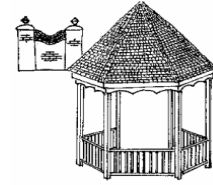


# CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,  
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



July/Aug 2016

Inside:

President's  
Corner

Real Estate

Things to Do

Pool News

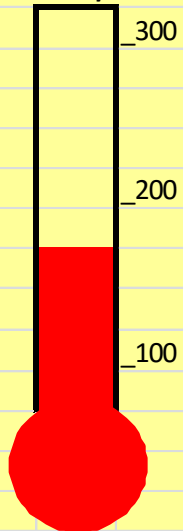
Pokemon Go

Cub Scouts

Pet Care

POC's

Membership Goal



## Next Civic League Meeting



# NATIONAL NIGHT OUT

A NEIGHBORHOOD GATHERING

Pembroke Meadows Recreation Center (Pool)

Tuesday, August 2<sup>nd</sup>,

6– 10 p.m.

Come join us as we celebrate the annual National Night Out Event

Your civic league will host a National Night Out event at our neighborhood pool. There is **no charge** for attendance. The civic league will be serving **FREE** hot dogs, pizza and sodas between 6:30 p.m. and when we run out. Please bring a side dish to share, your towel and a desire for some evening pool fun and fellowship. If you can't join us at the pool then get together with the neighbors on your street in the spirit of friendship and hospitality.

Rain or shine, "Ryan the balloon guy" will be there for the kids

## Beat the Summer Heat Deal!

First time pool members can join our pool after Aug 1<sup>st</sup> and get a membership good for the rest of 2016 and all of 2017 for only \$350.00. That's a great deal! When the intense summer heat threatens your sanity, you will be able to say, "let's go to the pool" for fun and relief. Check at the pool or online for applications.



## Pokemon spotted in our neighborhood!

Details inside...

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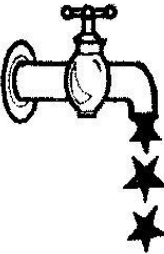
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## Presidents Corner



Dear Neighbors:

The HEAT is on! The pool is open and the neighborhood is busy. I for one am loving the new chairs, tables and pergola at the pool. A big Thanks to all who helped out with Clean the Bay day! Keeping our park and common areas cleaned up - it helps keep our neighborhood an awesome place to live. Please make use of the City's Report Problems page to report items that need repair, including street signs, damaged curb and graffiti. I have used it myself and found the city to be very responsive (<https://www.vbgov.com/services/Pages/report-problems.aspx>). In case you have not heard the Pembroke Meadows Cinema Café is now a premiere movie location – new movies right in our neighborhood. The Café has been a long loved neighborhood staple that I have enjoyed going to for many years.

Please watch out for kids and pets this summer while driving through the neighborhood, especially en route to the park or pool. I look forward to seeing you all at National Night Out August 2<sup>nd</sup>.

- Kate Nixon

## Please Remember The 25 mph speed limit throughout our neighborhood



Watch out for kids playing and adults on their cell phones; they may not be watching out for you.

## Our Real Estate Market...

### Investment Sales Rebound

According to a survey conducted by the National Association of Realtors, 2015 had the first increase in investment home sales in 4 years. What are they buying? 62% of all investment home sales were single family homes. Since there are fewer distressed properties available now, it appears there has been a shift towards investors purchasing lower priced homes and turning them into rentals rather than flipping them.

### Currently for Sale

4312 Cambria Cir.	5 BR	3 BA	285,000
4433 St. Mark	4 BR	2 ½ BA	309,900
805 Cathedral	3 BR	1 ½ BA	179,900
4133 Cheswick	5 BR	3 ½ BA	975,000
4148 Cheswick	4 BR	3 ½ BA	430,000
517 Cheswick Arch	4 BR	3 ½ BA	579,000
4309 Hudgins	4BR	3 BA	350,000
4448 Hudgins	3BR	2 BA	239,900
4532 Hudgins	3BR	2BA	245,000
4501 Whitechapel	3BR	2BA	262,900

### Homes Under Contract

4500 White Chapel	4 BR	2 ½ BA	207,000
4404 Chelsea	5 BR	2 ½ BA	212,000
4309 Hudgins	4 BR	3 BA	350,000
4432 Hudgins	5BR	2 ½ BA	319,900
4505 St. John	3 BR	1 ½ BA	175,000
616 Bishop	5BR	3 BA	309,000

### Homes Sold

4433 St Mark	4BR	2 1/2BA	295,000
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## Befriend Thy Neighbor

Some of you knew her, most of you didn't. Her name is Helen Rowley, "Miss Helen" to me. She lived right across the street from me, and we were friends for several years.

I tried to keep an eye out for her daily as she was nearly 87, very independent and a loner. I was her only friend on our street because she was rather hard to know, but I did.

She loved it when I asked her over to sit on the front porch, have a glass of wine and have "girl talk" and laugh. She loved the times I had her in during the Christmas Holidays, again for a glass of wine, girl talk and laughs in front of my Christmas tree.

She loved the Civic League's "Wine and Cheese" nights, some women's luncheons and shopping. Oh, she also loved going to the Rec Center to exercise.

I last talked to "Miss Helen" on Monday, June 20th, when she came home from shopping but not the next two days. On June 22nd, I felt deep down that something was really wrong so my granddaughter, Ashley, and I went over to her house. We checked all the doors and windows, knocking on each multiple times and calling her name over and over, with no response.

I called the police after getting permission from her sister. The police came out, and after being convinced that she might be in there, the Fire Department was finally called. They gained access to her home and found her in her bedroom wedged between the bed and a side piece of furniture. She had been there for several days, with no air conditioning, in those horrible hot days that week. According to the EMTs, she was severely dehydrated, and it looked like she had suffered a stroke as well as a heart event, all to be determined if she even made it to the hospital. Before leaving, the EMTs told me that she would not have survived one more day if my "feeling" hadn't been right. The police, firemen, EMTs, neighbors and friends called me a "hero." I'm not a hero, just her friend who cares.

The last time I saw "Miss Helen" was my final visit to her in the hospital. She was paralyzed on her left side, unable to speak, and on palliative care, but

she knew me by blinking "yes" and giving me a half-smile while squeezing my hand. She kept squeezing until after I kissed her forehead when she fell asleep.

"Miss Helen" lived ten more days after being discovered the night of June 22nd. She's now free from the terror she must have felt, those hot days and nights, trapped in the home that she loved. The reason for my writing this is to ask all of the residents of our Pembroke communities to please be attentive to their neighbors, especially the elderly, disabled or those who live alone who perhaps are just in need of a friend who cares. You might just save a life, even for only a short while. I miss my friend!

Rosemary DeLacey

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## Lost Pet Program

Thanks for putting ID on your pets. Be sure to send in

a picture with your Lost Pet Forms. I have trouble when

trying to identify a "mutt" with nothing to look at. This is a **FREE PROGRAM**. If your pet is lost be sure to check our email notification. Jim and Clara Hall put out the word quickly. Sign up if you have not done so, Pet Forms are on our web site.



## Box Turtles

The turtles are doing great and feeding well. Several have trained themselves to come up to the back door for food and water or bathing. They are early morning feeders most of the time. Kids love watching them eat.

Pay attention when mowing.

- Gerry Richter



## Ferry Plantation House

The house will be open on Tuesdays, Thursdays and Saturdays at 10 a.m. Last tour is at 2 p.m. Tours cost \$10 and take about an hour.

All donations to Ferry Plantation House help restore and maintain the house and are **Tax Deductible**.

### Friday Night Frights

We will hold another "Friday Night Frights" on August 26th. Hours are 8-10 P.M. Paranormal investigators with equipment will be on hand and you may bring your own equipment or use theirs. Learn more about the spirits in the house. \$10. admission.

### Paranormal Conference (Paracon)

#### September 17th.

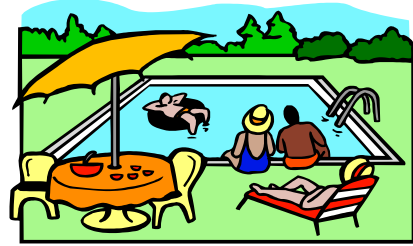
Guest speakers, Venders, Craft tables, illusionist, tours.

More details needed? Call Heather 676-2662

### Stay The Night With The Spirits

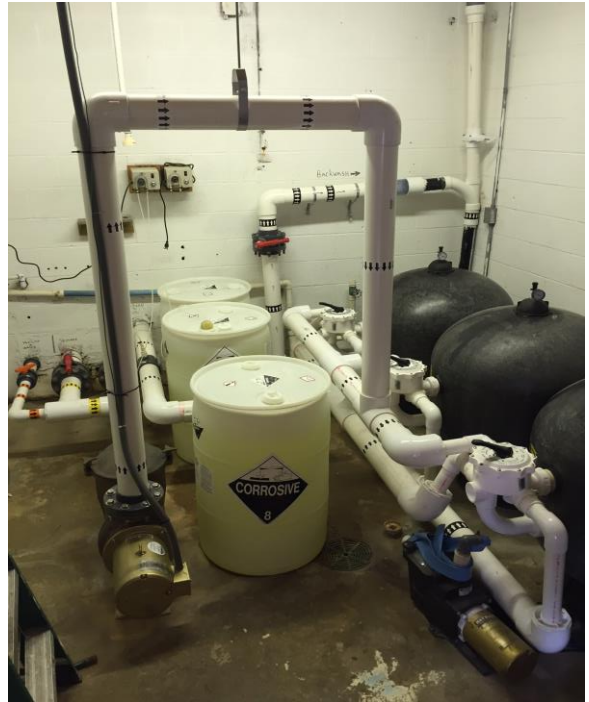
You and up to 10 guests can rent the use of Ferry Plantation House from 8 p.m. to 6 a.m. Spend the night with the spirits and each other. Bring your camera and sleeping bag and see what happens throughout the night. Will you experience anything? Feel anything? Visit with the 11 spirits.

Contact Heather Moore - 676-2662



## Pembroke Meadows Recreation Center

Your Civic League hired AAA pools to update our pool's pump and filtration system in the Spring. The result has been higher flow rates and sparkling water. Other improvements have included replacing splintered wooden picnic tables and adding kid-friendly furniture. We should have an ADA Handicapped Lift operational by the beginning of August.



## Pembroke Meadows Marlins Swim Team

The swim team has completed a great season. We would like to thank all the residents of the Meadows and Shores for their patience during our practices and three home swim meets.

## 28<sup>th</sup> Annual CLEAN THE BAY DAY

The 28th Annual Clean the Bay Day (CTBD) was another big success all around the Virginia Commonwealth. On Saturday, June 4, 2016 we saw sites all over Virginia teeming with volunteers on streams, rivers, trails, and shoreline giving a little back to our waterways. All those individual contributions have a massive cumulative effect: In just three short hours we saw hundreds of miles of stream and shoreline unburdened of harmful debris and litter by the ton... and several thousand people had a great time doing it.

All seven cities of Hampton Roads were absolutely overflowing with volunteers. The U.S. Navy had a precedent-setting turnout. Every state park in the watershed (22 total) participated. Richmond and Charlottesville saw a huge spike in participants this year. So, again, THANK YOU and your team for everything you have done to support the program this year. Here is a preliminary look at this year's numbers:

CTBD 2016 in summary:  
Approximately 6,000 volunteers...  
Removed about 138,000 pounds of debris...  
From over 440 miles of stream and shoreline.  
(All in just three hours!). For more ways to help the bay please visit [cbf.org/getinvolved](http://cbf.org/getinvolved)

## National Night Out!

The 2016 National Night Out will be held on Tuesday August 2nd. This year's event is expected to involve over 37 million people in over 15,000 communities from all 50 states, U.S. territories, Canadian cities, and military bases worldwide. The National Association of Town Watch reports the 2016 National Night Out to be the largest ever!

National Night Out is held annually to:

- Heighten crime and drug prevention awareness;
- Generate support and participation in local anti-crime efforts;
- Strengthen neighborhood spirit and police community

## Need something for the kids to do?

### Cub Scout Pack 475

Want your Boy to get outside and experience new things? Is he in or going to be in Grades 1-5?

Consider the Cub Scouts, Pack 475 is sponsored by the Pembroke Meadows Civic League.

They meet regularly Sunday at 3pm at the Neighborhood Park at the end of Pembroke Blvd.

The Pack goes camping, participates in Scout Summer Camp programs, goes fishing, visits local historic sites, visits fire and police stations, and participates in community service events and many other fun or educational activities.

For more information or questions you can contact Jim Willenbrink at 407-0435 or Ed Hughes at 478-7939.

## Vacation Bible School

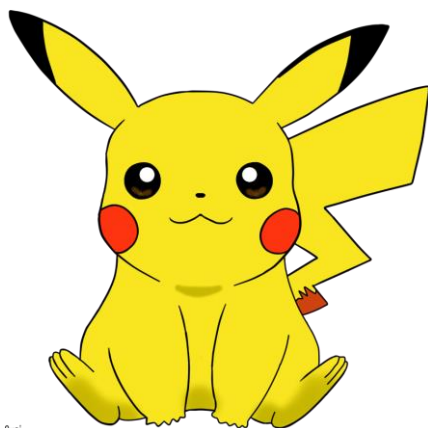


It's not just the songs, the skits, and the stories—YOU are what makes VBS special! Visit the Bayside Baptist Church's Welcome Center (1920 Pleasure House Road, VB) to pre-register or to attend. See you there!!

- Donna Price

# Pokemon GO has arrived!

Pokemon have been spotted all around our neighborhood via the new game for your phone, Pokemon GO. We are very lucky to have several Pokestops (places to pick up supplies) very near us, including our very own gazebo, Cinema Café, our lakeside park, Old Donation Church, the dolphin statue in front of the entrance at Sentara, the site of the old meditation circle now just parking at the hospital and the Grace Sherwood marker. The Grace Sherwood statue is a Pokemon gym! This game is responsible for getting people all over the world off of their couches and out walking around! Other very active places near us include Mt. Trashmore and Town Center. These are first generation Pokemon and so are the ones we remember our kids collecting cards for 15 years ago. We've had great fun exploring, meeting people and discovering historic markers and places we never knew existed. Last Sunday we happened to be in Norfolk very early and ended up at the Japanese Pagoda, a place we had never visited, and there must have been 50 people there at 8 in the morning, all playing the game. Everyone was very friendly and helpful to us novices. Great fun! A word of caution, please be extremely careful while crossing the streets, always pay attention to your surroundings, it's very easy to step off a curb or run into something while looking at your screen, and above all, do **not** drive while playing!!



## How's Our Weather?

There are two ways to know the exact weather in Pembroke Meadows & Shores;

1. step outdoors, or
2. Log on to [weatherunderground.com](http://weatherunderground.com) and check out station **KVAVIRGI192**. Our neighbors on Cambria Street broadcast current conditions world-wide.



Discuss the market and economy in a relaxed setting. The coffee's on us.

Please join us at our next coffee club meeting and bring a friend.

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## **PMCL POINTS OF CONTACT**

### Civic League Officers

President	Kate Nixon	546-4004
First VP	Donna Price	499-5115
Second VP	Susan Frohwitter	460-4681
Recording & Corres. Sec.	Beverly Wilson	499-0723
Treasurer	Mike Moore	557-0328
Memb. Chrman	Cheryl Douglas	671-2241
Webmaster	Clif Furedy	490-5792

### Committees

Bldg/Grounds	Tim Roy	478-0580
Median Electrical	Mike Moore	557-0328
Median Flag	Joe Lang	497-2897

### Block Security

Meadows	Stephanie Neihart	456-5795
Shores	Bob/Marge Brotman	497-0565
Townhomes	Vacant	

Lakes/Waterways Chairman:	Jeff Brown	464-0183
Lake Pembroke	Jim Willenbrink	497-0700
Lake Meadows	Charlie Russ	497-5298
Lynnhaven	Jeff Brown	464-0183

### Welcoming Committee Chair: Clera Hall, Karen Roy, Jeanette Willenbrink

Meadows	Jim Price	499-5115
Shores	Lisa Dutko	473-1112
Townhomes	Liz Hayes	472-0283

Newsletter Editor	Carol Moore	557-0328
Newsletter Ads	Mike Moore	557-0328

### Pet Lost & Found/Pet Registry

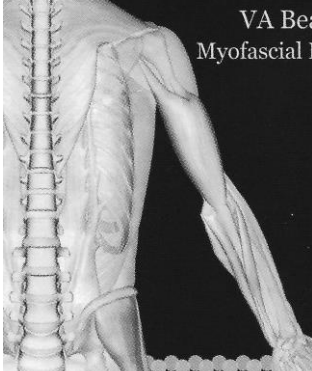
Shores and	Gerry Dashiell-Richter	497-5243
Meadows	Jim Willenbrink	497-0700

### Recreation Center (pool)

Director	Chris Pascuzzi	671-1850
Asst Director	Erin Strasburger	
Treasurer	Lori Hines	557-0101
Secretary	Kim Best	671-1810
PMRC Pool Phone	(in season only)	963-2239



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Ages 3-4

Creative Movement: Thursdays 3:15-4 pm, \$55/month

Ages 6-8

Intro Hip-Hop! "Move & Groove": Thursdays from 4-5 pm, \$60/month

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