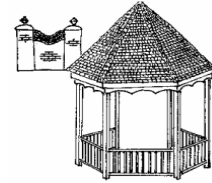


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



September
2017

Inside:

President's
Corner

Real Estate

Ladies Lunch

Lost Pets

Ferry
Plantation

New
Advertisers

Pool News

Emergency
Preparedness

Storm Drains

175 Members
as of
01 Sept 2017

Next Civic League Meeting

Pembroke Meadows Elementary School Multi-purpose Room

Thursday, September 21st - 7 pm

Welcome back everyone! We hope you had a wonderful summer and will join us for our new season of Civic League Meetings. We don't have a guest speaker this month, so it will be quick meeting where you can meet your neighbors and provide input on community issues.

OUR POOL IS STILL OPEN

The Pembroke Meadows Pool will be open for the next two weekends, weather permitting, from 12 noon to 6 PM.

HALLOWEEN WALK PLANS

Our 28th Annual Halloween Walk
Saturday, October 28th at 3p.m.

Your Civic League will provide the juice and cookies, but we need volunteers!!
Folks willing to:

- *Decorate the park prior to festivities*
- *Be corner / intersection safety monitors*
- *Walk in parade to provide spacing & safety*
- *Serve refreshments at the park*

This is a great time to meet your neighbors, have fun and show off your costumes. Contact- Gerry Richter at **497-5243**, or Angie Willenbrink at **671-8486** to offer your help. Ages 0 -101+ are welcome.

(Mark this event on your calendar NOW and start thinking about your costume, there will be more details and a reminder flyer in next month's newsletter)


CIVIC LEAGUE ELECTIONS IN NOVEMBER

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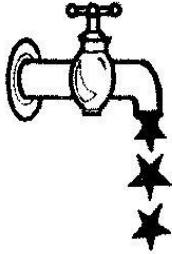
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What's good in the 'hood:



Dear Neighbors:

And just like that, summer has left us. As we prepare this newsletter, Hurricane Irma (and a couple more of her buddies) are creating concern & worry. Please be certain to stay aware and make safe decisions for you and your family.

Over the summer, I have had the opportunity to talk (email) with several of you. Issues of concern include: an increase in property thefts to include bicycles, car break ins, trash cans remaining at the curb or in front of the home, "children playing", and loose pets.

As it applies to the property thefts, car break ins, etc., please properly secure your bikes. They simply are not safe being left unlocked and in plain view. As one mother wrote, "We got the bike back after a neighbor noted it in her yard. A bike lock is an easy solution to prevent a long evening and night of my child crying."

Lock your cars, trucks, etc. to deter easy theft of items. Jim & I were recently out late walking the dog, when Jim noted a young man acting odd. In retrospect, I think Jim questioning this person likely deterred any issues for that night, at least. I am not advocating approaching strangers but ask you all to be aware and to call 757-385-5000, the non emergency number for police, to report suspicious persons.

I ask each of you to breathe deep, if necessary, and enjoy our neighborhood children. I am so grateful for the love and care so many of you give to your yard's landscaping. I just cannot fathom though that the occasional feet of children are truly destroying your hard work. Children play outside. Balls, toys, pets all will occasionally end up in unintended places. Let's cherish these young neighbors, appreciate their parents for moving here and delight in their squeals and laughter.

Please join us at the September meeting as we kick off our Fall & begin planning for various activities.

Donna (donnahprice@gmail.com)

Ladies Lunch Group



"Strangers are friends we just haven't met yet!"

We will meet at noon on Sept. 28th, always the 4th Thursday of each month. This month we're going to *The Pier at Lynnhaven Fish House, 2350 Starfish Road, Virginia Beach*. Please call Cynthia Lerner, 589-9248, to make a reservation. Everyone is welcome - we hope you can come. If transportation is needed, please let Cynthia know.

Lost Pet Report

We have reunited 8 dogs this summer. Three dogs were turned over to Animal Control.

It is very important to put ID on your pet.

A neighbor on Abbey Drive had a roaming, dumped or lost cat appear at his house. He fed and watered the poor animal and was bitten. Since no record of the animal's vaccination was known he now has to go through Rabies treatment.

The cat was captured by Animal Control.

This is a wakeup call for found animals. Without visible identification, ALL FOUND pets will be turned over to Animal Control.

I still need at least two families willing to hold animals while we try to locate owners. This will be done only with pets wearing identification.

Our Real Estate Market...

How long have you lived in YOUR Home??

According to the National Association of Realtors, from 1985-2008, the median tenure of a family in a home averaged exactly 6 years. However, since 2008, that average has climbed to almost 9 years! One reason for the increase was due to the fall in home prices during the housing crisis which left many homeowners with negative equity. The uncertainty of the economy also may have kept homeowners from making their next move. With most home prices currently on the rise and the economy coming back, those homeowners who have been holding off may soon be ready to make that next move! Are you??

What's New Here in OUR Real Estate Market?

Currently for Sale

605 Severn	3 BR	2 BA	339,900
801 Cathedral	3 BR	2 ½ BA	204,900
4120 Cheswick	3 BR	2 ½ BA	465,000
4505 Whitechapel Ct	5 BR	2 ½ BA	322,000
4500 Sheffield Ct	5 BR	2 ½ BA	314,900

Homes Under Contract

600 Bishop Ct	4 BR	2 BA	284,900
517 Cheswick Arch	4 BR	3 ½ BA	549,900
4409 Drury	4BR	2 ½ BA	249,900
4404 Hudgins	4 BR	2 BA	279,900
4500 Whitechapel Ct	4 BR	2 ½ BA	319,900

Homes Sold

4425 Drury Cir	5 BR	3 BA	278,500
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-Sue Lentini

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Pembroke Meadows



Recreation Center

2018 Pool Board

A General Membership Meeting was held at our pool on a beautiful Labor Day afternoon. The 2018 Board is:

- Director: Chris Pascuzzi
- Assistant Director: Jeanne Blair
- Treasurer: Teri Waters
- Secretary: Kim Best

At-large members: Karen Roy, Mike Moore, Jeff Brown, Cathy Mathias, Liz Abrams, and Mandy Nixon-Hammer

Remember you can pay for next year's membership on an installment plan.



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 Virginia beach va 23455
 www.yamachen.com

Ferry Plantation House

www.ferryplantation.org

September 30th (Saturday) 10 a.m. - 6 p.m.
we will hold PARACON. Meet paranormal investigators, Tour the house, Guest speakers, vendors. \$10.

OCTOBER

Friday the 13th-- Friday night Frights.
Advance reservations required.
call Heather 676-2662

LRNow Fall Festival

Saturday, October 7th

11 AM - 3 PM

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Keep Your Storm Drain Clear of Debris

Rain gardens, infiltration trenches, rain barrels pervious pavers and replacing turf grass with planted beds all reduce the amount of water that runs off your property during a storm event. The water coming from your property water goes into our stormwater sewer system. In a large storm or an intense downpour, the system has trouble handling the volume of water and that is one of the primary factors contributing to flooding in our streets and neighborhoods.

Your first line of defense against street flooding is to make sure that the water can get into the storm drain pipe. Before and even during a storm, check your street storm drain to make sure that it is free of leaves, pine needles, branches, trash and other debris that will prevent the flow of water into the drain. This will go a long way in preventing roadway and neighborhood flooding.

And it will keep this debris from polluting our waterways. In the end, all that stormwater gets dumped into our lakes, creeks, rivers, bays, and the ocean.

-LR Now

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Born and raised in Virginia Beach and a proud father of two, Greg has an extensive background with performing Home Inspections and a local knowledge of Hampton Roads. He is a Virginia Licensed Home Inspector and holds multiple certifications through National Home Inspection Associations and ASHI/Internachi affiliated Training Firms.

Southside Inspections advocates for the Client first and foremost where a positive and satisfied client experience is an integral part of who they are. In addition, they adamantly promote for an all-around smooth and easy process from start to finish for all parties involved.

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Waldron and Associates

Tamara Childress, LPC

Tamara is a Licensed professional counselor specializing in treating children and families in individual and/or family therapy sessions. She works with children and families who are experiencing issues related to ADHD, Anxiety, Depression, Grief/loss, Post Traumatic Stress Disorder, and Family Conflict/divorce. She also has experience working with adolescents and adults who have experienced trauma.

Through the use of family systems therapy and cognitive behavioral therapy, she has assisted patients in overcoming a variety of stressful life events and family discord.

On a personal note, Tamara has been in the Virginia Beach area for 3 years. She is originally from Richmond, VA and raised all four of her children in that area. She has two grandchildren and enjoys playing with them as much as possible.



Waldron and Associates LLC

Tamara W Childress
LPC

Waldronandassoc@gmail.com

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New Faces & Ideas Needed

As we begin a new year of Civic League Meetings and Activities, we can always use fresh ideas. If you have any suggestions for articles in the newsletter, guest speakers for our meetings or neighborhood activities, please contact any board member.

Election time is here, please consider volunteering for a position or an activity, many hands make light work. All positions on the board are open - our officers are elected annually and no officer is allowed to hold a position more than 2 consecutive years. We would love to see some new faces as we move into the new year. If you volunteer, you'll get to meet your neighbors and have a voice in planning ideas for your neighborhood. Please contact any board member to get involved. We will present a proposed slate at the October meeting and we will vote at the November meeting.

Civic League Privacy Policy

A neighbor recently asked our web master if the Civic League sells or otherwise provides personalized information to others.

Your Civic League never gives our email list to anyone. We would consider it a breach of your trust if we did.

The Civic League website does contain a directory of residents. It is blocked from search engines, such as Google, but a human can enter the pass code and visit all the pages we make available. You and many of your neighbors are listed in the directory. It would be a slow process, but an individual could visit the pages and copy email addresses one at a time. Your civic league specifically forbids using any of the directory information for commercial purposes. If you feel someone has used the directory information improperly, we encourage you to make your

displeasure known by contacting the offending person or firm.

You may fill out a Directory Change form if you wish to make changes to your information displayed in the directory. You may select what information appears. You will find the form on the Directory Index page.

Hurricane Preparedness:

As is so evident in the news, hurricane season is now in full force. We have included some information to assist you with hurricane preparedness for your households. Please take all warnings seriously and be sure to secure any outdoor furniture, toys, plant pots and grills.

More information can be found at www.ReadyVirginia.gov

GET A KIT MAKE A PLAN STAY INFORMED

Collect these essential supplies to last at least 3 days for each family member.

3 3 days of water and food that won't spoil and doesn't need electricity to prepare

- 1 gallon of water per person per day for drinking and hygiene
- A battery-powered and/or hand-crank radio. Extra batteries.
- A written family emergency plan

Additional items

- Flashlights
- First-aid kit, including a list of allergies, and extra contact lenses or glasses
- A written list of prescriptions, the prescribing doctors and at least a week's supply of medications
- Toilet paper, soap, plastic garbage bags and personal hygiene items
- Special items for elderly or disabled family members
- Pet information and supplies

If you have to evacuate your home, take your emergency supply kit. Try to stay with family or friends, in a hotel or motel, or public shelter. For more information, visit www.ReadyVirginia.gov.



Ready **virginia**
www.ReadyVirginia.gov

Download the free Ready Virginia app for alerts and more information.

Ready Virginia is an educational campaign that promotes emergency preparedness through three basic steps: get a kit, make a plan, stay informed. This document was prepared under a grant from FEMA's State Programs Directorate and the U.S. Department of Homeland Security. 12713R100

PMCL POINTS OF CONTACT

Civic League Officers

<i>President</i>	<i>Donna Price</i>	<i>499-5115</i>
<i>First VP</i>	<i>Susan Frohwitter</i>	<i>274-2001</i>
<i>Second VP</i>	<i>Beverly Wilson</i>	<i>499-0723</i>
<i>Recording & Corres. Sec.</i>	<i>Kate Nixon</i>	<i>546-4004</i>
<i>Treasurer</i>	<i>Carol Moore</i>	<i>557-0328</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5792</i>

Committees

<i>Bldg/Grounds</i>	<i>Tim Roy</i>	<i>478-0580</i>
<i>Median Electrical</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Median Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>

Block Security

<i>Meadows</i>	<i>Vacant</i>	
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Vacant</i>	

<i>Lakes/Waterways Chairman:</i>	<i>Jeff Brown</i>	<i>464-0183</i>
<i>Lake Pembroke</i>	<i>Vacant</i>	
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Jeff Brown</i>	<i>464-0183</i>

Welcoming Committee Chair: *Clara Hall, Karen Roy, Jeanette Willenbrink*

<i>Meadows</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0283</i>

<i>Newsletter Editor</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Newsletter Ads</i>	<i>Carol Moore</i>	<i>557-0328</i>

Pet Lost & Found/Pet Registry

<i>Shores and Meadows</i>	<i>Gerry Dashiell-Richter</i>	<i>497-5243</i>
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Recreation Center (pool)

<i>Director</i>	<i>Chris Pascuzzi</i>	<i>671-1850</i>
<i>Asst Director</i>	<i>Erin Strasburger</i>	
<i>Treasurer</i>	<i>Lori Hines</i>	<i>557-0101</i>
<i>Secretary</i>	<i>Kim Best</i>	<i>671-1810</i>
<i>PMRC Pool Phone</i>	<i>(in season only)</i>	<i>963-2239</i>

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For our neighborhood, most homes North of Pembroke Blvd are in Zone D and those South of the Blvd are Zone C. Be sure to keep an eye on news reports. When a serious storm is expected to impact Virginia's coastal region, City officials will use multiple tools to get the word out,

The more you do now to prepare and plan for tropical storms and hurricanes, the better you will weather the storm.

To learn more visit www.vbgov.com/residents/emergency-preparedness

For a Disaster Kit Checklist: www.ready.gov/build-a-kit

See more information on page 7.