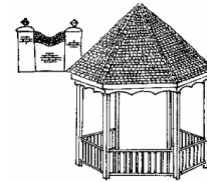


CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



Nov/Dec 2011

Inside:

Ladies Lunch
Group

President's
Ponderings

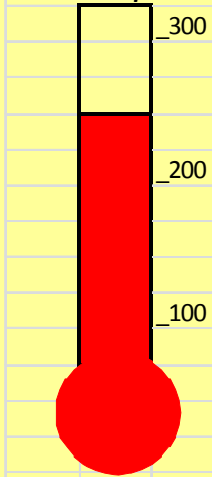
Pool News

Halloween
Walk Recap

Ferry
Plantation
Events

PMCL
Elections

Membership Goal



Next Civic League Meeting Ferry Plantation House November 17 @ 7 pm

This month's civic league meeting will be our **Annual Wine & Cheese Social** held at the Ferry Plantation House. Again this year, there will be a drawing for a gift wine basket for a neighbor who attends our meeting for the first time, or the first time since last November's meeting! Come on out, join the fun and meet your neighbors as we begin the holiday season. Belinda Nash and her cadre of volunteers always have the Ferry House looking spectacular at this time of year.

The election of civic league officers will also be held at this meeting.

Please note there is NO DECEMBER CIVIC LEAGUE MEETING.

CHARLES DICKEN'S TEA AT FERRY PLANTATION HOUSE

We still have a few tickets left for the November 20th date for our Dickens Tea. This is a relaxing and delightful way to enjoy the busy holiday season. Reservations must be made in advance at 473-5182. Tickets are \$25. and help in the restoration of this lovely piece of history in our own neighborhood.

FERRY PLANTATION ANNUAL CAROLING HAY WAGON RIDE & OPEN HOUSE

Mark your calendars for our Neighborhood Annual Holiday Event
DECEMBER 10TH 11:30 a.m. - 3 p.m.
\$2.50 per person

Ride through the neighborhood and back to Historical Ferry Plantation House caroling along the way in a decorated Hay Wagon. Catch the wagon in the parking lot of Food Lion on the Pembroke Blvd side. Refreshments will be served and the house will be decorated in the Charles Dickens tradition. This event makes a lovely gift and lifetime memories for all ages. Children can make an edible decoration and hang it on our "critter tree" for our wildlife friends to enjoy. If you would like to schedule a special trip for your employees, office staff or just friends and family please call the Ferry Plantation House in advance. If you are planning an open house that day why not include a hay wagon ride? Wagon rides continue to and from the plantation house back to the Food Lion parking lot. Bring the children to see St. Nick. Reservations are needed for groups by calling 473-5182.

Dress warm as it may be cold

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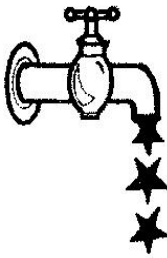
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Renee Rickrode
Financial Advisor

Edward Jones

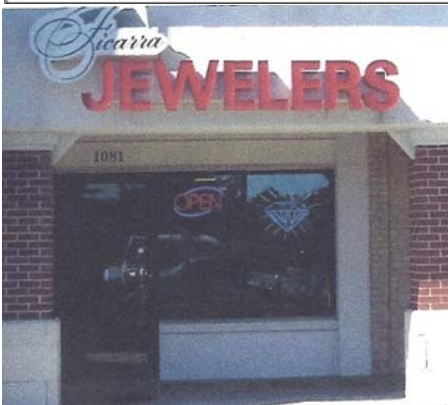
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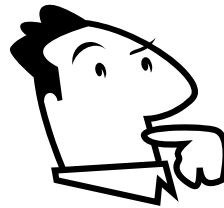
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Rates

\$ 30 One time – Business Card
\$135 One year (9 issues) – Business Card
\$100 Insert (Advertiser provides the insert)
\$ 60 One time – ¼ Page

PLEASE SUPPORT OUR BUSINESS NEIGHBORS !!

Median Cleanup



PRESIDENTIAL PONDERINGS

Nov 1 – 15	Debra Rice
Nov 16 – 31	"The Barrio family"
Dec 1 – 15	TJ Burner & Daughters
Dec 16 – 31	Available
Jan 1 – 15	Available

To add your name here, call Brian Miller at 499-0039

Volunteers keep our entryway clean and nice looking, won't you please call him to add your name?



PET LOST & FOUND

I am so happy to report that the lost pet snake was found in the garden by the owner. Only 4 other pets were lost and found this past month including one dog from Old Donation Drive.

If you are planning to add a pet to your family on Christmas or have guests coming with pets please have identification put on their collars. Enroll them in the Lost Pet Program (forms are on line at pembrokemeadows.org) and join the neighborhood email notification list as soon as possible. Many pets have been lost or found and returned via this email program.

- Gerry Richter

The folks at the Ferry Plantation House have been generous with the neighborhood in providing a venue for our November wine and cheese gathering. The home is not only historic, but it provides a relaxing place to chat with neighbors. Hope to see lots of folks there.

On another, somewhat unpleasant note: in the past couple of months, I have gotten some complaints about door to door solicitors. The particular complaints were those who were selling magazines and books. What companies will do is "hire" (although they call them independent contractors) young men and women from all over the country, drop them off in a given neighborhood to hit for sales, then pick them up and go to the next neighborhood and do the same thing. The problem usually occurs months later when customers realize they never received the ordered subscription or are billed for more than they were led to believe they paid for.

Solicitors in Virginia Beach are required to obtain permits from the city. Before a permit is issued, a background check is conducted on the company to assure the company is legitimate. Each solicitor is required to have the permit in his possession when going door to door. You should ask to see that permit before parting with any of your money. If the person can't produce one, they are in violation of city ordinance. You could also run an internet search for complaints about the company the solicitor represents. The solicitors I dealt with were from Team Xtreme Sales and Millennium Sales; a check of customer reports was interesting reading. Usually, their sales pitch mentions that they are working toward a scholarship. The rep from Team Xtreme said he was in Virginia Tech's journalism school and was working on a documentary about the greatest generation; VT doesn't have a journalism school.

There will be no December meeting, so I will take this opportunity to wish my fellow Pembroke Meadows dwellers a happy Thanksgiving and a Merry Christmas.

Jim (forprices@verizon.net)

Please submit articles for the January newsletter by January 1st to forprices@verizon.net.

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HALLOWEEN WALK 2011

We made history with this walk. It goes on record as the coldest event in our 21 years, but, luckily, the rain and mist had stopped by start time. Record cold temperatures and heavy wind did not discourage the Independence Middle School Band under the direction of Mr. Jason Stanley. They were great! The cold did damper the spirits of many families, but those that participated had a great time.

The parade was led by none other than our own Civic League president, Jim Price, in his BIG police truck. Most of the little boys wanted to ride in the truck with the flashing lights.

Up until the last few days prior to the event, I was seriously worried about not receiving donations of cookies, drinks or funds to purchase them. However, with a few email notification list reminders, YOU CAME THROUGH with flying colors. Thank you all so much.

A lot of "behind the scene" work goes into putting on our wonderful Halloween celebration and when I see the smiling faces of the children and adults as they come marching by it makes all the effort worthwhile, at least for another year.

A sincere thank you goes to the John Jeanguenat family for their generous gift that provided pizza for the entire fifty member band. Thank you to all that provided safety along the route and help in decorating and un-decorating the park. Briana and Cheryl Speelman not only braved the setting up but stayed to serve, face paint and clean up. Fran Matulenas and Rebecca Barrio and her children hung in there decorating and serving refreshments in spite of the wind and cold. George Watkins took care of the Band members and served the pizza and refreshments at the pool area. T. J. Burner not only helped decorate, but remained to "babysit" the decorations and refreshments.

What a great community we live in.
- Gerry Richter

And from the Civic League Board and the whole neighborhood, a

Great Big Thank You to Gerry for another fantastic Halloween Walk!!



NEWSLETTER EDITOR WANTED

We are still seeking a volunteer newsletter editor.
Any creative journalism students out there?



ALL AMERICAN YOGURT

There is a new store in town between 5 Guys and Rite Aid

This is a brand new company and hopefully the first of many in a chain. The original idea came from Mr. Ruloff (a local real estate attorney) who proposed the plan to two local developer friends, Mr. Arnhold and Mr. Prodan.

The idea was to build a heart and health friendly yogurt store that would be family friendly, and they chose our Pembroke Meadows Shopping Center. The planning took over a year to go from idea to Ghirardelli Chocolate, and it was well worth the wait.

This is good healthy yogurt and mostly fat and sugar free. Some is just fat or sugar free and some is just for me, full of fat and sugar (does it show?). They do not sacrifice flavor for the healthier options.

This store of bright colors, shiny stainless steel, and great cool yogurt is managed by a brother and sister and a friend, Michael Davis and Lindsay Leitner with Milette Campell. You may also be greeted by their four other employees Gia (the great), Chantal, Ivy or Trish.

TOGETHER, they provide a warm, inviting and friendly atmosphere. Coupled with a coupon in our newsletter each month this is a great treat

They have 30 dry toppings, 23 refrigerated toppings including fresh strawberries, blue berries, black berries kiwi, pineapple, banana, or fresh coconut to name a few.

They are all waiting to greet you with a warm smile and sample cups to try their 8 flavors of fresh yogurt.

ENJOY

- John Sheadel

P.S. Mr. Ruloff came to our Sept. Meeting and shared the company's plan to support education by providing yogurt coupons to our neighborhood schools as incentives.

All American Yogurt

750 Independence Blvd.
757.351.0687

Present this coupon for

Buy 1, get 2nd Half Off

November canned food drive!

Bring in canned goods and receive 10% off on
your

All American Yogurt

Loretta Watkins provided this list of helpful info:

WORTH YOUR TIME: GREAT MEETING VIRGINIA BEACH TRIAD/SALT

Don't forget to give VIRGINIA BEACH TRIAD/SALT a try. It is a coordinated effort of law enforcement and senior citizens. Ten times a year, at 10 AM on the third Saturday of the month, we have a meeting at Marion Manor (right behind St. Gregory's Catholic School which is across the street from Haynes on Virginia Beach Blvd.) Speakers and programs focus on scams to which the elderly are particularly vulnerable, although the information is relevant to all ages. Attendees often share recent experiences they've had with scam artists. There is no charge. Refreshments are usually provided.

There is a 50/50 drawing, too, and we try to sponsor a shredding event once a year.

2012 Programs

January - Randy Davis, Medicaid Fraud

February - ABC Seniors, Medicine and Alcohol

March - AARP Drivers Course Information

TIDEWATER NEUROPATHY SUPPORT GROUP

Do you suspect, or have you been diagnosed with peripheral neuropathy? Numb or painful toes? Aching soles? Loss of balance? Get lots of helpful information. Next meeting is at Bayside Library Nov.12. Meetings are held 1:30 to 3:30 pm on the 2nd Saturday of Feb., Apr., June, Sept., and November. For more information call Bob Williamson at 757-518-8086. Or email him at Williamson23@aol.com.

NOTE: There is no fee to attend, but the library now charges for room rental, so a donation of \$2 or \$3 would be helpful.

EXERCISE DVD'S FOR THOSE WITH LIMITED PHYSICAL ABILITIES

Are you no longer able to do those exercises that seem made for people who are already in great shape? Would you prefer kinder, gentler exercises? Try www.armchairfitness.com for ordering information for exercise videos that will help you build your strength and flexibility while seated. If you would rather call them, use 1-800-453-6280.

POOL (PMRC) NEWS

Although the cover is on the pool and the gate is locked for the season, your Pool Board is already gearing up and making plans for next summer.

If you would like to join the pool, contact Jeanne Blair (jbbbtbbb@verizon.net). The membership fee can be made in one lump sum or easy monthly payments. The membership fee information can be found at the Civic League Website. www.PEMBROKEMEADOWS.org Scroll to Pool News on the left, then look for membership application. Different rates apply for different family situations. Remember early bird get the best discount. See me at the Civic League meetings and I'll talk your ear off about the pool and all the fun we have.

Thanks again for all your support, PMRC
Jeanne Blair

Treasurers Note: The **pool stimulus program** must be voted on each year by a quorum of civic league members. If you would like to see this program continue please attend the January Civic League meeting to have your vote count. No quorum, no vote, no stimulus.

Neighborhood Email Notification

Here is another reason to join the neighborhood Email notification listing.

Updates regarding our recent Halloween Walk went out to all those on the list. This kept the details and information current and made neighbors aware of any changes or cancellations at the last moment. We also returned several pets via this service.

It really is a valuable FREE service. Sign up today by sending an email requesting your address be added to the list to jim.hal@cox.net.

LADIES' LUNCH GROUP

The Ladies Lunch Group will have a special pot luck luncheon on **Friday, Dec. 9** at Loretta Watkin's home, **4405 Drury Circle**. Please bring a dish to share and Loretta will provide dessert and beverages.

Kindly let Loretta or me know if you will be able to attend for her planning purposes. Polyanna gifts are optional.

HAPPY THANKSGIVING, MERRY CHRISTMAS and
HAPPY NEW YEAR!

RSVP to Loretta at 497-2130 or Jeanette at 497-0700



VIRGINIA BEACH SUSTAINABILITY PLAN

Virginia Beach is embarking on an exciting process to imagine what the City will be like in the year 2063 when Virginia Beach celebrates its 100th anniversary as a City. This vision of the future, though, is going to be filtered through a process of looking at policies and strategies to meet the needs of the present without compromising the ability of future generations to meet their own needs and aspirations. The Sustainability Plan will focus on three major areas: environmental stewardship, economic vitality, and social responsibility. As it is developed with input from citizens, City staff and community stakeholders, the Plan will be organized around these three major areas.

To jumpstart the Plan process, the City's Environment and Sustainability Office will be hosting a series of public input meetings. These meetings will give a more complete overview of the process for developing the Plan, discuss what the City already has in place or underway as it relates to its policies, plans and vision, and then provide participants an opportunity to provide their suggestions on specific ideas or topics that they believe should be considered as the Plan is developed.

The next Public Input Meetings is
Monday, November 14
Independence Middle School 1370 Dunstan Lane
7:00 - 9:00 PM

Even if you can't attend a public meeting, your opinion is valuable and can be easily expressed by completing a questionnaire on line at vbgov.com/sustainplan.

Junk Median Signs

You've seen them and tried to ignore them: small signs stuck in the median and around street corners advertising a variety of services. They add unsightly clutter to our neighborhood. What can you do? Pull them up and lay them on the ground. They are illegal as per Section 212, Virginia Beach Code of Ordinances. Temporary signs for yard and garage sales are acceptable, but should be removed when the event is over. Google "municode virginia beach city code" to see the full city code, then search for "section 212".

Live Oaks Delivered to Pembroke Meadows

- Friends of Live Oaks, a citizen advocacy group dedicated to preserving, protecting, and planting live oaks, has delivered 210 live oak trees to residents of Virginia Beach. Pembroke Meadows residents adopted 4 live oaks to plant in their yards. Many more were planted in nearby neighborhoods.

Many of the trees were rescued from property adjacent to Bayvista Condominium on Shore Drive when the land was cleared for construction in 2006. Pembroke Meadows resident Jeanette Willenbrink was one of the volunteers who rescued the trees from Shore Drive. She is an active member of Friends of Live Oaks and worked to make this distribution happen. The response was overwhelming and in order to fill all requests, 70 more live oaks were purchased from local growers to supplement the 140 rescued trees.

Trees were delivered to all areas of Virginia Beach from Pungo to Shore Drive, from the Oceanfront to Kempsville. It's obvious that the live oaks, the official tree of Virginia Beach, have special meaning to Virginia Beach residents. Their beauty symbolizes our coast. They provide shade and privacy for us and habitat for wildlife. They are drought-tolerant, disease-resistant, and low-maintenance. They resist salt spray, storm surges, even hurricanes. They increase property values and reduce air conditioning costs.

Pembroke Meadows is very, very lucky to have so many live oak trees. Protecting them from destruction will keep the neighborhood beautiful. While it's great to plant new live oaks, it takes hundreds of years for them to become the magnificent trees we love in Virginia Beach; preservation is essential.

--Karen Murphy
planting@friendsofliveoaks.org
757- 961-4109.



PMCL POINTS OF CONTACT

Civic League Officers

President	Jim Price	499-5115
First VP	Kristine Martin	499-4356
Second VP	Brian Miller	499-0039
Corres. Sec.	Peggy Caverly	490-0925
Treasurer	Mike Moore	557-0328
Memb. Chrman	Cheryl Douglas	671-2241
Recording Sec.	Barbara Amos	499-6111
Pool Director	Jeanne Blair	319-3366
Webmaster	Clif Furedy	490-5792

Committees

Bldg/Grounds	John Seyar	497-8568
Entrance/Median	Brian Miller	499-0039
Electrical	George Watkins	497-2130
Flag	Joe Lang	497-2897
Neighborhood Maint.	Robert Westmont	473-1024

Block Security

Meadows	Stephanie Neihart	456-5795
Shores	Bob/Marge Brotman	497-0565
Townhomes	Barbara Willenbrink	554-0092

Directory Chairman Robert Westmont 473-1024

Lakes/Waterways Chairman: Jim Willenbrink

Lake Pembroke	Jim Willenbrink	497-0700
Lake Meadows	Charlie Russ	497-5298
Lynnhaven	Jeff Brown	464-0183

Welcoming Committee Chair: Open

Meadows	Jim Price	499-5115
Shores	Lisa Dutko	473-1112
Townhomes	Liz Hayes	472-0238

Newsletter Editor Donna Price 499-5115
 Newsletter Ads Mike Moore 557-0328

Pet Lost & Found/Pet Registry

Shores and	Gerry Dashiell-Richter	497-5243
Meadows	Jim Willenbrink	497-0700

Recreation Center (pool)

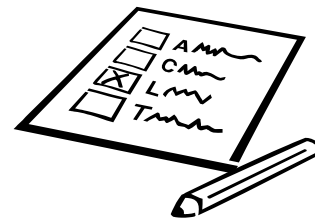
Director	Jeanne Blair	319-3366
Asst Director	Erin Strasburger	
Treasurer	Lori Hines	
Secretary	Kim Best	
PMRC Pool Phone	(in season only)	963-2239

Lifelong Learning at the Norfolk Botanical Garden

For a complete PDF list of Fall/Winter Programs and Class offerings

<http://www.norfolkbotanicalgarden.org>

Just a few items on the list include Floral Design, Origami, Wreath Workshops, Yoga, Tai-chi, Glass Painting, Owl Prowl, Cooking Classes, Beekeeping and Photography. Also Family/Kid Events like Polar Express, Make and Take Crafts and Winter Camp.



CIVIC LEAGUE ELECTIONS **Secretary still needed**

The proposed 2012 Slate of Civic League Board officers is:

- President – Jim Price
- First VP – Kristine Martin
- Second VP – Brian Miller
- Treasurer – Mike Moore
- Membership Chairman – Cheryl Douglas
- Recording Secretary – ????

This slate will be voted on **at the November meeting**. If you would like to see your name on the ballot or have questions about duties please contact any current board member.



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