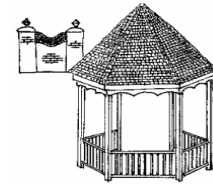


# CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,  
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



February 2010

Inside:

Pre addressed  
Envelope for  
your Civic  
League  
Dues

Ladies Lunch  
Group

Appreciation &  
Condolences

Property  
Sales/Values

Pool News

Community  
Calendar

President's  
Ponderings

Games?

Tuesdays @ 2

PMCL  
Points of  
Contact

## Next Civic League Meeting

Pembroke Meadows Elementary School Cafeteria



# February 18th - 6 pm

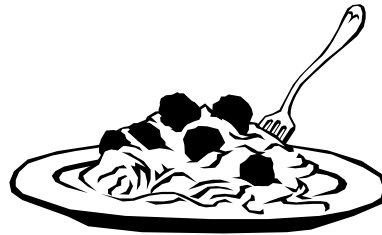
## Annual Pot Luck Dinner



Bring your favorite dish to share.

Drinks, plastic ware and paper products supplied by the Civic League  
Everyone is welcome to attend

This month's civic league meeting is the annual, neighborhood pot luck event. This is, by far, our best attended civic league meeting year in and year out. Please join us, your neighbors, as we bring a favorite food to share with friends, enjoy our meal time with friends new and old, and experience the fastest business meeting ever. For this meeting, we will return to the Pembroke Meadows Elementary School cafeteria.



## A POOL FUNDRAISER (OR TWO)

Our February fundraiser is a return of the very successful Spaghetti Dinner event. Please join us at Old Donation Episcopal Church on Feb 28. The dinner starts at 5:00pm with food served until 7:00pm. Tickets are available from any pool board member. Adult dinners are \$8.00 each and children ages 3-12 are \$5.00. Little ones under age 3 eat free! Come enjoy a wonderful evening of friends, family and fun as we help the pool and start thinking about a fun Summer.

March will bring the return of the ever popular flower cards from Norfolk Florist. Last spring's flower cards will expire in March. We have the cards ready for delivery to your door, so just pick up the phone and call (Jeanne 319-3366) or email me ([jbttbbb@verizon.net](mailto:jbttbbb@verizon.net)) and tell me how many cards you want to buy. Keep in mind that Mother's Day is just around the corner. All pool board members will have cards available for sale.

## GANG & DELIQUENCY PREVENTION MEETING

On Tuesday, February 16, 2010, at 6:30 p.m., the Virginia Beach Police Department's Special Investigations and Crime Prevention Unit will host a workshop on Gang and Delinquency Prevention for Parents at the Meyera E. Oberndorf Central Library, 4100 Virginia Beach Boulevard, Virginia Beach, VA. Those attending the workshop will learn what they can do daily, at home and in their communities, to **prevent** their children from becoming involved in gangs and/or delinquent behavior.

**The event is free and open to the public, but Registration is required**

Please contact: MPO Leta Krieger at 385-1324 to reserve your seat

## Newsletter Ad Rates

- \$ 30 One time – Business Card
- \$135 One year (9 issues) – Business Card
- \$100 Insert (Advertiser provides the insert)
- \$ 60 One time – ¼ Page

## TUESDAYS @ 2

The Bayside Public Library Tuesdays at 2 series continues with the following upcoming events:

Feb 16: Internet Buying. Tips for using eBay and Craigslist to find bargains.

Feb 23: Your Heart's Desire. Meet George Washington and make a colonial Virginia valentine

## Median Cleanup

February 16-28	Please volunteer here to
March 1 – 15	Keep our entryway clean!

To add your name here call Bill Hawley at 473-1936



## APPRECIATION

Two Great Kids! Alissa & Austin, I could not have done it without you. I thank you and the Food Bank staff thanks you.

During the year of 2009, the “Street Walker” with the little red wagon collected food in a door to door campaign throughout our neighborhood. Austin and Alissa were the great kids who loaned me the little red wagon. They contributed all year long by giving up the fun and use of their wagon.

When you see them, join me in saying, “Thank you, Alissa and Austin, for helping with the collection of a total of **772 pounds** of food and a total of **\$835.00** for the Food Bank of Southeastern Virginia. Two great kids!

---Peggy Caverly

Thanks to John Sheadel for stamping the 700 envelopes that accompany this newsletter.

-- Mike Moore

## CONDOLENCES

We are saddened by the loss of a member of our community. Daniel Williams passed away on January 24<sup>th</sup>. He is survived by Vicki Williams and his children, Richard, Danny, David, Tonya, Jenise, Danae and Liene as well as a number of grandchildren. Daniel served in the United States Marines and worked in the health care field for the majority of his life. Born in New York, he lived in Pembroke Shores for the last few years. He will be missed by his family and friends. Our deepest sympathy to Vicki and her children.



## PET LOST & FOUND

Please register your pets in our neighborhood’s FREE Pet Lost/Found Registry. Forms and details may be found at [www.pembrokemeadows.org](http://www.pembrokemeadows.org)

## SHERWOOD JAILED AGAIN OR BELINDA NASH: IN JAIL?

On March 4<sup>th</sup> at 10:00 a.m. our beloved Grace Sherwood (AKA: Belinda Nash) will be picked up by a paddy wagon from Ferry Plantation House and taken to jail. She will be held in jail until \$3,000 in bail money is raised. The Muscular Dystrophy Association is raising funds to send children afflicted with this disease to the 4H camp in Wakefield, Virginia.

**YOU** can help get Grace out of jail by the following: Taking a cash, check or credit card donation directly to the jail located at the Hilton Inn, at Town Center between 10:30--12:30 p.m. on March 4<sup>th</sup>. You may drop off bail monies in advance by taking the donation to Belinda Nash, 801 Cathedral Dr., to the Ferry Plantation House or by dropping your donation to Gerry Richter at 613 Abbey Drive. The Muscular Dystrophy Association is a great cause helping children as they battle this disease. Be sure to make checks payable to MDA and note “Bail money for Grace Sherwood”.

We will also accept early “**Get out of jail**” donations at the February Civic League Pot Luck dinner.

--Gerry Richter

## PROPERTY VALUES

The early February real estate picture in Pembroke Meadows/Shores and Townhouses shows little change from last month. Only one of the three actively marketed properties, an end unit townhome, that was initially priced at \$209,900 has gone "under contract". Maybe we will know the final price to publish in the newsletter next month.

That leaves one townhome and a 4 bedroom single family home on the active market.

An interesting aside is that two homes in the \$350-450,000 range sold in Hudgins Shores, right around the corner.

--Jake Froehlich



## MARLINS SWIM TEAM NEWS

As high school, winter recreation center leagues and short course USA swimming begin to wind down, it's time to begin thinking about SUMMER SWIMMING!

The Marlins team representatives have already begun gearing up for the 2010 VBSL season. Monthly league meetings have continued through the cold winter months. The team's coaching staff has stayed active in both coaching and swimming as appropriate (Coach Paul has been coaching at Princess Anne High School; Coach Austin has continued swimming for William & Mary; Coach Evan has been swimming and performing team president duties at George Mason University with the club team; and Coach Emily has stayed busy with many swimmers, TCAC and other related activities.)

As soon as they are released, the 2010 team application will be available at [www.pembrokemeadows.org](http://www.pembrokemeadows.org) under the Marlin Swim Team heading.

## FREE POOL MEMBERSHIP?



Your Civic League Board, in an effort to encourage both civic league membership and pool membership, has agreed to purchase a 2010 family pool membership. Adult household members, with current paid civic league dues, may place an entry to win this membership at every civic league meeting they attend. You must attend the meeting to place your entry into the contest. The winner will be selected at the April 2010 meeting. You do not need to be present to win.

The winning family may transfer their membership to another neighborhood member with paid civic league dues if desired.



## PRINCESS ANNE H.S. N.J.R.O.T.C.

The Princess Anne High School NJROTC detachment planned to host the Cavalier meet at Little Creek in early February. Inclement weather caused a last minute cancellation.

For the first time in FIVE years, the VBPS Military Ball will be held in Virginia Beach. Our detachment will be hosting this event. If you, your business, or someone you refer wishes to donate to help defray the costs, please contact Mike Morgan, 637-5758. (Contributions are tax deductible and the appropriate tax identification number and receipt will be provided.)

Need a car washed? NJROTC has several planned – March 6, March 27 and May 15<sup>th</sup>. Watch this newsletter for additional details as to location and times OR call Mike Morgan at 637-5758.

-- Mike Morgan

# PRESIDENT'S PONDERINGS

I hope everyone enjoyed seeing our neighborhood under a beautiful blanket of snow as much as I did! Thanks to all those neighbors who shoveled their sidewalks, it makes it a little easier on our mailman and pedestrians.

This month's emphasis is on food and fellowship. Between our annual Civic League Potluck dinner and the Pembroke Recreation Center spaghetti fundraiser, we all have an excuse to get out of the house and talk with our neighbors. Whether it is garden plans or summer plans, running into old friends will help you shake off the doldrums of winter.

You might have wondered what happened to our brick entry wall. Well, on Monday January 25<sup>th</sup> a driver leaving our neighborhood lost control of their vehicle, went up on the median strip, hit our decorative brick wall, and knocked one side of it down. Fortunately the driver was NOT injured. Your Civic league has been soliciting repair bids and is working with the automobile insurance company to get the wall and lighting restored. We hope to have it done in March.

January's meeting was an excellent presentation of programs available at your City recreation centers. All who attended, and who were current with their civic league dues, had their names entered for an opportunity to win the 2010 Pembroke Meadows Recreation Center membership. This month you can enjoy a nice meal and enter for that free membership. A double good deal!

Our Gazebo renovation is still in the planning process. Our request to rebuild must be approved by the City since it is on city land. Once this happens we will solicit bids for a new structure.

We have picked April 18<sup>th</sup> for our Spring Fling activities. We continue to need your support to spruce up our neighborhood from the gazebo to the pool and look forward to seeing you all again in 2010!

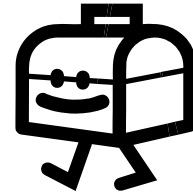
As you may have noticed, there is an envelope included this month for your civic league dues of \$10 for the year. You can see there are many projects and activities underway that require lots of help from lots of people. If you can volunteer, we welcome your assistance, but if you are unable to help in any other way, please contribute \$10 a year to your community.

I look forward to hearing from you about neighborhood issues and areas of concern. You may reach me at 557-0328 or [formoores@verizon.net](mailto:formoores@verizon.net).

--Mike Moore

# COMMUNITY CALENDAR

- **Feb 18** – Civic League Meeting @ **6:00 p.m.**  
Pembroke Meadows Elementary – CAFETERIA –  
Annual Pot Luck Meal – bring a food dish to share!
- **Feb 26** – Cub Scout Pack 475  
Blue & Gold Dinner @ **6:00 p.m.**  
Pembroke Meadows Elementary – CAFETERIA –
- **Feb 28** – Spaghetti Dinner @ 5:00 p.m.  
Old Donation Episcopal Church, see related article
- **March 18** – Civic League Meeting @ 7 p.m.  
Pembroke Meadows Elementary – Multi-purpose Room  
Clay Bernick – “Bayscaping” - gardening & landscaping
- **April 18** – Annual Spring Fling @ 9 a.m.  
Help us clean up the Park, Median, Gazebo and Pool and get them ready for Summer. Free picnic at the pool for worker-bees



## LADIES' LUNCH GROUP

January's gathering was certainly lively and fun and we had 20 ladies in attendance. Great show!

Here is the schedule for February thru May:

February 24 (Wednesday) Bubba's on Shore Drive near the Lesner Bridge at Noon

March 25 (Thursday) Surf Rider at Diamond Springs Rd and Wesleyan Dr. in the Cypress Pt. Shopping Center at 11:30--Please make a note of the earlier time.

April 28 (Wednesday) Chef's Table, 550 Independence Blvd., 12 Noon

May 27 (Thursday) Coastal Catering at 4216 Virginia Beach Blvd. in the Willis Wayside complex.

Looking forward to seeing everyone and Happy Spring which hopefully is just around the corner.

Please call if you have any questions.  
Jeanette 497-0700

# FRAUD ALERT!



From the Virginia Beach Consumer Affairs Program

## PMCL POINTS OF CONTACT

### HAITIAN EARTHQUAKE RELIEF

The situation in Haiti is tragic and will require tremendous resources from the Federal government as well as individuals. This is a good time to remind ourselves of important safety measures related to disaster relief donations. Internet users who receive appeals to donate money in the aftermath of the earthquake in Haiti or other disasters should be cautious and use due diligence before responding to requests.

- Do not respond to unsolicited incoming e-mails, and **NEVER** click links contained within those messages;
- Make contributions directly to disaster response organizations rather than to individuals representing themselves as victims or public officials asking for donations via e-mail or social networking sites;
- To make a contribution contact disaster relief organizations directly using information found via an independent source, such as a phone book or 411, rather than following a purported link to the site;
- Verify the legitimacy of nonprofit organizations by utilizing various Internet-based resources, such as [www.give.org](http://www.give.org) and [www.charitynavigator.org](http://www.charitynavigator.org);
- Make contributions directly to recognizable organizations rather than relying on others to make the donation on your behalf to ensure contributions are received and used for intended purposes;
- Be cautious of e-mails that claim to show pictures of the disaster areas in attached files – these files may contain viruses;
- Never give your personal or financial information to anyone who solicits contributions. Providing such information may compromise your identity and make you vulnerable to identity theft.

#### Civic League Officers

<i>President</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>First VP</i>	<i>Brian Rabe</i>	<i>456-0864</i>
<i>Second VP</i>	<i>Bill Hawley</i>	<i>473-1936</i>
<i>Corres. Sec.</i>	<i>Peggy Caverly</i>	<i>490-0925</i>
<i>Treasurer</i>	<i>Clara Hall</i>	<i>473-8258</i>
<i>Memb. Chrman</i>	<i>John Sheadel</i>	<i>499-0678</i>
<i>Recording Sec.</i>	<i>Teri Mikulka,</i>	<i>497-5856</i>
<i>Pool Director</i>	<i>Jeanne Blair</i>	<i>319-3366</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5792</i>

#### Committees

<i>Bldg/Grounds</i>	<i>Michael J. White</i>	
<i>Entrance/Median</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Electrical</i>	<i>George Watkins</i>	<i>497-2130</i>
<i>Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>
<i>Neighborhood Maint.</i>	<i>Robert Westmont</i>	<i>473-1024</i>

#### Block Security

<i>Meadows</i>	<i>Stephanie Neihart</i>	<i>456-5795</i>
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Barbara Willenbrink</i>	<i>554-0092</i>

<i>Directory Chairman</i>	<i>Robert Westmont</i>	<i>473-1024</i>
---------------------------	------------------------	-----------------

#### Lakes/Waterways Chairman: Jim Willenbrink

<i>Lake Pembroke</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Jeff Brown</i>	<i>464-0183</i>

#### Welcoming Committee Chair: Open

<i>Meadows</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0238</i>

<i>Newsletter Editor</i>	<i>Donna Price</i>	<i>499-5115</i>
<i>Newsletter Ads</i>	<i>Clara Hall (Temp.)</i>	<i>473-8258</i>

#### Pet Lost & Found/Pet Registry

<i>Shores</i>	<i>Gerry Dashiell-Richter</i>	<i>497-5243</i>
<i>Meadows</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>

#### Recreation Center (pool)

<i>Director</i>	<i>Jeanne Blair</i>	<i>319-3366</i>
<i>Asst Director</i>	<i>Erin Strasburger</i>	<i>499-5478</i>
<i>Treasurer</i>	<i>Lori Hines</i>	
<i>Secretary</i>	<i>Cheryl Wolfred</i>	<i>473-1096</i>
<i>PMRC Pool Phone</i>	<i>(in season only)</i>	<i>963-2239</i>

VIRGINIA BEACH  
**CASE**  
partnership

For assistance call the Virginia Beach Office of the Commonwealth's Attorney, Consumer Affairs Program at 385-6373 or Adult Protective Services at 437-3550



## CIVIC LEAGUE DUES

Included with this newsletter edition is a pre-addressed envelope to your Civic League's post office box. It is the hope of the Board that each home will understand our request for a prompt payment of the annual \$10 civic league dues.

In preparation for this newsletter, I (your editor) received several different suggested articles imploring you, our neighbor, to pay these dues. Some of the articles were edgy and to the point while others were long and worked their way around to the ultimate request. Choosing the "best" article wasn't possible.

Jim & I both drove and walked through our neighborhood on one of the recent snow days. It did not take long for me to realize why our annual dues are so important.

Our beloved gazebo needs replacement. In the past several months, you have read in this publication of plans and efforts to restore the gazebo to its original splendor.

Also as we enter OUR neighborhood, there flies our American flag, proudly waving in the wind. Our yearly dues pay for both replacement of Old Glory when necessary as well as the electricity and light bulbs that keep her lit and acting as a beacon to our homes.

In the spring, our civic league hosts an Easter Egg Hunt for our neighborhood children, grandchildren and their friends. In the fall, we do it all over again with a Halloween parade and party at the park.

The civic league board and membership have contributed cell tower and civic league dues monies over the past decades to support neighborhood directories, Recreation Center renovation requests, National Night Out festivities, support of the P.M.E.S. local Cub Scouts troop, donations to OpGrad at our neighborhood, zoned high school, etc. The dues also support the regular publication of this newsletter delivered to you nine months of the year by our trusty, merry band of volunteers.

For me, a twenty-year Pembroke Meadows resident, the activities and support of the civic league and our dues have allowed many cherished memories to be made. Jim & I have often written in this publication about our delight in being residents of this community.

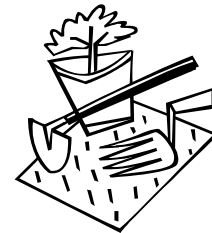
Our sons have enjoyed every activity the neighborhood civic league has supported in these two decades. We have

wonderful memories of all the "Decorate the Christmas Tree" events at the Pembroke Meadows Elementary School – the making of crafts, the visits from Santa, the pride in seeing that tree each day until the Christmas holidays.

Your civic league wants to represent you. To do so, we need your input, your thoughts, your support.

Won't you take a few minutes now to sit down and write that \$10.00 check, place it in the included envelope, place a stamp on the envelope and put it out for Bill to collect with your mail in the morning? Or better yet...bring it with you to the Pot Luck Dinner on February 18, 2010 at 6:00 p.m. We would so very much like to thank you personally, welcome you to dinner, welcome you back to the dinner, or if you a regular meeting attendee just say, "Hey, how have you been since I last saw you in January?"

-- Donna Price



## FEBRUARY GARDENING TIPS

Believe it or not with this winter weather, Spring is right around the corner and February is the time to start thinking about your gardens. This is the month to prune Crepe Myrtles, Nandinas, Lariope, roses and fruit trees. DO NOT prune anything that flowers in the Spring, such as azaleas and rhododendrons, or you won't have many flowers. It is also the time to start germinating seedlings for Spring planting. If you use dormant oil spray to control insects like tent caterpillars and bag worms, do it this month when the day time temperature gets to a consistent 50 degrees (hopefully it will get there this month). The master gardener at the extension service said bag worms will be bad this year.

--Carol Moore



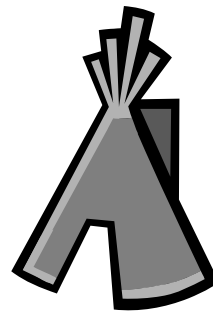
## SIMPLE GAMES, SOME LAUGHTER TOO

Would anyone be interested in a weekly or semi-monthly daytime game club? Maybe simple games like Scrabble. Maybe refreshments. Call Loretta 497-2130.

Join the Adult Learning  
Center's  
Community Education  
Program for a  
**Senior Open House**  
*Friday, February 19th, 10:00  
a.m. - 11:30 a.m.*

*Refreshments, door prizes, local  
resources and more...*

**4160 Virginia Beach Blvd**  
(Right next to the Central Library)



## NEIGHBORHOOD HISTORY

### Our Neighborhood History

The first inhabitants of our area were Indians of the Chesapeake Tribe. Upon arriving here, they quickly realized that they needed to go no further. Life for the Indian tribe was good. The climate was ideal.

They found animals plentiful. The entire animal was used for food, clothing, utensils, housing, jewelry, blankets and much more. Indians threw nothing away.

They were truly recyclers and inventive. The land was fertile for planting, with good drainage. There were plenty of trees, nuts, berries, bushes and plants. The Lynnhaven River was abundant with crabs, oysters, clams, mussels, and many species of fish. The oysters were so plentiful that at times, even in the deep waters, the bottoms of their canoes scraped on the tops of the oyster beds. In fact, the only thing they did need, but was not available here, was rocks.

Stones for tools and arrowheads had to be brought or traded for with other tribes. Our area is a huge sandbar and sandbars do not produce rocks. Thus, all rocks in Virginia Beach have been transported here from somewhere else. Interesting?

--Gerry Richter

## MORE POOL NEWS

Spring is quickly approaching and that means it is time to get ready for summer fun. The Pembroke Meadows Recreation Center (i.e. the pool) has been quietly waiting for your return. But first, we need membership! The March newsletter will contain the 2010 season PMRC application.

Don't want to wait? Application may be accessed online at [www.pembrokemeadows.org](http://www.pembrokemeadows.org) under the Pool News heading. This year's planned improvements include a picnic area and providing a WiFi hot spot.

What would you like to see at the pool this summer? Adult socials, kid happenings, float days, dinner nights, new concession items? We're planning all these activities and MORE. Contact us with your ideas.

**Learn about NEW senior classes.** Facebook for Seniors, Senior Institutes and Internet for Seniors to name a few!

**Meet the instructors.** Learn why they love to teach senior students.

**Connect with local senior resources.** Representatives from the National Library Service, AARP, and Family Care Senior Solutions to name a few.

### **Enjoy the festivities!**

Door prizes, refreshments and more...

**Can't make it?** Pick up a catalog at your local library, recreation center, or visit our Website at [www.adultlearning.vbschools.com](http://www.adultlearning.vbschools.com) to view an online version.

**We want to hear from you.** If you have questions about other programs or ideas for new courses, please contact [Sharon Cindrich](mailto:Sharon.Cindrich@vbschools.com) (648-6062) or [Marcia Evancheck](mailto:Marcia.Evancheck@vbschools.com) (648-6063).