIR, FACIALS,
REFLEXOLOGY

***Services 20% off first visit with Licensed
 Cosmetologist***

Classes enrolling now/start your new career today

Sue Lentini
 Seniors Real Estate Specialist
 Short Sales & Foreclosure Resource Specialist
 REALTOR®, Licensed in Virginia

Direct: (757) 717-0889
 Office: (757) 671-3343
 Fax: (757) 390-3686

suesellshouses@aol.com
 www.suesellshouses.com

3149 Shore Drive, Suite A
 Virginia Beach VA 23451






Pembroke Meadows Recreation Center



Thank you to all of the PMRC members for trusting us with your safety during COVID-19 and joining the pool this summer. Although far from a typical summer, we were able to still have fun while remaining socially distanced and following the new “rules” of the pool. Thank you for being patient as we figured out how to meet everyone’s needs, respecting other families’ spaces, using the Sign-Up Genius to reserve your spot, and celebrating the summer months safely! You are all awesome!

Because we know that not everyone knew what their summer would look like during a pandemic, we understand that joining the pool may not have felt comfortable in June. For that reason, we are offering something new - **half-price memberships for the 2020 season**. This means you can enjoy the rest of the summer until Labor day for half-price!

Or, if you want to lock in this year’s rates for next year, while enjoying the rest of the summer, new members only can take advantage of our yearly “**Beat the Heat**” opportunity. For this season’s membership price, you can utilize the pool for the rest of this summer and next summer, too! This promo begins August 15th and runs through the rest of the season.

The **PMRC Marlins** successfully completed their 2020 Swim Clinics! Although not the season we are used to at PMRC, the Marlins team of volunteers and coaches guided kids to become better swimmers all while having a blast. Thank you to everyone who made this season a success!

From now until Labor Day, we will have **new pool hours** and will open daily at 10:00 a.m. If you have not yet, take advantage of the early swim time of day - it is such a pleasurable and peaceful time at the pool. Remember that all

members are allowed up to three guests when they come to the pool. What a great way to spend the day with your friends. All you need to do is include them in your numbers when you reserve your spot, and pay \$6 per guest (or purchase a punch card - \$40 for 10 guest punches) to the guard on duty when you check in at the pool.

We have two more **food trucks** scheduled for August. These are so much fun and a great way to grab dinner while supporting the pool. A percentage of all sales go directly to the pool. :) We are always looking for new food trucks, so feel free to email Karen Roy at pmrcdirector@gmail.com with any contacts - we will do our best to make it happen!

Interested in getting in on the pool fun and out of the summer heat? Grab an application at the pool’s concession stand. If you have any questions that cannot be answered at the pool, please contact Kerri Denton pmrc.pool@gmail.com for membership information.

Peace, love and health,
Karen Roy, Pool Director

Your Custom Glass Specialist
McCarty's Glass Inc.
Showers Enclosures • Mirrors
Fogged Glass Replacement
Window & Door Repair
Glass Cut to Order
Free Estimates
 **757-650-4127** *EST* 2004

Ferry Plantation House

Ferry will remain closed until the city gives us permission to re-open. Date is unknown.

Information from Lynnhaven River NOW...

Balloons

Balloons are festive and fun — right? Not when they are released into the environment. The end result of releasing balloons into the environment is the ribbon wrapped around the wing of a bird or a shredded balloon that looks just like a jellyfish in the water being ingested by a sea turtle. Over 100 balloons have been found per mile in surveys on our Virginia coastal beaches. These balloon parts all end up in our waters where they endanger the wildlife that we love. There is an easy solution to this. We can all resolve to not releasing balloons and not use balloons outdoors where they can accidentally get loose.

There are alternatives — pennants and flags are an alternative that will create a festive environment. Planting a tree is a wonderful way to memorialize an important occasion. Share your ideas for balloon substitutes with us and thank you for avoiding balloons outdoors and protecting our wildlife.



~YOUR NEIGHBORHOOD REAL ESTATE SPECIALIST~
Call Me for a Free Market Analysis of Your Home!

Lindsey McCarty
REALTOR®
757-477-1551
LINDSEY.MCCARTY@LNF.COM



Licensed In Virginia

Make Your Lawn a Pearl Lawn

You want a beautiful, lush lawn
You want to be a good steward of our local waterways.

You can do both!

The Pearl Lawn Plan provides year-round advice on how to best manage your turf whether you are a do-it-yourselfer or you use a lawn care provider.

Contact us 757-962-5398 or email PearlYard@LRNow.org to set up a visit. or go to

<http://www.lynnhavenrivernow.org/pearl-home-sustainable-yardprogram>

and fill out an application



National and Local Government News

About that Census...



It's not too late to complete your 2020 Census questionnaire. The Census provides critical data that informs the distribution of resources for health care, public transportation, schools, House seats, electors in the Electoral College, and much, *much* more.

If you have not already completed your 2020 Census questionnaire, you can do so online at my2020census.gov.

City of VB Yard Debris Guidelines

With a busy Hurricane season forecast, it's a good time to review the city rules for yard waste. Just how much will the trash men take each week?

An infographic titled "CITY OF VIRGINIA BEACH YARD DEBRIS GUIDELINES" on a green background. It lists four rules: 1. 25 clear yard debris bags for small items like leaves & grass, illustrated with four green bags. 2. 2 piles of limbs measuring 4 ft x 4 ft x 4 ft, illustrated with a pile of logs. 3. 25 lbs weight limit per yard bag, illustrated with one green bag. 4. 4 foot maximum length and 6 inches maximum diameter for limbs, illustrated with a long log and a cross-section of a limb. The logo for "City of Virginia Beach Public Works" is in the bottom right corner.

PMCL POINTS OF CONTACT

Civic League Officers

<i>President</i>	<i>Dave Frohwitter</i>	<i>748-5091</i>
<i>First VP</i>	<i>Donna Price</i>	<i>408-4832</i>
<i>Second VP</i>	<i>Jackie Savage</i>	
<i>Recording & Corres. Sec.</i>	<i>Beverly Wilson</i>	<i>499-0723</i>
<i>Treasurer</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5792</i>

Committees

<i>Bldg/Grounds</i>	<i>Tim Roy</i>	<i>478-0580</i>
<i>Median Electrical</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Median Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>

Block Security

<i>Meadows</i>	<i>Vacant</i>	
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Vacant</i>	

<i>Lakes/Waterways Chairman:</i>	<i>Jeff Brown</i>	<i>464-0183</i>
<i>Lake Pembroke</i>	<i>Vacant</i>	
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Jeff Brown</i>	<i>464-0183</i>

<i>Welcoming Committee Chair:</i>	<i>Clara Hall, Karen Roy, Jeanette Willenbrink</i>	
<i>Meadows</i>	<i>Jim Price</i>	<i>408-4832</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0283</i>

<i>Newsletter Editor</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Newsletter Ads</i>	<i>Carol Moore</i>	<i>557-0328</i>

<i>Pet Lost & Found/Pet Registry</i>		
<i>Shores and Meadows</i>	<i>Gerry Dashiell-Richter</i>	<i>497-5243</i>

<i>Garden Club</i>	<i>Peggy Caverly</i>	<i>490-0925</i>
	<i>Jeanette Willenbrink</i>	<i>497-0700</i>

Recreation Center (pool)

<i>Director</i>	<i>Karen Roy</i>	<i>513-4183</i>
<i>Asst Director</i>	<i>Lindsey McCarty</i>	<i>477-1551</i>
<i>Treasurer</i>	<i>Kerri Denton</i>	<i>401-5562</i>
<i>Secretary</i>	<i>Mandy Nixon Hammer</i>	<i>513-6908</i>
<i>PMRC Pool Phone</i>	<i>(in season only)</i>	<i>963-2239</i>

ABRAMS REALTY

Residential Sales & Property Management

Owners of Abrams Realty, Jim & Liz Abrams and their children are residents of Pembroke Meadows and active in our Civic League.

No one knows the neighborhood like your neighbors, Jim & Liz
4640 Shore Drive, Virginia Beach, VA 23455
757-652-1067
AbramsHomes.com



LIVE MUSIC
Friday & Saturday 8pm-10pm

HAPPY HOUR
Monday-Friday 3pm-6pm

SUNDAY BRUNCH
10AM-2PM
Featuring Mom's Famous Bloody Mary Bar

DAILY SPECIALS
Lunch & Dinner

20 ROTATING TAPS

Food Insecurity

These are tough times, and some in our area are not able to feed their families. Please check on your neighbors if you think they need help. Please support a local food bank if you have the means.



SCOTT RUGGIO FREE ESTIMATES NEIGHBORHOOD DISCOUNTS

FIVE STAR

TREE & LAWN SERVICE, LLC

757-297-7082

LICENSED & INSURED

TREE REMOVAL • PRUNING • FULL LAWN SERVICE

Dear Neighborhood Leader,

November 3, 2020 General & Special Elections Schedule & Deadlines

Voter registration deadline: Tuesday, October 13, 2020 (close of business)
Absentee ballot application (BY MAIL) deadline: Friday, October 23, 2020 (5pm)
Absentee ballot (IN-PERSON) deadline: Saturday, October 31, 2020 (5pm)
Voted ballot returned to our office deadline: Postmarked on or before Tuesday, November 3, 2020
(7pm) or in our office Friday, November 6, 2020 (Noon)

CITY OF VIRGINIA BEACH IS RECRUITING PAID-VOLUNTEERS NEEDED ON ELECTION DAY!

Voter Registration & Elections is reaching out to community leaders for assistance. We are asking that you let your members know of this gratifying opportunity by making this announcement or posting the information as appropriate.

Become a Poll Worker. Now is the time to join our Election team. Please consider this opportunity to serve your community.

Poll Workers are paid \$140.00 each election and an additional \$20.00 to attend a specialized 3-hour training class.

TO SIGN UP

Apply online: <https://virginiabeachva.easypollworker.com> For the best experience with this website, please use Google Chrome, Microsoft Edge, or Mozilla Firefox. Internet Explorer is not a supported browser and will not work.

or

Stop by our office at the Virginia Beach Municipal Center Building 14 with your acceptable IDs to complete the paperwork

Deadline to submit completed forms: September 25th!

Voter Registration & Elections, 2449 Princess Anne Road, Bldg. 14, Virginia Beach, VA 23456
757-385-8683