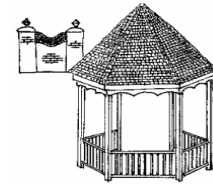


# CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,  
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



CIVIC  
LEAGUE  
MEETING  
10/15/09  
7:00 pm

October 2009

Inside:

Ladies Lunch  
Group

Property  
Sales/Values

Cavalier  
Classic

Pool News

Community  
Calendar

President's  
Ponderings

Marlins Swim  
Team

Points of  
Contact

Fraud Alert

## TAKING THE OLD BACK TO THE...OLD?

The Pembroke Meadows Civic League Board is presenting a proposal at the October general meeting to replace the Pembroke Meadows Gazebo in the median of Pembroke Boulevard. The proposal is in response to the vote at the May, 2009, general meeting where the civic league members present asked for a committee to pursue the idea of replacing the old gazebo. The proposed new gazebo will more closely resemble the original building and be built with excellent quality materials that will last the test of time. For more information and a chance to voice your opinion about the proposed project, please attend the October general meeting where a vote will be held at the close of the discussion.

**CIVIC LEAGUE MEETING – THURSDAY, OCTOBER 15, 2009 @ PEMBROKE MEADOWS E. S.**  
**JOIN US IN THE MULTI-PURPOSE ROOM @ 7:00 P.M.**  
**PRESENTATION: PLANS FOR THE NEW ENTRYWAY GAZEBO**  
**ENTER FOR A CHANCE TO WIN A FREE 2010 FAMILY POOL MEMBERSHIP**

## 19th ANNUAL HALLOWEEN WALK

Saturday, October 31<sup>st</sup> 3 p.m.

It is hard to believe that we have been enjoying this neighborhood festivity for 19 years, yet it is true. The 19th Annual Halloween Walk will be held on Saturday, October 31<sup>st</sup> at 3 p.m. It is not too early to begin thinking costumes, treats, and fun!

Route: Beginning at the medical complex on Whitechapel Drive – Whitechapel to Cambria Street – right on Abbey Drive and continuing on Severn Drive – Then to Bishop, Bishop to Pembroke Blvd and finish at our neighborhood park.

### Halloween Walk volunteers needed

3 adults – to walk along the parade route to help space out marchers (our children in costume)  
4 adults- to stand at corners to ensure safe crossing-(vest supplied)  
2 face painters (supplies will be provided)  
1 adult or teenager to "park sit" from about 1:30-til children arrive (last minute touches, receive late drop off donations of food, juice, candy, etc.)  
1 adult to act as the parade caboose (provide safe marching at end with supplied vest)  
If you would like to volunteer please call **Gerry Richter at 497-5243**

We are also still accepting food, candy, juice and cash donations. Please contact Gerry at 497-5423 to donate these items.

Though I hate to utter the words, if we cannot muster enough volunteers from our own neighborhoods, we may not be able to continue this beloved tradition.

**The Independence Middle School Band will lead the Halloween Walk again this year.** This is the only opportunity they have to march. Please bring a cash donation with you for the band. Donations are used to refurbish, repair and purchase equipment and supplies. (Keep in mind that many of our neighborhood's Fabulous Marching Cavaliers began as IMS band members.) If you can't make the parade or choose to give a donation for the band you can drop it off at 613 Abbey Drive or bring it to the next Civic League meeting.



Twelve years ago this October our children attended their first Pembroke Meadows Halloween Walk. We had just moved to the neighborhood at the end of August and, like all military moms, I was on the lookout for new friends for my kids. I had done some volunteering in my son, David's, 2<sup>nd</sup> grade classroom with Mrs. Facemire and I recognized a little tow-headed boy as being in David's room. Naturally, I scoped out the parents and boy for awhile, decided they appeared normal enough and proceeded to introduce myself. This little boy turned out to be Dale Price and we have been friends with the Price family ever since.

As many of you know, Jim and Donna Price have been active members of our community for a long time. They encouraged us to join the pool and the civic league where they have been active on the boards of both over the years. I know Donna has been Pool Director, Swim Team Manager & Civic League Treasurer. Jim has held board positions for both organizations and has always stepped up for jobs like cooking at a pool function, timing at a swim meet, opening and closing the pool and taking a group of boy scouts on a high adventure trip for a week. In addition, Donna has been Treasurer for the PTA at KLMS, on the Scholarship Committee and OPGrad Committee at Princess Anne high, is currently the Civic League Newsletter Editor and will probably admonish me for writing this letter. I'm sure there are many other jobs I don't even know about that Donna and Jim have volunteered for over the years.

My point is twofold. First, by getting involved in your neighborhood, you can meet some wonderful people and make some great friends. Secondly, having a full-time job and family, as Jim and Donna have, and not low stress jobs I might add, is not really an excuse for not volunteering. They've managed to volunteer an incredible amount of time while raising two wonderful boys and working full time. Even if you can help with one small thing, it takes the load off someone who may be doing several jobs or who has been running something, like the Halloween Walk, for a long time and now needs to pass it on to someone else. Team up with a friend and volunteer together. I guarantee, it may be work, but you will have fun, too, while hopefully making some new friends and, oh by the way, feeling pretty darn good about yourself.

We live in a great neighborhood and I am very grateful that happenstance placed us in Pembroke Meadows twelve years ago, but our pool and civic league do not just happen. It takes many people putting in the time to plan events and keep things working and looking great. Please consider stepping up and pitching in, even if it's just taking a turn cleaning the median strip. After all,

who knew that by volunteering in a classroom and participating in the Halloween Walk, not only would my son meet a boy who has been one of his best friends for twelve years, but his parents would make some best friends, too.

--Carol Moore

## Newsletter Ad Rates

- \$ 30 One time – Business Card
- \$135 One year (9 issues) – Business Card
- \$100 Insert (Advertiser provides the insert)
- \$ 60 One time – ¼ Page

## Ladies Lunch Group

In October, we plan to go to Bubba's on Shore Drive. The time is 12 noon and the date is Wednesday, October 28th, and please wear your Witch's Hat. We will look forward to a fun day.

We take a break after October due to the November and December holidays, however, Loretta has graciously invited us back again for a POTLUCK at her home on December 10th which is a Thursday. She will provide the beverages and dessert. Please bring a small dish to share.

If you have not been able to attend in the past, come on out and join us as we always welcome new faces as well as those faithful attendees. Take an afternoon off and have some fun with us.

Hope to see many of you for these planned events this fall-----Jeanette 497-0700

## Median Cleanup

October 16-31	Your name or group's name
November 1 - 15	would fit here

## COMMUNITY CALENDAR

- Oct 15 – Civic League Meeting @ PMES
- Oct 17 – Community Yard Sale
- Oct 31 – Annual Halloween Walk 3:00 p.m.
- Oct 31 – Stroll w/ the Souls – Ferry Plantation House, 8:00 p.m. – 12 midnight
- Nov 19– Civic League Meeting @ 7 p.m.  
Ferry Plantation House, Annual Wine & Cheese Event

# NOVEMBER ELECTIONS

With the November elections just a few short weeks away now, please remember that you may access information regarding polling places and the candidates via the [www.vbgov.com](http://www.vbgov.com) website and typing Voter Registration into the search window.



## PET LOST & FOUND

Please register your pets in our neighborhood's FREE Pet Lost/Found Registry. Forms and details may be found at [www.pembrokemeadows.org](http://www.pembrokemeadows.org)

### LOST & FOUND PET REPORT

A total of 16 completed Lost Pet forms have been turned in. We have lost and found far more than this number of pets in 2009. In September, 3 dogs were re-united with their owners, one cat was taken to emergency vet by a loving neighbor. None of these animals were in our registry. If you value your pet, PLEASE complete a form. It is FREE. The form is on our civic league's web site.

**Box turtles** can still be taken to Gerry Richter. It is almost time for them to go into hibernation. Those residing there have enjoyed the safety and food available through spring, summer and fall. p.s. The "baby" turtle has now grown to about 2 1/2 inches.

## PROPERTY VALUES

(Although retired from an active role in the real estate world, I try to "stay on top of" our neighborhood property sales transactions.)

Four properties changed ownership since Bob Schultz, my former real estate partner and advertiser in this newsletter, and I discussed market activity in Pembroke Meadows and Shores last month.

A waterfront home in the Shores listed at \$365,000 and sold for \$345,000 after 189 days on the market. The rebuilt home on Hudgins Drive, destroyed by a previous fire, sold for \$305,900.

Two 5-bedroom homes listed at \$315,00 and \$275,000 sold for \$305,000 and \$267,000 respectively. The latter home sold in just three days!

--Jake Froehlich

# DO YOU KNOW?

The Pembroke Meadows Recreation Center (pool) will accept payments all through the off season? This lay-away type plan is available. Please contact Jeanne Blair, [jbbbtbbb@verizon.net](mailto:jbbbtbbb@verizon.net) for more information.



## BAYSIDE LIBRARY

Each Tuesday from 2:00 – 3:00 p.m. adults gather in the meeting room of the Bayside Area Library for a program. The Tuesdays @ 2 series began last year and featured programs about gardening, crafts, local history, psychology, classic movies, and more. The programs are free. They are drop-in events. No registration is required.

Oct 13 - Haunting the Night. Nocturnal Animals around Virginia Beach

Oct 20 - Cool Weather Container Gardening

Oct 27 –Witch! Superstitions of Colonial Virginia

**Call 385-2680 for more info.**

## REMI NDER:

**As we approach leaf raking/blowing time, please do NOT put your leaves, grass clippings or other yard debris down the storm drains. These drains are a direct route to our neighborhood's waterways.**

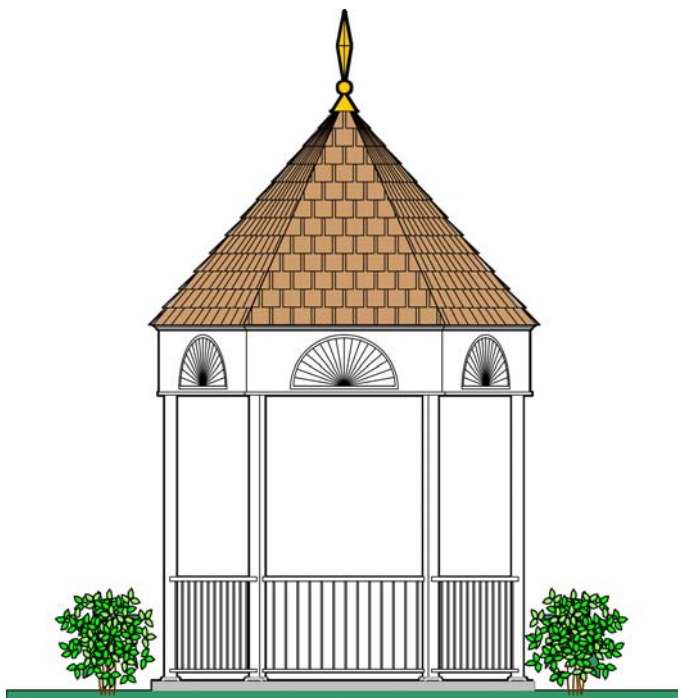


**Worried about your health?  
Heart Disease? Cancer? Neuropathy?  
You can reverse disease & the aging process!  
And you will actually feel good again.  
Folks with cancer are now cancer free.  
This will change your life - Call Today!**

**Carol Tietjen 227-9580  
Enagic USA**

## President's Ponderings

Do we need a new gazebo? Well I think so, it's the first thing people see when they enter our neighborhoods. How often do you say "Go up Independence and turn right at the Gazebo, before Food Lion"? In an effort to return our gazebo to its grandeur of years past, a group of volunteers from your civic league has worked to create the drawing seen below, solicit bids and will present their findings at our October meeting. We hope to see you there.



As mentioned last month, I would like to continue our focus on the neighborhood and community service. There are many volunteer opportunities available to us all from donating to and helping at our Community Yard Sale to benefit the neighborhood pool, median strip trash pick-up, working at the Halloween walk, and many other events. We have an active civic league and would appreciate seeing a few new faces.

I also want to recognize Peggy Caverly for her hard work recently in reviving our Welcoming Committees. She has brought many ideas to the Civic League Board and we hope to have an active welcome wagon again in just a few weeks.

For the latest news, check us out on the web at [www.pembrokemeadows.org](http://www.pembrokemeadows.org)

Mike Moore

## "A STROLL FOR LOST SOULS"

### at Ferry Plantation House

October 31<sup>st</sup>, 8 p.m. – 12 a.m.

Come see and learn the history of the séance. Tarot card readings and tea readings will be held throughout the evening. Learn the history of the historical Ferry Plantation House and of the souls that dwell therein. You may even experience the souls as you stroll through the house. Travel to the water's edge to hear the history of the shipwreck of 1810 with no survivors as the men drag the Lynnhaven Bay for lost souls.

**Children under 16 MUST be under adult supervision at all times.**

\$10.00 donation per person. The authors of "Ghosts, Witches, and Weird Tales of Virginia Beach" will be present for book signings, (copies of the book are available for sale at the Ferry Plantation House). For further details, please call 473-5182.

Is there a more fun way to end your Halloween this year?

--Gerry Richter



## POOL NEWS

The pool has been put to bed except for the checkups by Mike. Now we are focusing on fundraising projects to supplement our budget for next season. We have the neighborhood Community Yard Sale on Oct 17 from 8am - 1pm. I hope, by the time you read this, you will have seen many signs up advertising it. We need your support with donations and your support helping run the sale. Call me if you have items or if you can spare a couple of hours working the sale (319-3366).

We had a great season at the pool and have already had 2 new families join for next summer. One has decided to use the partial payment plan. They will meet me at the Civic League meeting each month and make a payment. It will be so easy to pay smaller amounts each month and by April 30, the membership will be paid. If you feel this is an option you would like to discuss, see me at the Civic League meeting. I'll have 2010 membership forms available.

Thanks for all your support,  
PMRC  
Jeanne Blair and many, many others

# FRAUD ALERT!

## From the Virginia Beach Consumer Affairs Program

### SEEING THROUGH STIMULUS SCAMS

With talk of stimulus plans ruling the news, it's no surprise a new round of stimulus scams are afoot.

Here's how it goes: An email, online ad, or website says you're eligible to get an economic stimulus payment. You just have to send back a form or submit one online to get it. The message might appear to come from a rebate company or look like it's straight from the Internal Revenue Service (IRS). But the promise of stimulus money in return for a fee or financial information is always a scam, according to the Federal Trade Commission (FTC), the nation's consumer protection agency. There's more than one way to perpetuate a stimulus scam.

Some scam artists ask you to send a small processing fee, supposedly to get a much larger check in return. That's money you'll never see again. Others skip the fee, and instead, ask for your bank account number so they can "deposit" your check. Then they use the information to clean out your account or open new ones using your identifying information.

Some stimulus scams encourage you to click on links, open attached forms, or call phony toll-free numbers. But simply clicking the link or opening the document can install harmful software, like spyware, on your computer. The results could be your personal information ending up in the hands of an identity thief.

If you get a message offering you money from the stimulus program in exchange for your personal information, ignore it, delete it, or throw it out. The IRS doesn't send emails like this asking for personal information and rebate companies claiming to have stimulus payment for you should not be trusted, regardless of how plausible the script sounds or how official the form looks.

When a stimulus plan does involve a check to you (it may not) you won't need to fill out a separate form in an email or give out personal information – like account numbers or your Social Security number – to someone who calls you out of the blue.

So, if you get unexpected email from someone claiming to be from the IRS and asking you to call a number or email back personal information, don't do it. Forward any suspicious emails to [phishing@irs.gov](mailto:phishing@irs.gov), then delete it without opening any attachments. If you think you are a target of a scam, you can also file a complaint with the Federal Trade Commission at [ftc.gov/complaint](http://ftc.gov/complaint).

## CIVIC LEAGUE MEETINGS

The Pembroke Meadows, Pembroke Shores and Townhomes Civic League meets regularly at the Pembroke Meadows Elementary School. Our meetings begin promptly at 7:00 p.m., include a guest speaker of interest to our community, light refreshments and neighborhood news/concerns updates.

## YOUNG OR INJURED WILDLIFE

Recently a very young squirrel was found in our neighborhood. The animal was badly dehydrated and wouldn't have lived through the night without help.

If you find a young or injured animal: Orphaned or injured wildlife may be brought to the Virginia Beach SPCA during operating hours. It is located at 3040 Holland Road, phone # 427-0072.

Receiving hours are: Mon, Fri & Sat 10 AM to 3:30 PM  
Tue & Thurs 12:30 PM to 5 PM  
Sun: 1 PM to 3:30 PM

After hours, a message line may be called to be put the caller in touch with an after-hours volunteer that will assist in locating a rehabilitator to care for the animal. The after-hours Wildlife Referral number is: 263-4762. You will need to transport the animal as pick up services are not provided.

After finding a young animal, you should:

- Place the baby in a softly-lined covered box with ventilation
- Place the box in a warm, dark, quiet, indoor location away from humans and pets
- Do not attempt to feed or water, no matter how much the animal begs
- Make arrangements to transport the bird or mammal to a permitted facility or rehabilitator as soon as possible

## **NOVEMBER MEETING NEWS**

The November Civic League is traditionally an adults only function. The holiday meeting will be held at the Ferry House. As usual, wine and cheese will be served to attendees.

This year, there will be a special treat offered at the meeting. A civic league member has donated a wine gift basket with the following proviso: Each attendee who brings a neighbor, and both pay their 2010 civic league dues, will be offered an opportunity to "win" this basket. The neighbor will also be offered an opportunity to win a bottle of wine.

(All gift wine is donated and not paid for from civic league funds.)

# MARLINS SWIM TEAM



## POINTS OF CONTACT

### Civic League Officers

<i>President</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>First VP</i>	<i>Brian Rabe</i>	<i>456-0864</i>
<i>Second VP</i>	<i>Bill Hawley</i>	<i>473-1936</i>
<i>Corres. Sec.</i>	<i>Peggy Caverly</i>	<i>490-0925</i>
<i>Treasurer</i>	<i>Clara Hall</i>	<i>473-8258</i>
<i>Memb. Chrman</i>	<i>John Sheadel</i>	<i>499-0678</i>
<i>Recording Sec.</i>	<i>Teri Mikulka,</i>	<i>497-5856</i>
<i>Pool Director</i>	<i>Jeanne Blair</i>	<i>497-8844</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5796</i>

### Committees

<i>Bldg/Grounds</i>	<i>Michael J. White</i>	
<i>Entrance/Median</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Electrical</i>	<i>George Watkins</i>	<i>497-2130</i>
<i>Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>
<i>Neighborhood Maint.</i>	<i>Robert Westmont</i>	<i>473-1024</i>

### Block Security

<i>Meadows</i>	<i>Stephanie Neihart</i>	<i>456-5795</i>
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Barbara Willenbrink</i>	<i>554-0092</i>

*Directory Chairman*      *Robert Westmont*      *473-1024*

### Lakes/Waterways Chairman: Jim Willenbrink

<i>Lake Pembroke</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Robert Westmont</i>	<i>473-1024</i>

### Welcoming Committee Chair: Open

<i>Meadows</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0238</i>

*Newsletter Editor*      *Donna Price*      *499-5115*  
*Newsletter Ads*      *Clara Hall (Temp.)*      *473-8258*

### Pet Lost & Found/Pet Registry

<i>Shores</i>	<i>Gary Dashiell-Richter</i>	<i>497-5243</i>
<i>Meadows</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>
<i>PMRC Pool Phone</i>		<i>963-2239</i>

Don't let these cooler temperatures fool you! Many of our Marlins are in pools taking lessons or competing on various winter type leagues (Rec Center leagues, year round teams, high school teams, etc.).

And speaking of swimming: Many of our neighborhood youth were members of the Princess Anne High School Varsity/Junior Varsity Swim Teams. As the parent of two former swimmers, I received the following email from the current "Team Mom", Carol Moore:

Several of the alumni parents have asked me to keep them informed of what's happening with the team and so I have decided to establish an alumni email distribution list. I won't inundate you with the day to day stuff, but I can let you know how the team is doing.

If you would like to be on this alumni distribution list, just email me at [formoores@verizon.net](mailto:formoores@verizon.net). If you know of anyone who would like to be added, just let me know or pass my email address to them.

Currently, the teams are shaping up nicely, we have several promising, experienced freshman, so it will be interesting to see how the varsity teams shake out. The girls particularly are looking stronger than ever. We have had many new students expressing interest, even a few sophomores and juniors, so unless they self select, we may actually have to cut some swimmers. I think it would be a first for PA.

Right now we are in pre-season conditioning and preparation mode. The current seniors have really stepped up and are running Saturday practices and helping with weightlifting on Tuesdays and Thursdays. We want to finally complete our set of new warm-ups so that all the JV also have them and given the reduced amount the Booster Club is able to give us for our Training Trip, we are also raising funds. To that end, we have already held a couple of successful carwashes and are currently selling Entertainment Books for \$20. If you would like to purchase one, please email or call, 557-0328, and I will make arrangements to get one to you. If you know someone currently on the team, they can also get one to you. Thank you, Carol Moore

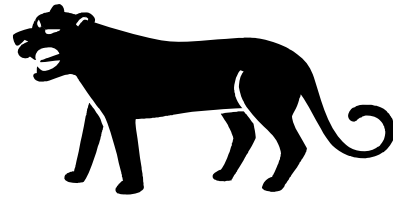


## Cavalier Classic

The Fabulous Marching Cavaliers of Princess Anne High School have teamed up with the United States Scholastic Band Association to bring you the Cavalier Classic at Cavalier Stadium on Oct. 17. This will also be the 2009 USSBA Southeastern Virginia Regional Competition. Fifteen bands from Virginia, West Virginia and Maryland will be competing. Gates will open at 3 PM with competition beginning at 4 PM. This is great family entertainment for a Saturday afternoon and evening. The level of musicianship and marching by these schools is amazing.

For those of you who are not marching band alumni or alumni parents, many of the high school marching bands not only perform at football games, but actually spend most of their time preparing for and participating in competitions held throughout the area. Each band is evaluated by professional judges who then provide feedback on strengths and weaknesses in a variety of areas. This helps the students and instructors fine tune their performance for the next level of competition as the season progresses. The Fabulous Marching Cavaliers have consistently ranked as one of the top bands in the area as well as being number one for their size division.

Besides local competitions this year, the FMC will travel to West Chester, PA, Williamsburg, VA and finally to the Naval Academy in Annapolis for the USSBA National Championship on Nov. 6<sup>th</sup>. For more information about the Fabulous Marching Cavaliers and this year's schedule of competitions, go to their website at <http://www.fabulousmarchingcavaliers.org/>



## PEMBROKE MEADOWS SCHOOL

### PANTHER FALL ACTIVITIES

**PTA General Meeting**  
10/20/09, 7 pm

**Picture Day**  
10/21/09

**SCA Family Costume Dance**  
10/30/09

### **Looking Ahead:**

**Best Attendance Luncheon**  
11/06/09

**No school students & staff - Veteran's Day**  
11/11/09

**Report Cards Issued**  
11/13/09

**2nd Grading Period Begins**  
11/16/09

**PTA Book Fair**  
11/16/09-11/20/09

**SCA Turkey of the Year Food Drive**  
11/09/09-11/23/09

*Editor's Note: The following article is a paid advertisement from Independence Veterinary Hospital. Doctors Mosley and Hastings have long been friends of our neighborhood pets. They are located at 4608 Pembroke Boulevard and their contact phone number is 473-8560. The website address is [independencevet.myvetonline.com](http://independencevet.myvetonline.com) – please be sure to check out their helpful site for tips and information.*

## **WELCOME TO THE NEIGHBORHOOD!**

We would like to extend a warm welcome to you and your family. If your family also includes pets and you are looking for a family doctor for them, we would love to introduce ourselves. We are a two doctor practice with a friendly and knowledgeable staff. We care for dogs, cats, ferrets, rabbits, as well as all varieties of pocket pets. Our hospital offers a full range of services from preventative medical care to ultrasound, dentistry, and surgery. We are very proud of our hospital and would love to give you a tour anytime. We have a small boarding facility which allows us to get to know your pets and give each of them the individualized special care that they deserve. We even send picture messages of your pet to your email or phone so they don't seem so far away. We know your pets are very special members of your family and if you need us, we will take the time to answer your questions.

**At independence Veterinary Hospital, your pet's health and comfort is our primary concern. We believe in offering the highest quality medical care because that is what your pet deserves. We offer zero and low interest payment plans when needed for those unexpected events. Your first visit with us will include a free month's dose of flea and tick preventative (an absolute necessity in this area!)**

We sent our quarterly newsletters for our clients and have included many of the topics presented in our most recent newsletter for you. If you have questions or would like information sent to you about any health topic, please don't hesitate to email us at [staff@independencevethospital.com](mailto:staff@independencevethospital.com) or give us a call. We look forward to meeting both you and your four legged family friends soon.