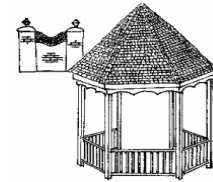


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



March 2012

Inside:

President's
Ponderings

Ferry House
Fun

Pool News

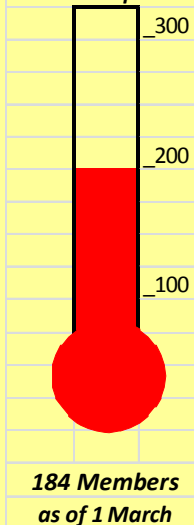
Bulky Item
Pick Up

Pet Lost &
Found

Library News

Recycling
Sites

Membership Goal



Next Civic League Meeting Lynnhaven River NOW Pembroke Meadows Elementary School March 15, 2012 @ 7 pm

Kristine Martin tells us that Peggy Caverly has arranged for Kris McKinnon with Lynnhaven River NOW to speak with our group. Ms. McKinnon will discuss the preservation of our waterways and the actions we may undertake to help improve and save our environment. Homeowners fulfilling 15 criteria will receive a flag to put outside the home to be recognized as a Pearl Home.

EASTER EGG HUNT

March 31st @ 11:00 a.m.

The Easter egg hunt will be held at our neighborhood park. The festivities begin at 11:00 a.m. Ms. Hance reports that she has a group of volunteers set and ready to go. However, Ms. Hance asks for additional plastic eggs filled with candy. This annual event has had great community support in the past. Questions regarding donations should be directed to Vivian Hance, at her email address of vivzbrownbagparty@yahoo.com. Egg donations may be dropped off at her home at 823 St. Denis, in the townhomes.

Pool Break-In

A thin, white male broke into our pool office at 1:08 AM on 17 Feb 2012. Among items stolen were food stuffs and a computer monitor (black, flat screen). During this burglary, the refrigerator was left open spoiling items left in for cooling and the cash register was destroyed. Images of the burglar were captured on video; however, it is taking some computer wizardry to convert them to still photos. Police Forensics is working on that, so the next newsletter should contain a photograph of the burglar.

If you have knowledge that may assist with solving this crime, please call either Detective Mark Hall at 385-2703 with the Virginia Beach Police Department or the Hampton Roads Crime Line at 1-888-LOCKU-UP.

Pembroke Meadows Recreation Center 2012 Stimulus Plan Approved

Get a \$100 or \$150 credit toward a pool membership

Please read POOL NEWS article inside this issue for up to date information regarding the plan approved at the February pot luck dinner.

Montagna's SHOES

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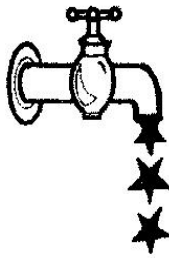
Electrical

Ceramic Tile

Wall/Ceiling Repairs

Woodwork

Railings



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Renee Rickrode
Financial Advisor

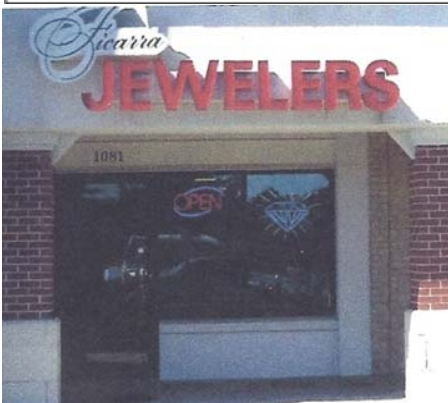
Edward Jones

MAKING SENSE OF INVESTING



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PLEASE SUPPORT OUR BUSINESS NEIGHBORS !!

Median Clean Up

March 16 – 31	Available
April 1 – 15	Available
April 16 – 30	Available
May 1 – 15	Jim & Donna Price

To add your name here, call Brian Miller at 499-0039



PET LOST & FOUND

5 pets were returned to owners this past month.

Also, there have been several reports from neighbors walking their dogs that a large, (possibly pit bull mix) dog has been roaming the area and threatening them as they walk their pets. I have no listing for this animal. Sightings have been reported in both the Shores and Meadows.

Please register your pets in our neighborhood's FREE Pet Lost / Found Registry. Forms and details are on line at www.pembrokemeadows.org.

- Gerry Richter

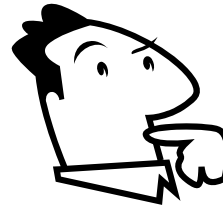
Editor's note: Several neighbors have written asking for further details related to the Barnes' family dog. Last reports to the editorial staff stated that the other dogs' owner has contacted the Barnes family and paid for the vet bills. Dog recovering.

all
american yogurt

Pembroke Meadows Shopping Center
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PRESIDENTIAL Ponderings

Just a few items to pass along: often the newsletter editor or a civic league board member receives a blurb or vignette for dissemination. Here are a few of the bits our neighbors wanted to share:

One of our neighbors found a ring at the Food Lion recently. There was writing on the ring. If you're missing a ring and can identify the writing, contact Patty Gentry. (**Editor's note:** I misplaced Ms. Gentry's contact info so send me an email and I'll get it to her – [Donna forprices@verizon.net](mailto:forprices@verizon.net) .)

For the many of us with aluminum wiring, Ken Vann has a couple suggestions: 1: All homeowners should have a receptacle tester. For less than \$15 you can get one that test both regular and GFI receptacles. Check all outlets. Be sure to test the ones behind furniture that you don't normally use. If any problems are found, contact an electrician. 2- Upgrade your kitchen outlets to GFI with the use of GFI circuit breakers. These are rated for aluminum wire and can save a lot of trouble over trying to fit a GFI receptacle into a crowded electrical box.

Ferry Plantation House

St. Patrick's Day Tea—SOLD OUT!

May Day Tea-- May 6th 1-3 P.M.

Reservations for our May Day Tea can be made in advance now by calling 473-5182

GRACE SHERWOOD DAY- "THE WITCH OF PUNGO"

Come to Ferry Plantation House on July 10th and learn about Grace, her trial, and ducking. Grace was the only woman tried by water in Virginia. A movie will be shown. Donation are \$5.00 per person. All ages are welcomed. The ducking begins at 10 a.m. but you may come throughout the day until 3 p.m.

HISTORY CAMP – Grades 1-6

June 25-29: Chesapeake Indians
July 2-6: Pirates

Further information and sign up, call **473-5182**



Ladies Lunch Group

The schedule for the next two months is:

March 22 (Thurs.) **Panera Bread** (next to Michaels) Constitution Drive at Virginia Beach Blvd. **The lunch meeting time is 11:30.**

April 25 (Wed.) **Tripp's**, 101 South Independence Blvd. Our meeting time is set for noon.

This is a very enjoyable lunch outing and we welcome all to join with us. Please call or email your reservation as we always call ahead with our numbers for the restaurant. You can call either Loretta Watkins 497-2130 or Jeanette 497-0700

We will look forward to seeing you at one of these luncheons. Jeanette



GARBAGE COLLECTION

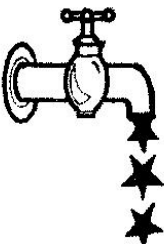
Garbage and Household Waste

Trash and household waste are collected in 95-gallon containers. The containers may be purchased from the Waste Management Division by calling **385-4650** to schedule delivery or by visiting our office at 3024 Holland Road.

Please help us to provide efficient service for you by following these guidelines:

- Have containers and/or items for pickup at the street by 7:00 a.m. the day of collection.
- Put the container on the street with the handle toward your house.
- Keep at least 3 feet of clearance between your container and any other item (bags, limbs, bulky items, mailboxes, cable boxes, or vehicles) including the blue recycle container.
- **Remove containers from public view at the end of collection day.**
- Clearly label your container with your address and record your container serial number.
- No other garbage will be collected outside of the black can except for yard waste.
- To report service problems, please call **385-4650** on your collection day or by noon the following business day.

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SCOOP THE POOP, PLEASE

Received from a neighbor:

I notice lately as I run and walk through the neighborhood that there are MANY folks who are not picking up after their pets. It is usually on the median strip and on the strip of grass between sidewalk and street. This morning I found a pile well within the border of my front yard.

Can we remind people that we are well within Chesapeake Watershed?

<http://www.lynnhavenrivernow.org/scoop-the-poop.aspx>



If you are interested in receiving timely neighborhood updates – lost/found pets, our neighborhood watch news, found property notices, etc., please send an email to Jim and Clara Hall at jimhal@cox.net .

They will add your name to our email update list. Please be assured that the Halls protect your email address. It is not seen in electronic notices transmitted throughout our neighborhood nor is it provided to advertisers or others.



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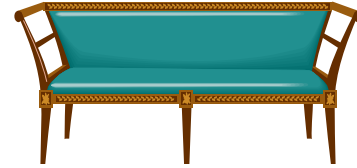
Appreciation & Request

1. Thank you neighbors for your contributions to Barrett Haven, the shelter for homeless women. They were able to accept everything you sent them, and they are touched by your kindness. Keep the stuff coming, new, used, and clean and in good repair.

OK, second verse, a little different from the first: If you go to www.scarfupandwiggle.com (Scarf Up and Wiggle) you will see that some good people are collecting scarves, hats, and wigs, new or used and clean, for women in cancer treatment. Looking good with a new headcovering can help boost the morale of any woman, but so much more the spirits of women who are fighting for their lives and are sick as dogs in the process. So, if you have any of the above (and we LOVE baseball hats) call me, Loretta Watkins, at 497-2130 and I'll come pick them up. *Remember, there but for the grace of God, go I . . .*

2. *On a sign in front of a local Methodist church: Be sure you aspire to inspire before you expire.*

Editor's note: Many thanks to King Hua for adding a special tray of crab wonton crisps. For many years, King Hua has generously donated toward our pot luck dinner. (The owners are neighbors and live in the Shores. Please consider supporting King Hua as they support us!)



BULKY TRASH PICKUP

Bulky item collection service for normal household discards is provided, free of charge, for residents who receive waste collection service from the City of Virginia Beach. Most of our household discards will be collected.

The following will ***not*** be collected curbside: remodeling and building materials, carpet, doors, cabinets, sinks, rocks, dirt, concrete, vehicle parts, glass or hazardous materials.

Residents should request bulky item pickup service no later than 5 p.m. the workday before the regular trash collection day. Requests for the pickup of bulky items can be placed by calling 385-4650, by visiting VBgov.com, or by e-mailing wastemgt@VBgov.com. In order to process your request, a list of discarded items must be provided. Please mention in your request if you have a freon-containing appliance, as these items require special handling.

Be sure to include your email address and phone number in case the City needs to contact you. Items should be placed at the curb by 7am on your regular collection day. Items should not be placed at the curb until the evening prior to pickup.

Further, it is the responsibility of the home owner or tenant to retrieve items not picked up by the City and arrange for private disposal. Please do not leave this unsightly items at your curbside.



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Pool News

Many thanks to all the current, paid civic league dues members present at the February Pot Luck Dinner who supported renewing the Stimulus Plan for the neighborhood recreation center (pool) for 2012. If you aren't familiar with this extraordinary deal, please allow me to explain. Our Civic League receives rent from the T-Mobile cell tower on civic league property.

So if you are current with your 2012 civic league dues (\$10.00 a year), you are eligible to receive a credit of up to \$150.00 toward your annual 2012 pool membership.

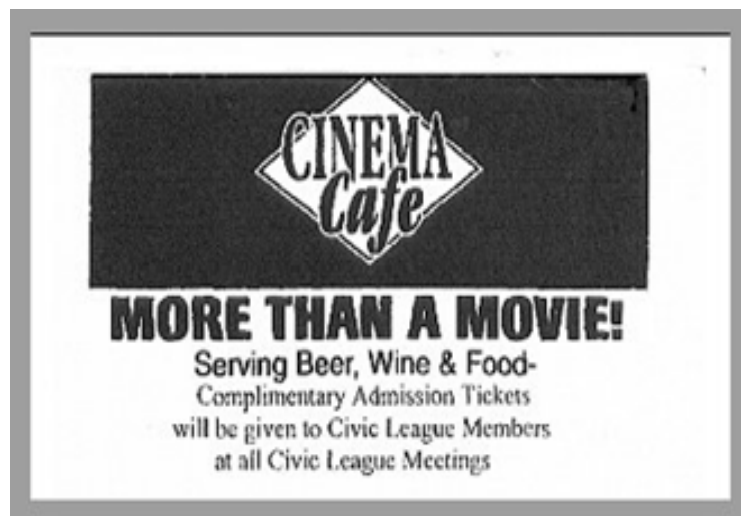
Our family membership is still \$425.00 (\$385.00 if paid in full by April 30). With the stimulus credit, that brings the membership rate down to \$275.00 (\$235.00 if paid by April 30). It is a deal for all the fun and sun you receive. Plans are underway for the season's activities, and we want you there with us.

Many thanks to all those who supported the Spaghetti Dinner. We had fun, ate a great meal and raised approximately \$1000.00 for our pool's needs. We couldn't do this without you.

Spring Fling is the annual clean up of the neighborhood median, park, waterways, and pool grounds to get us looking good for the summer. This is scheduled for May 5th from 8-12. Mark your calendar to come help wake the pool from its winter slumber or help with park or median clean up.

Norfolk Florist Cards are available for purchase. Call Jeanne for cards

The pool is sponsoring a community Yard Sale March 31st. Collection days will be in next month's newsletter and by email. We will also be advertising in the paper - if you wish to add your name to the list of yard sale sites the fee will be \$5.00. Contact Jeanne if you want to help organize this event or have experience that you can share with us.



PMCL POINTS OF CONTACT

Civic League Officers

<i>President</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>First VP</i>	<i>Kristine Martin</i>	<i>499-4356</i>
<i>Second VP</i>	<i>Brian Miller</i>	<i>499-0039</i>
<i>Corres. Sec.</i>	<i>Peggy Caverly</i>	<i>490-0925</i>
<i>Treasurer</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>Memb. Chrman</i>	<i>Cheryl Douglas</i>	<i>671-2241</i>
<i>Recording Sec.</i>	<i>Loretta Watkins</i>	<i>497-2130</i>
<i>Pool Director</i>	<i>Jeanne Blair</i>	<i>319-3366</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5792</i>

Committees

<i>Bldg/Grounds</i>	<i>John Seyar</i>	<i>497-8568</i>
<i>Entrance/Median</i>	<i>Brian Miller</i>	<i>499-0039</i>
<i>Electrical</i>	<i>George Watkins</i>	<i>497-2130</i>
<i>Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>
<i>Neighborhood Maint.</i>	<i>Robert Westmont</i>	<i>473-1024</i>

Block Security

<i>Meadows</i>	<i>Stephanie Neihart</i>	<i>456-5795</i>
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Barbara Willenbrink</i>	<i>554-0092</i>

Directory Chairman

Robert Westmont 473-1024

Lakes/Waterways Chairman: Jim Willenbrink

<i>Lake Pembroke</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Jeff Brown</i>	<i>464-0183</i>

Welcoming Committee Chair: Open

<i>Meadows</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0238</i>

Newsletter Editor

Donna Price 499-5115

Newsletter Ads Mike Moore 557-0328

Pet Lost & Found/Pet Registry

<i>Shores and Meadows</i>	<i>Gerry Dashiell-Richter</i>	<i>497-5243</i>
	<i>Jim Willenbrink</i>	<i>497-0700</i>

Recreation Center (pool)

<i>Director</i>	<i>Jeanne Blair</i>	<i>319-3366</i>
<i>Asst Director</i>	<i>Erin Strasburger</i>	
<i>Treasurer</i>	<i>Lori Hines</i>	
<i>Secretary</i>	<i>Kim Best</i>	<i>671-1810</i>
<i>PMRC Pool Phone</i>	<i>(in season only)</i>	<i>963-2239</i>

PUBLIC LIBRARY OFFERINGS

The following is coming to you from the Special Services Library. It is early information about an important program for everyone with questions about vision loss. It is the first of a quarterly series of programs that will provide information about the local resources available to people with impaired vision. Please note that the program is in the Central Library auditorium. If you have questions about the program, please call 385-2684. Please forward this email to people who need to know about this program.

Vision Loss Symposium

Presented by:

Bayside Special Services Library & Hampton Roads
Blind Lions Branch Club

Losing your eyesight can be a difficult journey when you don't know where to turn for help. That's why we created the Vision Loss Symposium series. Quarterly, several low vision experts will outline resources available in our community. Join us to learn about medical, technological, social and recreational ideas to make your journey a little easier.

Saturday, April 28, 2012 2:00 p.m. – 4:15 p.m.

Meyera E. Oberndorf Central Library Auditorium
4100 Virginia Beach Boulevard

Keeping & Using Your Failing Vision

Dr. Robert E. Titcomb, Virginia-Certified Senior Low
Vision Examiner

This presentation will unravel the mysteries of a low vision examination. It will explain the possibilities of tailoring a personalized optical program to fit your individual needs. It will explore eyeglass options such as mounted telescopic lenses. These specialized glasses allow you to watch TV from a distance or continue driving legally in Virginia. Another type of glasses containing mounted Microscopic lenses may allow you to read text or observe fine details. The subject of nutrition will also be addressed.

Getting Connected With DBVI

Caren Phipps, Norfolk Regional Manager for the
Department for the Blind and Vision Impaired

Become informed about the programs and services that the Virginia Dept. for the Blind and Vision Impaired

offers that can assist individuals who have vision impairments or who are blind. Learn about programs that can assist with independent living skills, the ability to travel safely and independently within the community, training, return to or enter the workforce, and much, much more.

Descriptive Movies & You

Franco Handlin, AMC Lynnhaven 18 Theatres, General
Manager

Did you know that AMC Theatres present certain movies with an additional descriptive soundtrack for low vision guests? Franco Handlin will explain how you can still enjoy movies. Don't miss Bayside Special Services Library's presentation of "Going Blind." This free, descriptive documentary will be shown on Saturday, June 9th, from 10:30 a.m. to 12:30 p.m. at AMC Lynnhaven 18 Theatres.

A is for Aps

Paula Berube, Technology Tutor

Nikki Jeffords, Hampton Roads Blind Lion

New iPhone aps are opening a whole new world for the blind or vision impaired community. Learn about the most entertaining and innovative aps that can virtually turn your phone into a light sensor, GPS system, money identifier and more. You don't want to miss this demonstration on accessibility features and applications by iPhone users who are blind and vision impaired.

Blind Lions: Hear us ROAR!

Beth Stevens, Hampton Roads Blind Lions Branch Club
President

Our Lions club provides well-known services like feeding the homeless and eyeglass recycling but the Blind Lions also offer specialized projects to enhance the lives of people in the low vision community. Our sighted, blind and vision impaired members all work together to fulfill our motto: "We Serve."

Sign-up for free talking books from the Special Services Library. Call 385-2684.

Articles for the newsletter are due on the 1st day of the month. Send to forprices@verizon.net .

Recycling Drop-Off Sites

These centers are for the use of Virginia Beach residents only.

- **First Landing State Park - 2500 Shore Drive** (Picnic area on right after going through entrance on land side of Shore Drive)-Open Monday through Sunday, 7:00 a.m. to dusk
- **Virginia Beach Landfill - 1989 Jake Sears Road**-Open Monday through Saturday, 7:00 a.m. - 4:30 p.m.
- **Princess Anne High School - 4400 Virginia Beach Blvd.** (At back of school behind portable classrooms) - Open Monday through Sunday, 24 hours
- **Municipal Center Parking Lot - George Mason Dr. and James Madison Blvd.** - Open Monday through Sunday, 24 hours

These centers will collect the following:

- **Newspapers, magazines, cardboard, chipboard, junk mail and telephone books** may be placed in a paper bag and dropped into the slot. Acceptable items are anything that come in the newspaper, including catalogs, colored advertisements and those items with a slick, shiny finish. Acceptable cardboard is clean, unwaxed and flattened. Un-acceptable cardboard is anything that is dirty, or lined or coated with a non-paper coating such as wax or plastic. Cereal and cracker boxes are considered cardboard. *Please no plastic bags.*
- **Aluminum and steel cans along with plastic bottles** together in one slot. Acceptable plastics are milk jugs, water bottles, soft drink bottles and laundry and detergent bottles that have a neck, seam and a spout. Acceptable metals are beverage cans, clean aluminum foil and pie plates and tin cans. Labels are OK. Un-acceptable metals are metals in the form of anything other than a can.
- **Acceptable glass are bottles and jars that are clear, green or brown;** including soda, beer, juice and ketchup bottles. Labels on the bottles are OK, but caps need to be removed and discarded. Unacceptable glass is ceramic, including ceramic cups and plates, and beer and wine bottles with ceramic caps, clay flower pots, crystal, light bulbs and window panes.

It is very important that only acceptable materials be placed in the recycling containers. Non-recyclables must be disposed of as waste and incur a disposal fee in addition to the cost of recycling.

Used Oil and Batteries:

Bring your used oil or batteries to one of the following collection sites and join in the effort to protect the environment in Southeastern Virginia. For additional information, contact the Virginia Used Oil Recycling Program at 1-800-552-3831. Please call the service station before you take your oil or

battery to be recycled, to make sure they are still accepting these items, and to see if they charge a fee.

ONLY OIL can be recycled at the following sites:

- Advance Auto Parts, All locations
- Bob's Automotive Service, 4856 Cleveland St...340-2222
- Courthouse Shell, 2416 Princess Anne Rd...427-1525
- Pritchard's Exxon, 5684 Indian River Rd...420-2964
- Pep Boys Automotive Supercenter, 1116 Lynnhaven Pkwy...430-1907
- Pep Boys Automotive Supercenter, 321 Hutton La...463-9001
- 17th Street Exxon, 312 Virginia Beach Blvd...425-8917
- West View Auto Service Center, 6216 Indian River Rd...420-2216

ONLY AUTOMOTIVE BATTERIES can be recycled at the following sites:

- Oceana Salvage, 1040 South Oceana...425-7930
- Sears Automotive Center, 4588 Va Beach Blvd...473-1228

OIL AND AUTOMOTIVE BATTERIES can be recycled at the following sites:

- Bayside Exxon, 4460 Shore Drive...464-0515
- Fairfield Shell, 5200 Providence Rd...495-0882
- Haygood Exxon Car Care Center, 4554 Wishart Road...460-1115
- Kempsville Amoco, 5160 Princess Anne Rd...497-8287
- Kempsville Exxon, 5133 Princess Anne Rd...499-7592
- Landstown Transfer Station, 1825 Concert Dr...468-3382
- Thalia Exxon, 4300 Va Beach Blvd...340-4323

HOUSEHOLD BATTERIES such as flashlight, radio, watch, hearing aid and other household batteries can be recycled at the following sites:

- Virginia Beach Landfill Household Hazardous Waste Facility, 1989 Jake Sears Rd...385-1980. Monday - Saturday, 7 a.m. to 4:30 p.m.
- Small amounts of household batteries may also be taken to all City of Virginia Beach Libraries and Recreation Centers for recycling.

Editor's Note: Please do NOT ever put used oil, petroleum products, or other items into our storm drains. These drains empty directly into our neighborhood waterways.

