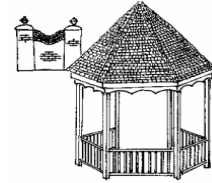


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



October 2017

Inside:

President's
Corner

Real Estate

Ladies Lunch

Medicare

Halloween
Walk

Theft
Prevention

Community
Opoid &
Heroin Forum

175 Members
as of
01 Oct 2017

Next Civic League Meeting

Pembroke Meadows Elementary School Multi-Purpose Room

Thursday, October 19th - 7 pm

Please join us for our next meeting. We don't have a confirmed guest speaker yet so it might be quick meeting where you can meet your neighbors and provide input on community issues. We will also present the new slate of officers for election in November.



HALLOWEEN WALK PLANS

Our 27th Annual Halloween Walk

Saturday, October 28th at 3p.m.

Your Civic League will provide the juice and cookies, but **we need volunteers!!**
Folks willing to:

- ***Decorate the park prior to festivities***
- ***Be corner / intersection safety monitors***
- ***Walk in parade to provide spacing & safety***
- ***Serve refreshments at the park***

This is a great time to meet your neighbors, have fun and show off your costumes. Contact- Gerry Richter at **497-5243**, or Angie Willenbrink at **671-8486** to offer your help. A reminder flyer is inside this newsletter.

Mark Your Calendar...


Our November meeting is the much-anticipated annual wine & cheese party - Thursday, Nov 16th at the beautiful Ferry Plantation House.

HONEY-DO'S

**Residential Repairs
No Job Too Small**

JOHN FILIPIAK
Bldg "C" Lic# 2705 037437
456-5023
Fax 497-3401

Furniture Repairs
Installations
Plumbing
Porches
Electrical
Ceramic Tile
Wall/Ceiling Repairs
Woodwork
Railings




BOWMAN REALTY
SERVING ALL OF HAMPTON ROADS

Cell: (757) 286-7455
Office: (757) 325-5495
jean@bowmanrealtyva.com
www.bowmanrealtyva.com

One Columbus Center, #629, Virginia Beach, VA 23462

Jean Bowman Broker/Owner



LICENSED IN VIRGINIA

Montagna's SHOES

Comfort, Fashion and Orthopedic for Men and Women

Lucian F. Montagna, Jr., C.Ped, O.S.T.
Board Certified Podiatrist

762 Independence Blvd.
Pembroke Meadows Shop Ctr.
Virginia Beach, VA 23465
Phone 490-2034
(Across From Red Lobster)

Your Friendly Neighborhood Veterinary Hospital
COMPLETE HEALTHCARE, GROOMING, AND BOARDING

INDEPENDENCE VETERINARY HOSPITAL

Dr. Brian Hastings Dr. Richard Johnston
4608 Pembroke Blvd., Virginia Beach, VA 23455

473-8560
www.independencevethospital.com

Ficarra Jewelers

AT HAYGOOD SHOPPING CENTER



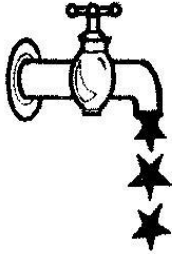
WATCH BATTERIES RING SIZING
CHAIN SOLDERING GIA APPRAISALS
PEARL AND BEAD STRINGING

NOW BUYING GOLD
363-8771
FICARRAJEWELERS.COM
Email bess.ficarra@gmail.com

Newsletter Ad Rates

- \$ 30 One time – Business Card
- \$135 One year (9 issues) – Business Card
- \$100 Insert (Advertiser provides the insert)
- \$ 60 One time – ¼ Page

Insured Licensed



Tri-Star Plumbing

"Your Complete Plumbing & Drain Service"

Herbert Wynne

497-7827 Va. Beach	Chesapeake	485-7827
857-7827 Norfolk	Portsmouth	397-3356
	Cell	404-4743

COMPLETE AUTOMOTIVE INC.

1493 Diamond Springs Road
Virginia Beach, VA 23455
www.compautoinc.com
(757) 460-2277

\$10 oil change!
10% off body/paint work over \$1000

- Replace & Rebuild Engines
- State Inspections
- Collision Repair
- Paint & Body Work
- Oil Changes
- Free Body/Paint Estimates
- And Much More!

Serving you since 1988

PLEASE SUPPORT OUR BUSINESS NEIGHBORS !!

What's good in the 'hood:



Dear Neighbors:

Despite this Indian Summer we're experiencing, I know from my calendar that fall is upon us. I am eager for the cooler temperatures and the need for a sweater (and perhaps a pair of socks).

As I look around our neighborhood, I realize that 2017 has been a pretty good year for our neighborhood. We have had so many new neighbors move into homes in our area. AND, they bring children. I love hearing the little voices and the laughter that children are bringing back to our streets, cul de sacs and open areas. Please be very careful as you drive through the neighborhood and watch out for balls, bikes, children and various other items that may come into the street!

As we go to press, at least as I type this missive, we have not completely resolved who will come and present at our October meeting. Please join us regardless. We had a nice crowd in September and welcomed many newish families to our meeting.

The Ferry Plantation has agreed again to allow us to host our November "Wine and Cheese" meeting at the house. This meeting has the highest attendance each year for our routine meetings. I think everyone comes for Clif Furedy's "betcha can't eat just one" pretzels; however, I am told that many come for the wine, Carol Moore's cheesecake, or the fruits and cheeses. Regardless of the reason, please come! We love to meet new neighbors, catch up with old friends and forge new bonds.

- Donna (donnahprice@gmail.com)

Ladies Lunch Group

"Strangers are friends we just haven't met yet!"



We will meet at noon on Oct. 26th, always the 4th Thursday of each month. This month we're going to **Waterman's Surfside Grill, 5th Street & Atlantic Ave, Virginia Beach**. Lunch includes complementary valet parking.

Please call Cynthia Lerner, 589-9248, to make a reservation. Everyone is welcome - we hope you can come. If transportation is needed, please let Cynthia know.

Medicare Open Enrollment Starts Oct 15th

It's time to make sure you have the right Medicare health and prescription drug coverage that works best for you. You can choose to stay with your current plan if you are happy with it. Or, let Senior Services benefits counselors help you look for a new plan that may provide better coverage, higher quality health care, and/or lower cost. Medicare Open Enrollment starts Oct. 15 and runs through Dec. 7.

Call Senior Services of Southeastern Virginia to speak with a certified benefits counselor. Call **(757)-222-4524..**



Our Real Estate Market...

This Fall is a Good Time to Buy a Home

Although most moves are made in the Spring and Summer months, there are 2 Reasons this Fall may be a GREAT time to buy. First, home prices are continuing to rise. Corelogics latest Home Price Index predicts that home prices will continue to increase approximately 5% over the next year. Second, mortgage interest rates are also predicted to rise. Waiting to buy could have a negative impact on what you can afford AND your monthly payment. If you are considering a move in the next year, you may want to consider moving sooner rather than later.

What's New Here in OUR Real Estate Market?

Currently for Sale

4421 Saint Mark	3 BR	2 BA	270,000
605 Whitechapel	3 BR	3 BA	345,000
4505 Whitechapel Ct	5 BR	2 ½ BA	322,000
4500 Sheffield Ct	5 BR	2 ½ BA	314,900

Homes Under Contract

4404 Hudgins	4 BR	2 BA	279,900
605 Severn	3 BR	2 BA	339,900
517 Cheswick Arch	4 BR	3 ½ BA	549,900
801 Cathedral	3 BR	2 ½ BA	204,900
4120 Cheswick	3 BR	2 ½ BA	465,000

Homes Sold

4500 Whitechapel Ct	4 Br	2 ½ BA	319,000
4409 Drury	4BR	2 ½ BA	250,000
600 Bishop	4 BR	2 BA	255,000

-Sue Lentini

Sue Lentini
Seniors Real Estate Specialist
Short Sales & Foreclosure Resource Specialist
REALTOR®, Licensed in Virginia

Direct: (757) 717-0889
Office: (757) 671-3343
Fax: (757) 390-3686

suesellshouses@aol.com
www.suesellshouses.com

3149 Shore Drive, Suite A
Virginia Beach VA 23451






SCOTT RUGGIO FREE ESTIMATES NEIGHBORHOOD DISCOUNTS


FIVE STAR

TREE & LAWN SERVICE, LLC

757-297-7082

LICENSED & INSURED

TREE REMOVAL • PRUNING • FULL LAWN SERVICE



757-963-2888
750 Independence blvd #4564
Virginia beach va 23455
www.yamachen.com

Lunch Box
\$8.95
(M-F)

Dinner Box
\$14.95
(Every Day)

PLEASE SUPPORT OUR BUSINESS NEIGHBORS!!

Preventing Car Break-ins

It happens in every neighborhood in Virginia Beach. It's the most frequent crime reported, and likely there are a large percentage that are not reported: larcenies from motor vehicles. It is highly likely, unless you keep your car in your garage, that some would-be thief has walked by and tried the door handle to check whether your car is unlocked. If it is unlocked, that thief will riffle through the interior and take any money, jewelry, credit cards, gift cards or anything he thinks is valuable. If your car is locked, the prolific pilferer will usually continue down the street trying other cars. However, if the mischievous malcontent has a flashlight and observes a purse or wallet in your car, he will break in.

Last year (2016) there was an auto-theft ring in Hampton Roads that would steal cars that had the keys left in them. The foolhardy felons would walk around neighborhoods and condo parking lots pulling on car door handles. Two of the Virginia Beach cases were attorneys with nice cars, who not only left the keys in their cars, but left the cars unlocked. If you routinely leave your car unlocked with the keys in it, even if the keys are hidden, eventually a larcenous leech will take that car for a joyride and drive it "like he stole it."

Since moving to Pembroke Meadows 28 years ago, I've had two cars gone through by some contemptible cretins. Once, some change was taken, but a bag of bingo markers and a pair of nurse's shoes were left by the dastardly dolt; fortunately, I was able to locate the neighbor who had those items taken from her car. On the other occasion, change and a flashlight were taken from my car; the flashlight was later located stuffed in a neighbor's bush. Both times, my car was unlocked.

Last year, there were 3,574 larcenies from vehicles reported to the Virginia Beach Police Department. Most of them can be attributed to serial snatchers, but sometimes they're just dull delinquents looking for a thrill. Either way, we need to set up as many impediments to their avarice as is reasonable. *Removing your purse, wallet and keys from your car is an easy preventive measure*

to keep your car safe from these callous kleptomaniacs.

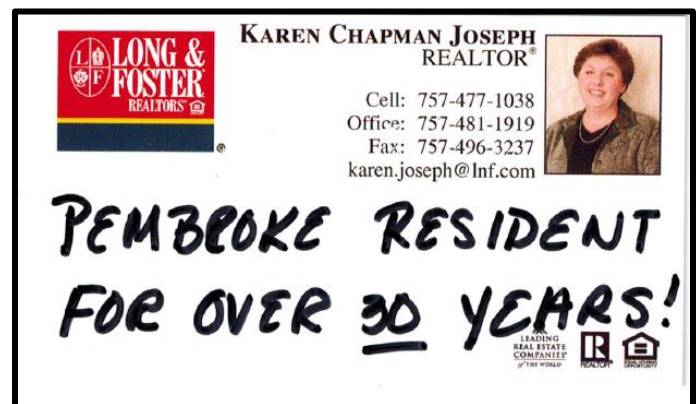
- Jim Price






Waldron and Associates LLC
"Specializing in counseling for children and families"
Tamara W Childress
LPC
Waldronandassoc@gmail.com
4663 Haygood Road Bldg 2 Suite 216
Virginia Beach VA 23455
757-932-5110




Greg Chapman
Licensed Home Inspector
338001026
757-477-1712
greg@southsideinspects.com
www.southsideinspects.com
Southside Home Inspections




KAREN CHAPMAN JOSEPH
REALTOR®
Cell: 757-477-1038
Office: 757-481-1919
Fax: 757-496-3237
karen.joseph@lnf.com

**PEMBROKE RESIDENT
FOR OVER 30 YEARS!**
LEADING REAL ESTATE COMPANIES OF THE WORLD


PMCL POINTS OF CONTACT

Civic League Officers

President	Donna Price	499-5115
First VP	Susan Frohwitter	274-2001
Second VP	Beverly Wilson	499-0723
Recording & Corres. Sec.	Kate Nixon	546-4004
Treasurer	Carol Moore	557-0328
Webmaster	Clif Furedy	490-5792

Committees

Bldg/Grounds	Tim Roy	478-0580
Median Electrical	Mike Moore	557-0328
Median Flag	Joe Lang	497-2897

Block Security

Meadows	Vacant	
Shores	Bob/Marge Brotman	497-0565
Townhomes	Vacant	

Lakes/Waterways Chairman:	Jeff Brown	464-0183
Lake Pembroke	Vacant	
Lake Meadows	Charlie Russ	497-5298
Lynnhaven	Jeff Brown	464-0183

Welcoming Committee Chair: Clera Hall, Karen Roy, Jeanette Willenbrink

Meadows	Jim Price	499-5115
Shores	Lisa Dutko	473-1112
Townhomes	Liz Hayes	472-0283

Newsletter Editor	Mike Moore	557-0328
Newsletter Ads	Carol Moore	557-0328

Pet Lost & Found/Pet Registry

Shores and Meadows	Gerry Dashiell-Richter	497-5243
--------------------	------------------------	----------

Recreation Center (pool)

Director	Chris Pascuzzi	671-1850
Asst Director	Erin Strasburger	
Treasurer	Lori Hines	557-0101
Secretary	Kim Best	671-1810
PMRC Pool Phone	(in season only)	963-2239

ABRAMS REALTY

Liz & Jim Abrams- Owners
Your neighbors on Saint Martin Drive
Sales & Property Management
AbramsHomes.com
757-644-3800



OPIOID & HEROIN COMMUNITY FORUM

This FBI and DEA documentary film is intended to help educate citizens about the dangers of prescription drug abuse and the heroin epidemic

Guest Speakers and Panelist include

- Fred Wells Brason II - Project Lazarus
- Lynn Taylor - The Virginia Center for Addiction Medicine
- Dr. Heidi Kulberg - VB Department of Health
- Lt. Ken Spivey - VB Police Department
- Carolyn Weems - VB School Board
- Commonwealth's Attorney's Office Representative

Date: Thursday, October 19, 2017
Time: 1:00pm to 4:00pm
Location: Meyera Oberndorf Central Library
4100 Virginia Beach Blvd, Va. Beach, VA 23452

Register at Eventbrite [VB Chasing The Dragon](#)

Sponsored by the Virginia Beach Opioid and Heroin Awareness Committee

STAY INFORMED

Besides this newsletter, you can get up to the minute information from two sources for our neighborhood. One is by joining NEXTDOOR.COM online. The other is to be on our neighborhood email list by sending a request to be added to pmcl_news@cox.net. This is our means of communicating any last-minute changes to events, notify of lost pets and inform about any security issues.

Half-Price Senior Tickets at the Virginia Aquarium

Visitors 62 years and older will receive a 50 percent discount off the senior admission weekdays this month, making the price a little less than \$11.50!



HALLOWEEN WALK



SATURDAY-OCTOBER 28, 2017
Starting at 3 p.m.

This will be the **27th** year your Civic League has sponsored the event.

FUN FOR ALL AGES –INFANTS TO 102 + (anyone over 100 must be in costume).

This is a community wide family event.

Put on your costume and join in the fun.

If you choose not to walk-please come join us anywhere along the route and help cheer our little ghosts and goblins as they march to the music.

Volunteers will help out at the park and along the route to assure safety.

****Since this is a “walk” please leave the skateboards, scooters, bikes and dogs at home.**

Strollers, prams, carriages, wheelchairs, wagons, etc. are fine. This is for the safety and enjoyment for all.

ROUTE- Beginning at the medical complex on Whitechapel Drive—Left from Whitechapel to Cambria Street-Right on to Abbey Drive and continuing on Severn Drive - then proceeding to the park.

Refreshments, tattoos, and face painting will be offered at the park. If you are new to the area please join us and meet your neighbors.

We will need volunteers to serve at the park, along the route and as safety patrols at intersections. Safety patrol volunteers get to wear a lovely orange vest for the occasion.

We also need someone to “babysit” the park once it has been decorated. – contact Gerry Richter at 497-5243 or Angie Willenbrink at 671-8486 to volunteer.