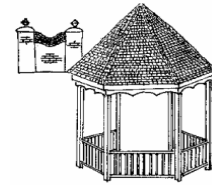


# CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,  
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



May 2009

President's  
Corner

Senseless  
Vandalism

Use computer  
to report  
problems.

A Home was  
set on fire.

Pool News

Ladies Lunch  
Group

Median  
Cleanup

Clean the Bay  
Day

Ground Bees at  
the Park.

Appreciation

Congratulation  
& Best Wishes

## President's Corner:

### SENSELESS VANDALISM STRIKES AGAIN

Police are investigating a series of vandalisms at our office park located in the 700 block of Independence Blvd. just south of Pembroke Boulevard.

Seven businesses were broken into over the weekend of 2 May and ransacked.

Damage also extended to vehicles in the office parking lots, and total damage is in the tens of thousands of dollars.

The vandals overturned furniture, emptied bookshelves, set off fire extinguishers, and destroyed office equipment. However, it appeared that nothing was stolen.

- Mike Moore

## USE YOUR COMPUTER TO REPORT COMMUNITY PROBLEMS

If you are bothered by a flaw in Virginia Beach City Services, the city's web site makes it easy to report problems.

Just go to [WWW.vbgov.com](http://WWW.vbgov.com),

Then in the upper left corner for department select "Public Works". Then choose "online forms"

The Department of Public Works provides you with quick and easy online forms, to let them know of any Public Works related problems you may have. You can report inoperative Street Lights, malfunctioning Traffic Signals, and Potholes, as well as problems with Trash Service, Graffiti, Traffic Signs, Stormwater Billing, Recycling Service, and Drainage Issues.

If the internet doesn't work for you, call the city at:

Operations Management

3556 Dam Neck Rd.

Virginia Beach, VA 23453

Main: (757) 385-1470

- Mike Moore

## Ladies Lunch Group

The schedule for the next few months is as follows:

Thursday, May 28, Bubba's just off of Shore Drive 12 noon

Wednesday, June 24, Surf Rider, in the Cypress Point Shopping Center at Wesleyan Drive and Diamond Springs Rd., 11.30 AM

Thursday July 23, Federico's on Independence Blvd, across from Pembroke Mall, 12 noon

Wednesday, August 26, Coastal Catering, at Willis Wayside complex, 12 noon

Thursday, September 24, Red Lobster on Independence Blvd. 11:45 AM

The Ladies Lunch Group is open to all our residents and we always welcome newcomers. We also have a few former residents who attend when able. We have a telephone call list as well as e-mail contact.

If you are planning to attend any of the lunches, please contact the coordinator so she can give a count to the restaurant for that month. Hope to see many more of you at some of these fun events.

For any questions or making your reservations, call Jeanette at 497-0700

## Median Cleanup

May 1 - May 15	Mark and Jeanette Tietjen
May 16 - May 31	The Moores
June 1 - June 15	Jim Hall and family
June 16 - June 30	Marge and Bob Brotman
July 1 - July 15	Robert Westmount

## Clean the Bay Day, June 6

The 21<sup>st</sup> Annual Clean the Bay Day (CTBD) will be held on Saturday, June 6<sup>th</sup>, from 9 a.m. to 12 noon. Our Civic League, which has participated in all 20 previous CTBDs, will work at cleaning trash and debris from our local waterways, which include Lakes Pembroke (East & West), Lake Meadows, Old Donation Creek & Cove, and parts of Thurston Creek & the Lynnhaven River.

Volunteers call Jim Willenbrink (Zone Captain) at 497-0700, before 4 June or simply check in at Lake Meadows Park on 6 June. (If you can't work on 6 Jun, but can help during the previous week, call Jim for an area assignment.)

Note: All volunteers will receive a free Cinema Cafe ticket, and, if requested for community service, a certificate of appreciation.

Thanks Again to Cinema Cafe for donating movie tickets for Civic League members who volunteer in many different community activities throughout the years.

## GROUND BEES AT THE PARK

The little bees flying around near the ground at the neighborhood park are actually called "ground bees." The City sent someone out to check and reported that they are ground bees, are not aggressive, but are very good pollinators and should be left alone.

- Clera Hall

## Appreciation

We would like to express our appreciation to the many people who contribute to the production and distribution of our Community Newsletter.

To Bruce Blair for the wonderful and time consuming job he is doing as Newsletter Editor, Laurie Hines who volunteered to take over the organization of the Newsletters for distribution to the Neighborhood Distributors and Carlisle Wilson who has recently taken on the job of Neighborhood Distributor for Hudgins Shores.

A large number of our Neighborhood Distributors have been doing it for a long time and we appreciate their dedication to our Community:

Ginger Avoli, Susan Barnes, Eileen Byman, Pat Cook, The Eddings Family, Jake Froelich, Faye Fudala, Brenda Harris, Rita Horvatic, Phyllis Kurewski, David Long, Debbie McHattie, Belinda Nash, Brian Niehart, Hubert Poncho, Jim and Donna Price, Paige Slayton, Gerri Richter, John Shaedel, Tony & Bridget South, Janie Travis, Loretta Watkins, Eleanor Weiler, Linda White, and Jim Willenbrink.

- Teri & Pete Mikulka

## Lynnhaven River Now program at May 21<sup>st</sup> meeting

Come join us on Thursday, May 21<sup>st</sup> for a presentation by the Executive Director of the Lynnhaven River Now (LRN) group. LRN is a group of volunteers dedicated to the restoration of the Lynnhaven River and its watershed (of which we are all a part). He will present an overview of the LNR and its goals and activities. Issues particular to our community (e.g. water pollution, planned dredging, Canada geese proliferation, etc.) will be open for discussion.

## THE STREET WALKER UPDATE

Since the last Food bank report, the "Street Walker," with the little red wagon (that's me, Peggy Caverly) has completed all the streets on the Shores side of our community, and I have covered Severn Drive, Severn Court, Abbey Drive, Abbey Arch, Chelsea and White Chapel Drive.

I am slow like the tortoise, but I am persevering and will complete all the streets in time, so be on the lookout for my little red wagon on Saturday or Sunday afternoons.

Generosity still abounds! On March 30<sup>th</sup> I turned in \$175.00 in checks to the Food bank and 170 pounds of food. On April 27<sup>th</sup> I turned in \$135.00 and 173 pounds of food. THANK YOU! Some neighbors gave checks and food. THANK YOU! Some gave a full bag of groceries. THANK YOU! One neighbor who is unable to cook meals due to a medical condition gave a check. THANK YOU! If you live on the above listed streets you know who you are. THANK YOU!

"A little, and a little, collected together become a great deal; the heap in the barn consists of single grains, and a drop and a drop make the inundation." Saadi

Our community is developing that "heap in the barn" and I am proud of you, my neighbors. To date a total of \$520 in checks and 625 pounds of food has been contributed by our community to the Food bank.

If I missed you when I was on your street, and you wish to add to the "heap in the barn" call me at 490-0925.

*Every grain counts!*

## Newsletter Ad Rates

\$ 30 One time – Business Card  
\$135 One year (9 issues) – Business Card  
\$100 Insert (Advertiser provides the insert)  
\$ 60 One time – ¼ Page

## PLEASE DON'T FEED THE GEESE

The Canada goose population in our community has increased substantially. While the birds are beautiful and we tend to embrace wildlife, they bring a lot of negatives!

Each goose eats 3 pounds of grass per day and leaves 1 to 3 pounds of messy droppings.

A small flock can cause substantial damage to a grassy area over a short time, leaving you with a mess of droppings.

The droppings are harmful to our lakes and rivers. Mixed with storm water run-off, the feces cause excessive algae to grow in the water – posing a threat to aquatic life.

The droppings also contain parasites and bacteria that can cause intestinal illness. Our children and pets are potentially at risk. Make sure you promptly and thoroughly clean any goose droppings that come in contact with your shoes or hands.

In summary, don't feed the geese. They will do fine without our help!

- Mike Moore

## POOL News

Pre-Memorial Day Dinner

OK, the dinner is set. Now all we need are the guests of honor. Our Pre-Memorial Day Dinner will be held on May 21, 2009 from 6pm-8pm at the newly refurbished Pembroke Meadows Recreation Center pool. Texas Roadhouse Restaurant will be catering the meal. Tickets are \$15.00 adult, \$10.00 child.

The adult meal ticket will be marinated chicken breast, N.C. pulled pork, baked beans, slaw, dessert and the best rolls that have crossed your taste buds (soda/tea/water provided also). The child ticket will be either the chicken or the pork, with accompanying sides. Come join the pool family to celebrate the opening of the pool and the quickly arriving summer season. Call 319-3366 or email

[www.jbbbtbbb@verizon.net](mailto:www.jbbbtbbb@verizon.net)

New Board Member At-Large

Due to the election of Mike Moore as the Pembroke Meadows Civic League President, we found ourselves with a board opening. When the opening was announced at the Civic

League meeting, a wonderful member stepped up to volunteer her time (and probably her husband's and son's) as an At-Large board member. At our next PMRC Board meeting her name was submitted and a unanimous vote received.

Welcome Ceal Hilliker to the PMRC Board. We look forward to good times working with you.

Pancake Breakfast

Sorry to tell everyone that we will be postponing the pancake breakfast until the fall.

Big Thanks

Big thanks to all who purchased Norfolk Florist Cards. We sold all 100 cards and that helped cover the unexpected expense from the vandalism. You are the best families to work with.

Come down to the pool and check out the "New Pool." Oh My Goodness, don't forget the sunglasses as the pool is so white.

Talk to you soon,  
Jeanne, PMRC

## CONGRATULATIONS & BEST WISHES

To the Rollins family we congratulate you on the birth of your sweet baby girl, Ava Lynn. To Cole Rollins, we wish you continued good health and a complete and speedy recovery.

## LOST CAT:

**Yellow, full grown spayed female cat. Missing since Saturday. Timid. Not used to being outside.**

**Call 499-6574 if found.**

## Stock Market advice

I called my stockbroker today and asked, "what are you buying"?

His answer: Canned goods and ammunition.

- Gerry Dashiell-Richter

## Ferry Plantation House History Camp

We still have some openings in both the June and August camps. Time is getting short so make plans now to enroll for this great program. It is "Living in History" for students in grades 1-6. A memorable learning and life experience. Contact Ferry Plantation House at 473-5182.

- Gerry Dashiell-Richter

## As a resident in Virginia Beach it is the law and your responsibility to:

Keep all sidewalks **clear** of any encroachments such as grass, flowers, bushes, tree limbs and shrubs.

Remove any limbs below 6 1/2 ft in height that overhang the sidewalk.

Clean the gutters in front of your home (and side if on a corner lot)

Remember, anything that is in the gutter ends up in the lake. That includes trash, debris, fertilizer, pesticides, etc.

Vehicles blocking the sidewalk create dangerous problems for pedestrians, children, wheelchairs, walkers, strollers and tricycles. Parking legally at the curb is only a few feet away.

- Gerry Dashiell-Richter

## NEIGHBORHOOD SPEED LIMIT IS 25 MPH. -- MAXIMUM

Go slower please. Children do not fare well when hit by vehicles of any size. School will be out soon and children are not always aware of the dangers. They will chase a ball or toy into the street with only concern for retrieving it. We have to watch out when they don't.

- Gerry Dashiell-Richter

p.s. The brake pedal is far more effective in stopping a vehicle than the horn.

## Spring Cleaning Tip

When washing the outside of your windows use any quality Car Wash Liquid and your favorite car wash mitt. Clean on a cloudy day. Leave the screens in place and be sure to wash the screens as they collect the dust and are responsible for the spots after a rain. Move the screen up or sideways depending upon the type of window you have. The car wash cleans more efficiently with a lot less work on your part. Rinse well with garden hose using city water for best results. The large mitt even cleans those dirty tracks, vinyl siding, patio furniture, bikes, toys and tables.

The sheeting action makes them shine streak free and saves paper towels and elbow grease.

- Gerry Dashiell-Richter

-

## Just for fun:

A penny saved is obviously the result of a government oversight.

Did you ever notice that when you put the 2 words "The" and "IRS" together it spells "Theirs"?

The Roman Numerals for forty (40) are "XL".

The sole purpose of a child's middle name is so that he/she can tell when they are really in trouble.

Long ago when men cursed and beat the ground with sticks it was called witchcraft. Today, it is golf.

Some people try to turn back their life's odometer. Not me, I want folks to know why I look this way. I've traveled a long way and some of the roads were not paved.

- Gerry Dashiell-Richter

## Friday Friends

Friday Friends gatherings are on hold. I may start them up again in the fall if there is enough interest. Remember, the purpose is to give seniors who do not get out very much a chance to socialize close to home.

Loretta 497-2130



# FRAUD ALERT!

From the Virginia Beach Consumer Affairs Program

## BEWARE OF HOME "HELP"

The Consumer Affairs Program has received reports from Virginia Beach citizens who have been contacted by a woman posing as an employee of Social Services. Consumers stated the woman had information about their situation and possible need for in-home services. An additional call and an unsolicited personal visit came from the person seeking to provide those services.

### BE SAFE:

- Never let someone you don't know into your home.
- Never give information to someone you don't know over the phone.
- Any person employed by the City of Virginia Beach will have official identification.
- If you receive any similar calls, contact Adult Protective Services at 437-3550

### TIPS FOR CHOOSING IN-HOME CARE:

- Assess your needs. Do you need health care, non-medical personal care, or help with housecleaning or managing money?
- Make sure the person you hire has the appropriate licenses and insurance.
- Require a criminal background check.
- Check references.
- Develop a job contract with wages, work hours, etc.
- Monitor the quality of the services.

## VIRGINIA BEACH



CASE is a partnership of the Virginia Beach Office of the Commonwealth's Attorney,

Consumer Affairs Program; the Virginia Beach Department of Human Services, Adult Protective Services and the community to prevent elder financial exploitation

For assistance call the Virginia Beach Office of the Commonwealth's Attorney, Consumer Affairs Program at: 385-6373

### Civic League Officers

<i>President</i>	<i>Mike Moore</i>	<i>557-0328</i>
<i>First VP</i>	<i>Brian Rabe</i>	<i>456-0864</i>
<i>Second VP</i>	<i>Bill Hawley</i>	<i>473-1936</i>
<i>Corres. Sec.</i>	<i>Peggy Caverly</i>	<i>490-0925</i>
<i>Treasurer</i>	<i>Clara Hall</i>	<i>473-8258</i>
<i>Memb. Chrman</i>	<i>John Sheadel</i>	<i>499-0678</i>
<i>Recording Sec.</i>	<i>Teri Mikulka,</i>	<i>497-5856</i>
<i>Pool Director</i>	<i>Jeanne Blair</i>	<i>497-8844</i>
<i>Webmaster</i>	<i>Clif Furedy</i>	<i>490-5796</i>

### Committees

<i>Bldg/Grounds</i>	<i>Michael J. White</i>	
<i>Entrance/Median</i>	<i>Jim Price</i>	<i>499-5115</i>
<i>Electrical</i>	<i>George Watkins</i>	<i>497-2130</i>
<i>Flag</i>	<i>Joe Lang</i>	<i>497-2897</i>
<i>Neighborhood Maint.</i>	<i>Robert Westmont</i>	<i>473-1024</i>

### *Block Security*

<i>Meadows</i>	<i>Stephanie Neihart</i>	<i>456-5795</i>
<i>Shores</i>	<i>Bob/Marge Brotman</i>	<i>497-0565</i>
<i>Townhomes</i>	<i>Barbara Willenbrink</i>	<i>554-0092</i>

<i>Directory Chairman</i>	<i>Robert Westmont</i>	<i>473-1024</i>
---------------------------	------------------------	-----------------

### *Lakes/Waterways Chairman: Jim Willenbrink*

<i>Lake Pembroke</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>
<i>Lake Meadows</i>	<i>Charlie Russ</i>	<i>497-5298</i>
<i>Lynnhaven</i>	<i>Robert Westmont</i>	<i>473-1024</i>

### *Welcoming Committee Chair: Open*

<i>Meadows</i>	<i>Donna Price</i>	<i>499-5115</i>
<i>Shores</i>	<i>Lisa Dutko</i>	<i>473-1112</i>
<i>Townhomes</i>	<i>Liz Hayes</i>	<i>472-0238</i>

<i>Newsletter Editor</i>	<i>Bruce Blair</i>	<i>497-8844</i>
<i>Newsletter Ads</i>	<i>Clara Hall (Temp.)</i>	<i>473-8258</i>

### *Pet Lost & Found/Pet Registry*

<i>Shores</i>	<i>Gary Dashiell-Richter</i>	<i>497-5243</i>
<i>Meadows</i>	<i>Jim Willenbrink</i>	<i>497-0700</i>

<i>Pool Phone</i>		<i>963-2239</i>
-------------------	--	-----------------