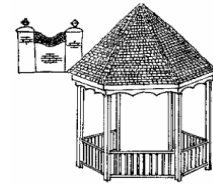


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



Jul -Aug 2019

Inside:

Obituary and
Memorial Plans

President's
Intro

National Night
Out

Real Estate

Ladies Lunch

Ferry
Plantation
Events

Pool News

Pet News

Yard Sale

Clean the Bay
Day

Scouts

New Ads

186 Members
as of
05 July 2019



In Memory of
Katherine A. Nixon

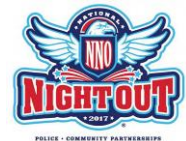
Civic League President (2015 – 2016, 2018 – 2019)

=====

Special Civic League Meeting

Tuesday, August 6TH, 7 pm at the pool.

Your Civic League Board is calling a summer meeting to discuss and authorize expenditures in memory of Kate Nixon. We will do this at 7pm during the NNO pool cookout. We are proposing a donation to the Memorial Fund and planting a tree in our park. We encourage members to attend and help us make a meaningful and appropriate choice.



NATIONAL NIGHT OUT

A FREE NEIGHBORHOOD GATHERING

Pembroke Meadows Recreation Center (Pool)

Tuesday, August 6TH,


6– 10 p.m. (See page 4 for details)

HONEY-DO'S

**Residential Repairs
No Job Too Small**

JOHN FILIPIAK
Bldg "C" Lic# 2705 037437
456-5023
Fax 497-3401

Furniture Repairs
Installations
Plumbing
Porches
Electrical
Ceramic Tile
Wall/Ceiling Repairs
Woodwork
Railings




BOWMAN REALTY
SERVING ALL OF HAMPTON ROADS

Cell: (757) 286-7455
Office: (757) 325-5495
jean@bowmanrealtyva.com
www.bowmanrealtyva.com

One Columbus Center, #629, Virginia Beach, VA 23462

Jean Bowman Broker/Owner



Montagna's SHOES

Comfort, Fashion and Orthopedic for Men and Women

Lucian F. Montagna, Jr., C.Ped, O.S.T.
Board Certified Podiatrist

762 Independence Blvd.
Pembroke Meadows Shop Ctr.
Virginia Beach, VA 23465
Phone 490-2034
(Across From Red Lobster)

Your Friendly Neighborhood Veterinary Hospital
COMPLETE HEALTHCARE, GROOMING, AND BOARDING

INDEPENDENCE VETERINARY HOSPITAL

Dr. Brian Hastings Dr. Richard Johnston
4608 Pembroke Blvd., Virginia Beach, VA 23455

473-8560
www.independencevethospital.com

Ficarra Jewelers

AT HAYGOOD SHOPPING CENTER



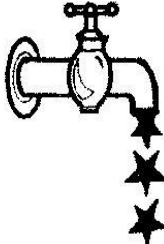
WATCH BATTERIES RING SIZING
CHAIN SOLDERING GIA APPRAISALS
PEARL AND BEAD STRINGING

NOW BUYING GOLD
363-8771
FICARRAJEWELERS.COM
Email bess.ficarra@gmail.com

Newsletter Ad Rates

- \$ 30 One time – Business Card
- \$135 One year (9 issues) – Business Card
- \$100 Insert (Advertiser provides the insert)
- \$ 60 One time – ¼ Page

Insured Licensed



Tri Star Plumbing

"Your Complete Plumbing & Drain Service"

Herbert Wynne

497-7827 Va. Beach	Chesapeake	485-7827
857-7827 Norfolk	Portsmouth	397-3356
	Cell	404-4743

COMPLETE AUTOMOTIVE INC.

1493 Diamond Springs Road
Virginia Beach, VA 23455
www.compautoinc.com
(757) 460-2277

- Replace & Rebuild Engines
- State Inspections
- Collision Repair
- Paint & Body Work
- Oil Changes
- Free Body/Paint Estimates
- And Much More!

10% off body/paint work over \$1000

\$10 oil change!

Serving you since 1988

PLEASE SUPPORT OUR BUSINESS NEIGHBORS !!

Obituary

- published June 4, 2019 in the Virginian-Pilot

Katherine Anne Marie Lusich-Nixon, 42, of Virginia Beach, VA, was tragically taken from us on May 31, 2019.

The second of eight children, she was a loving mother committed to her husband and children, and she worked as the Compliance Manager of the Public Utility Facility for the City of Virginia Beach. She attended Chico State College in California, graduating with a degree in Civil Engineering. She was widely respected in her field and was a strong advocate for women pursuing careers in engineering.

Kate was a person who always put others before herself. She was President of the Pembroke Meadows Civic League, a dedicated and enthusiastic member of St Gregory The Great Catholic Church, the announcer for the Pembroke Marlin swim team, and actively supported the Little Sisters of the Poor, a Catholic organization that offers the neediest elderly of every race and religion a home where they will be welcomed.

Katherine was predeceased by her father Bob Lusich, grandmothers, Suzanne Dandy and Dorothy Lusich and her father-in-law, Captain William Fred Nixon.

Left to cherish her memory are her husband Jason; children Morgan Katherine, Madilyn Alexis and MacKenize Marie; her grandfather, James F. Dandy; her mother Julie Dandy, brothers Paul, Matthew, Daniel and Philip; and sisters Suzanne, Nancy and Caroline, as well as innumerable nieces, nephews, uncles, aunts, cousins and close friends.



Memorial Fund

A memorial fund has been established at Towne Bank in the name of Katherine A. Nixon. One of the hopes is to pay off the mortgage of their house so that her family will continue to thrive in the home where memories were made, and her presence is felt. Help us prevent further tragedy with your gift to the Katherine Nixon Memorial Fund. Gifts to the fund are NOT tax deductible.

Make checks payable to:
Katherine Nixon Memorial Fund

Mail to:
Katherine Nixon Memorial Fund
c/o The Church of St. Gregory the Great
5345 Virginia Beach Blvd
Virginia Beach, VA 23462

Presidential Intro

Let me take a moment to introduce myself. My name is Dave Frohwitter and I am your new Civic League President. I wish that we were meeting under happier circumstances, but with the loss of our beloved Kate Nixon, the role of President falls to me. Kate's love for this community was infectious, and while I can never replace her, I hope to emulate her as best I can. A little about me, I'm a born and bred Virginia Beach native. I grew up in the Lynnhaven Mall area and graduated from Green Run High School. I then went on to study at Virginia Tech, and then came home and have been here ever since. My family and I moved to the Pembroke Meadows neighborhood in 2012 and have since fallen in love with the 'hood and the folks who live here. As I mentioned earlier, I want to do what I can to better this great community and I want your input. I'd love to hear your thoughts on ways your Civic League can serve you better, so drop me a line. My contact info is on the back page of the newsletter. I look forward to hearing from you.

- Dave

About Kate Nixon:

I am Donna Price. Kate was a neighbor. She was our civic league president, served as our pool's buildings and grounds committee chair and was the official announcer for our beloved Pembroke Meadows Marlins Swim Team at home swim meets. Jason was a Marlin, Morgan is a Marlin, Kate exemplified the Marlin spirit. In Pembroke Meadows, once a Marlin, always a Marlin!

We first met due to civic league assignments but became quick friends. I loved and respected Kate. Her loss is unfathomable to me. Kate and I traded off president of the Pembroke Meadows Civic League. Doing so was a labor of love.

Kate could handle any complaint with a calm demeanor and even temperament. She possessed tact and diplomacy beyond measure.

Several times she presided over a civic league meeting with a baby in one arm and another young daughter at her feet. Her girls were always well behaved.

Kate was a great source of knowledge regarding city projects and procedures and how they affected our neighborhood. Kate was always a pleasant voice of reason in community and neighborhood endeavors.

Oh, Kate was unflappable. Nothing at meetings seemed to upset her. On the contrary, she found humor in most situations. Our civic league board meetings were full of laughs, in large part due to Kate. Yet, we still accomplished our goals.

As civic league president, Kate was innovative and always seeking ways to improve participation. She led us to change our April meeting dates to "Movie night at the Cinema Cafe". She brought Ryan, "The Balloon Man" to our annual national night out function in August. Kate encouraged increasing expenditures to support the neighborhood pool upgrades, the annual Halloween Walk, and our annual Easter Egg Hunt.

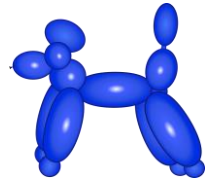
It is with this in mind, while we mourn our loss, we should also celebrate all the good Kate added to our lives.

- Donna Price

National Night Out Open to the whole neighborhood

Your civic league will host a National Night Out event at our neighborhood pool. There is **no charge** for attendance. The civic league will be serving **FREE** hot dogs, pizza, chips, sodas and ice cream between 6:30 p.m. until we run out. Please bring a side dish or dessert to share, your towel and a desire for some evening pool fun and fellowship. If you can't join us at the pool then get together with the neighbors on your street in the spirit of friendship and hospitality.

Back by popular demand, Rain or shine, "Ryan the balloon guy" will be there for the kids from 6-9 PM



"Always Fixed Right"

LaPines
Computers and Software

Specializing in Computer and Network Repairs and Upgrades

Bill LaPine
Owner

4412 Drury Circle
Virginia Beach, VA 23455
757.619.7256

bill@lapinescomputersva.com
www.lapinescomputersva.com

ABRAMS
REALTY

Residential Sales & Property Management

Owners of Abrams Realty, Jim & Liz Abrams and their children are residents of Pembroke Meadows and active in our Civic League.

No one knows the neighborhood like your neighbors, Jim & Liz
4640 Shore Drive, Virginia Beach, VA 23455
757-652-1067
AbramsHomes.com

Our Real Estate Market:

What to AVOID after applying for a mortgage

You have found the perfect home for you and your family and have applied for a mortgage. Understandably, you are excited and dreaming of ways to decorate and furnish it! Before you make any big purchases, make sure you check with your loan officer to see if they may impact your home loan. Below is a list of scenarios that may have a negative impact....

- Changing Jobs
- Depositing CASH into Bank Account
- Making any Large purchases, such as Cars or Furniture
- Applying for NEW Credit OR Closing Out Any Existing Credit Card Accounts
- Co-Signing on a Loan for Someone

What's New in OUR Real Estate Market?

Currently for Sale

724 Bishop Dr	5 BR	2 ½ BA	329,900
863 Cathedral	3 BR	2 ½ BA	209,000
4513 St John Ct	3 BR	2 ½ BA	199,990
4401 Hudgins	6 BR	4 BA	1,095,000
4188 Cheswick Ln	5 BR	4 BA	636,000
861 Cathedral	3 BR	1 ½ BA	175,000
4109 Cheswick Ln	4 BR	3 ½ BA	775,000

Homes Under Contract

844 St Martin Dr	5 BR	2 ½ BA	575,000
4505 Whitechapel Cir	4 BR	2 BA	309,000
812 St Martin Dr	4 BR	2 BA	299,900
600 Leads Ln	4 BR	2 BA	325,000

Homes Sold

604 Whitechapel Dr	4 BR	2 BA	250,000
--------------------	------	------	---------

-Sue Lentini

Sue Lentini
 Seniors Real Estate Specialist
 Short Sales & Foreclosure Resource Specialist
 REALTOR®, Licensed in Virginia

Direct: (757) 717-0889
 Office: (757) 671-3343
 Fax: (757) 390-3686

suesellshouses@aol.com
 www.suesellshouses.com

3149 Shore Drive, Suite A
 Virginia Beach VA 23451






SUN FOOT SPA

Foot Reflexology Massage

60 min. -\$39 including 20 min. neck
shoulder & back

30 min. - \$25

Open 7 days from 10:00 AM to 9:00 PM

Call (757) 440-3937 for an appt.

Pembroke Meadows Shopping Center

Meet Our New Advertiser

We have a new business in our shopping area, **Sun Foot Spa**, specializing in **foot reflexology massage**. The owners are Koko and Tony who have 10 and 15 years respectively in the business. They have owned a number of salons in Richmond and Virginia Beach, but decided they want to downsize and felt our little area is the perfect spot. They would like all to know that their goal is to make clients comfortable, provide good service and to let everyone know they are professionals who know what they are doing.

The Moores are gluttons for a good massage and so we have both been there already. First, the prices are reasonable \$25 for 30 min. or \$39 for 1 hour. While they concentrate on your feet, you also get a mini hand massage in the beginning and at the end, a brief shoulder massage. You remain clothed and relax in an atmosphere with soothing music and wonderful aromas. Koko and Tony definitely know what they are doing and quickly zero in on those pesky trigger points. We highly recommend you give them a try, all you have to lose is your tension!

Lost Pet Report

We are doing great with putting identification on your pets. Only 3 dogs lost and 2 were returned to owner. One had to be turned over to Animal Control.

- Gerry Richter



Ferry Plantation House

www.ferryplantationva.net

Movie Night on the Lawn- FREE

August 2nd- The Princess Bride

Bring a blanket or chair, concessions available

Friday Night Frights \$10 per person

July 19th, August 16th at 7 p.m.

Advance Reservations are required and can be made online at www.ferryplantationva.net

Stroll of the Lost Souls \$10.00 per person

October 19th 7 p.m. - 10 p.m.

October 26th 7 p.m. - 10 p.m.

Advance reservations required

SCOTT RUGGIO FREE ESTIMATES NEIGHBORHOOD DISCOUNTS

FIVE STAR

TREE & LAWN SERVICE, LLC

757-297-7082

LICENSED & INSURED

TREE REMOVAL • PRUNING • FULL LAWN SERVICE

Ladies Lunch Group

"Strangers are friends we just haven't met yet!"



We will meet at 11:30 am on **Thursday, July 25th** and **Thursday, Aug. 22nd**. Our destination for both luncheons is **Buoy 44** at 4436 Oceanview Ave. in Virginia Beach.

Please call Cynthia Lerner, (757) 589-9248, for further information and to make a reservation. Everyone is welcome - we hope you can come. If transportation is needed, please let Cynthia know.

Of interest from **LYNNHAVEN River NOW**

SPAT -- Science Preschool

Adventure Time

**July 29th - August 2nd,
Brock Environmental
Center**



A terrific program for children 3-5 years old and their special adult. Classes are Monday through Friday, 9:00-10:30, at the Brock Environmental Center. Registration is \$15 per day or \$50 for the entire week.

Enjoy outdoor fun, live animals, crafts, and story time around these topics:

Monday -- Wild Weather,

Tuesday -- Bountiful Butterflies,

Wednesday -- Animal Homes,

Thursday -- Creatures with Shells,

Friday -- Marsh Madness

For questions call 757-505-0773 or email

Education@LRNow.org.

To sign up on line go to <https://bit.ly/2MqYR5W>

Make Your Lawn a Pearl Lawn

You want a beautiful, lush lawn

You want to be a good steward of our local waterways.

You can do both!

The Pearl Lawn Plan provides year-round advice on how to best manage your turf whether you are a do-it-yourselfer or you use a lawn care provider.

Contact us 757-962-5398 or email

PearlYard@LRNow.org to set up a visit.

or go to

<http://www.lynnhavenrivernow.org/pearl-home-sustainable-yardprogram>

and fill out an application

Pool News

The summer pool season has kicked off with great success! We are currently 168 members strong, and more members are joining daily to take advantage of the cool water, fun activities, and opportunities to relax with neighbors and friends at the pool. There is plenty of summer and fun left, so don't miss out!



Some PMRC pool activities for this summer include:

- **Friday Fundays:** After a long day at work, there is no need to think about dinner and entertainment! Head on down to the pool, buy some pizza (We love the pizza from Haygood Skating Center!), and stay for the night's event. Still on the horizon are a cornhole tournament, tie dye night, and karaoke. All events start at 5:30 pm.

- **Tuesday Supper Club:** Miss out on BBQ and Fry Bar night? No worries! Nachos and Chic-fil-a are coming soon! Tuesdays from 5:30 pm - 7:00 pm

- **Kids' Night:** Let your kids have fun at the pool after hours for a night of entertainment, games, and food! We will be selling tickets for this event, and all kids will need to be registered prior to the event date: August 9. Be on the lookout for more information at the pool.

- **Throwback Adult Only Party:** For those who have been members of the pool for some time now, you may remember the adult only events - pig pickings, steak nights, and entertainment until 11 pm at night. Well, IT'S BACK! For one night, August 23rd, we will be selling tickets for a Throwback Night! More details to follow, as new and members "who remember when" are working out all the marvelous details! Be sure to mark your calendars and plan on a fun evening.

- **Inaugural Swim/Run event** is in the works! Pool and swim team members are joining forces for this new epic event. Think "fun run" meets swim meet. All ages are welcome to join in on the festivities. :)

The PMRC pool is definitely a place to be this summer and summers to come! If you did not join this summer, take advantage of our Beat the Heat program.

We hope to see you all soon either at the pool relaxing, at one of our events, or in the neighborhood walking or working in your yard. No doubt, we live in an amazing community.

-Karen Roy

Community Yard Sale

We had a beautiful day and great participation in our annual yard sale. About 22 homes signed up to be on the map, but many additional families participated to take advantage of the traffic. We hope all who did so had a profitable day!

Clean the Bay Day



Scouts and siblings from Cub Scout Pack 375 helped clean up trash at Pembroke Meadows Lake Park and the surrounding areas for Clean the Bay Day in June.

Cub Scout Pack 375 and Scout Troop 375 are Chartered by Old Donation Episcopal Church. For more information about joining Scouts contact Barbara Lee at 757-478-1005.



PMCL POINTS OF CONTACT

Civic League Officers

President	Dave Frohwitter	748-5091
First VP	Donna Price	408-4832
Second VP		
Recording & Corres. Sec.	Beverly Wilson	499-0723
Treasurer	Mike Moore	557-0328
Webmaster	Clif Furedy	490-5792

Committees

Bldg/Grounds	Tim Roy	478-0580
Median Electrical	Mike Moore	557-0328
Median Flag	Joe Lang	497-2897

Block Security

Meadows	Vacant	
Shores	Bob/Marge Brotman	497-0565
Townhomes	Vacant	

Lakes/Waterways Chairman:	Jeff Brown	464-0183
Lake Pembroke	Vacant	
Lake Meadows	Charlie Russ	497-5298
Lynnhaven	Jeff Brown	464-0183

Welcoming Committee Chair: Clera Hall, Karen Roy, Jeanette Willenbrink

Meadows	Jim Price	408-4832
Shores	Lisa Dutko	473-1112
Townhomes	Liz Hayes	472-0283

Newsletter Editor	Mike Moore	557-0328
Newsletter Ads	Carol Moore	557-0328

Pet Lost & Found/Pet Registry

Shores and Meadows	Gerry Dashiell-Richter	497-5243
--------------------	------------------------	----------

Garden Club	Peggy Caverly	490-0925
	Jeanette Willenbrink	497-0700

Recreation Center (pool)

Director	Karen Roy	513-4183
Asst Director	Jeanne Blair	319-3366
Treasurer	Terry Waters	(301) 646-1488
Secretary	Mandy Nixon Hammer	
PMRC Pool Phone	(in season only)	963-2239



YAMA.CHEN'S
SUSHI ROLL HOUSE

750 Independence Blvd
(757) 963-2888
Mon Closed
Tue-Fri: Lunch 11:30-3:00, Dinner 4:30-10
Sat-Sun: 12:00 noon – 10:00 pm

The speed limit in our neighborhood is 25 mph.
Slow down and give our kids a chance to grow up.



Open Tue-Sat 11AM – 8 PM,
Sunday: 11 AM – 4 PM
Closed Mondays
(757) 227-3145

I am not just your Realtor®, I am your neighbor!



Lindsey McCarty
REALTOR®
201 W. 21st Street Suite 1
Norfolk, VA. 23517
757-477-1551
LINDSEY.MCCARTY@LNF.COM

I Care About Our Community

Licensed In Virginia

Your Custom Glass Specialist

McCarty's Glass Inc.

Showers Enclosures • Mirrors
Fogged Glass Replacement
Window & Door Repair
Glass Cut to Order
Free Estimates

757-650-4127

EST 2004

Beat the Heat Deal! **Pembroke Meadows Pool**

First time pool members who join our pool after Aug 1st can pay for a 2020 season membership and get August of this year for free!
Check at the pool or online for applications

