

CIVIC LEAGUE OF PEMBROKE MEADOWS, INC.

Pembroke Meadows, Pembroke Shores,
and Pembroke Shores Townhomes

CIVIC LEAGUE NEWSLETTER



PRESIDENT'S CORNER

SUMMER

Summer holidays, summer heat, summer school, summer visitors, summer heat, summer swim teams, summer gardens, summer heat, summer teas, summer games and more summer fun activities. Although "summer" more fun than others, we were happy to have summer arrive.

Now we can look forward to the fall, falling leaves, falling temperatures and falling air conditioner bills. We can also look forward to the company of our friends and neighbors at the Civic League Meetings, and the renewing of the familiar routine of working together to keep our neighborhood a great place to live.

Except for a rash of car break-ins in our neighborhood we have had a quiet summer. Neighborhood Watch can be particularly helpful, so lets all be vigilant in observing and reporting to the police and our neighbors if we see anything out of the norm. Be sure to read and heed the article from the Virginia Beach Police Department in this issue of the newsletter.

Peggy Caverly
President

NEXT CIVIC LEAGUE MEETING
WILL BE AT 7:00 ON THURSDAY,
SEPTEMBER 19 IN THE SCHOOL
CAFETERIA.

CIVIC LEAGUE SPEAKER

The kids are getting ready for school and most parents are actively involved in purchasing new school supplies and clothes for the new school year. I am sure most parents would love to have a helper themselves to guide them thru a successful year at school. Ruth Page of the *Virginia Beach Public School Parent Resource Center* is coming to our *September Civic Meeting* on September 19 at 7:00 p.m. She is coming to discuss the vital and positive ways patents can communicate with the teachers and their children to enhance their optimum education in our public school system.

Michelle Browning

Treasurers Report

January 1to July 31



Checking Account	\$ 8507.84
Vanguard Money Market Fund	\$ 5,161.99
Balance	\$ 13,669.83



Pembroke Meadows Garden Club

Ho! Ho! Ho! Okay, I admit it is a little early for silver bells, sugarplums dancing in our heads and a visit from Old St. Nick. Maybe I can mention a little way to save you money; yes I am talking the green stuff money and Christmas wreaths. The annual Christmas Wreath Sale is here again; the Pembroke Meadows Garden Club and myself are very excited! Why? Because we love giving. Money raised from the beautiful wreaths you buy goes directly to the betterment of the neighborhood and the people who live here. So take time out now and order from us. It is never too early to get ahead. Thank you.

Michelle Browning and the Pembroke Meadows Garden Club

Classified Ads

TUTORING - since 1985, and right in our neighborhood. Reading and Phonics.
Call Mrs. Watkins 497-2130.

Visit New England at peak of foliage season

Recent eyesight problems prevent our using either of 2 wks of time-share condos we traded for in New England. 1st wk starts 28 Sept at a 3 BR condo in NH. Following wk is at a 2BR condo at Lake Placid, NY. Both have fireplaces and full kitchens. Same reason forcing us to sell our wonderful time-shares at Kitty Hawk, NC. For info call Al/Helen Galvani on Saint James Court. 499-6670. **Sacrifice prices.!**

Another Successful Clean the Bay Day

Our community's participation in the 14th Annual Clean the Bay Day on June 2nd was again very gratifying and commendable. A total of 52 volunteers assisted in the clean up of our zone's lakes and waterways. These waterways include:

- Lake Pembroke
- Lake Meadows
- Old Donation Creek
- Old Donation Cove
- Thurston Creek (adjacent areas)
- Lynnhaven River (adjacent areas)

An estimated total of 3490 pounds of trash and debris were picked up in our zone.

The Chesapeake Bay Foundation and the City's Clean Community Commission extend their thanks to our community volunteers, specifically:

▪ **Area Coordinators**

Frank Mulcahy
Bob Lukeman
Jim Hall
Bart Rinehart,
Jim Willenbrink Jr.
Fred Willis

▪ **Other Participants**

Sid Sward
Hal and Ian Kuehne
Valerie Davis
Jimmy Eddings
Wes Denton
The Willenbrink families
Roy and Phyliss Awbrey
The Muleahys
The Lukemans
The Moores
The St Claires
The Kennewegs
Brian Murphy
James O'Conner
Walt Westoff
Mike Ashe
Jack Dutko
Fifteen members of the Old Donation Farms
homeowners Association

Thanks to Cinema Café for donating free movie tickets to all volunteers.

Jim Willenbrink Sr., Zone Captain

OFFICERS, CIVIC LEAGUE

President	Peggy Caverly	490-0925
First VP	Clera Hall	473-8258
Second VP	Sid Sward	497-7917
Treasurer	Elaine Kane	497-3289
Corres. Sec.	Loretta Watkins	497-2130
Mem. Chrman.	Daphne Sanders	499-7987
Recording Sec.	Karla Compton	497-8808
Pool Director	Leslie Pancho	321-0658

COMMITTEES

Newsletter	Jim Hall	473-8258
Directory/Ads	John Shaedel	499-0678
Bldg/Grounds		
Pool Phone		497-9874
Welcoming		
Meadows	Carol Gurioli	497-5887
Shores	Cheryl Douglas	671-2241
Townhomes	Connie Lue	473-0144

Lakes/Waterways

Chairman	Jim Willenbrink	
L. Pembroke	Jim Willenbrink	497-0700
L. Meadows	Hal Kuehne	497-8690
Lynnhaven	Al Galvani	499-6670

Block Security

Meadows	Stephanie Neihart	456-5795
Shores	Bob/Marge Brotman	497-0565
Townhomes	Lisa Gamble	497-7860

Pet Lost and Found/Pet Registry

Shores	Belinda Nash	490-2504
Meadows	Jim Willenbrink	497-0700

Note: *Anyone may submit articles for the newsletter. The editor will include all Articles of general civic interest based upon space available. My e-mail address is jim.hal@cox.net*

Jim Hall, Editor



JAKE FROEHLICH

"YOUR NEIGHBORHOOD REALTOR"

VOICE MAIL: (757) 473-4581



Jennifer Clark

337 Edwin Drive, Suite 200 • Virginia Beach, VA 23462
Richmond (804) 226-2800 • Va. Beach (757) 499-9301
Fax (757) 499-9513



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Contact: Fran Olsen 484-6376 stlukes@bisi.net
Debbie Ogan 463-7096 dsogan@whro.net



MORE THAN A MOVIE!

Serving Beer, Wine & Food-
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at all Civic League Meetings

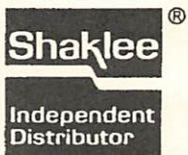
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John Wolfred 679-1795

WORD OF THE MONTH: Neigh-bor-ly
/naybarlee/ adj. Friendly, helpful, and kind, especially to a neighbor. Neighborliness was most apparent in Pembroke Shores one evening this week. A person who had just moved into the neighborhood noticed that his neighbor's boat had sunk at the pier. He went to his neighbor's house, but he was not home from work yet—so he went to the next neighbor. Together they went out and surveyed the damage and did what they could until the owner returned from work. The three neighbors immediately went to work to float the boat. A neighbor across the water was out on his pier and asked if they needed more help. He jumped in his truck and drove from his home in Old Donation Farms, through Pembroke Meadows and into Pembroke Shores to his neighbor's house and stayed for several hours. Because of neighbor helping neighbor, the boat was finally afloat and secured for the evening. This is only one of the reasons that our neighborhood is a good place to live! When you drive down the street, smile and wave at your neighbors—it's guaranteed to make you and your neighbor feel good!

Neighborhood Watch Program



During the summer months, several of our residents had the misfortune of having their vehicles broken into. As a reminder, please remember to always lock the doors to your vehicle and to take in your valuables. Anything left in full view can be very tempting to a would-be criminal.

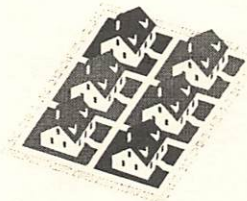
It has recently been brought to my attention that some of our neighborhood children have been carelessly riding their skateboards into our residential streets. Parents please remind your children to always exercise proper safety.

We now have several streets with new block captains. To find out if your street has had a change, please give me a call. (Stephanie Neihart, Neighborhood Watch Coordinator at 456-5795).

Reminder: Always be alert to what goes on around your home and on your street and to report any suspicious or criminal activity.

Emergency 911 Non-Emergency 427-5000

Stephanie Neihart



WELCOME OUR NEW NEIGHBORS

Pembroke Shores Town Homes

We have new neighbors who are really old neighbors returning--They are LCDR and Mrs. William Sheedy at 845 Cathedral Dr. We are pleased to have them back--they are working hard to make their house a home again.

4524 Notre Dame Ct.- Becky Bonney-works as a server and Nessa Manalang is a nurse. We wish to extend to them a warm welcome and invite them to participate in our neighborhood events.

Connie Lue--Welcoming Committee for Pembroke Shores Town Homes.



Friends of Ferry Plantation House

The Ferry Plantation House at 4136 Cheswick Lane on Old Donation Farm is

a historic house that is being restored back to an 1830's period. We, as members of this historic house, are very proud of the work that is currently being done. Since you all live on the original plantation, maybe you would like to hear the history of the area where you live. The early records date back to 1642 with the "ferry " service that brought passengers and goods to the neighboring plantations.

Ferry Plantation House is now open to the public every Tuesday and Thursday from 10 am to 4 pm. Admission for adults is \$3.00, seniors \$2.00, students and children \$1.00. Members of Ferry Plantation House have free admission to all functions. If you would like to become a member and receive the FOFPH newsletter, have a 10% discount in the gift shop, have an invitation to the many functions that are held in the plantation house. Just send \$15.00 for a family or \$10.00 for a single to become members. We need your support to continue the work that is on going every day. Over the years we have found artifacts dating back to 1740. These finds just keep us wanting more. Take time to come out and visit the piece of the past that you are all a part of. Hear the story of Virginias only convicted witch that was tried by water in 1706, Grace Sherwood. We all live so close to the ducking point where her last trial took place. For more information call 473-5182 and leave a message.

Blinda Nash

Election November 5

Important tax issues will be on the ballot. Be sure that you are registered to vote.



Median Enhancement Report

Median enhancements are on City property and it must grant approval before contracts can be awarded. The application and associated fees were submitted to the city and our application was rejected because the flagpole would be located over a large sewer under the median. Our President, Peggy Caverly, and the committee chairman, George Watkins, then contacted City Councilman Louis Jones and requested that he assist in getting a reconsideration of our application. The city has again reviewed our application. Public Utilities has agreed to recommend approval with some reasonable restrictions. Hopefully we will have final approval by the civic league meeting.

Virginia Beach Symphony Orchestra



If you like classical music and have ever subscribed to the Virginia Beach Symphony Orchestra's classical season, please consider doing so again this year. We have brochures and ticket request forms that we would be happy to drop off at your door if you live in this neighborhood.

Also, we want to tell you that we had no idea who these musicians really are until Susan had the opportunity to join them as a student percussionist. They are 90 adults who come from all over Hampton Roads (and as far away as Williamsburg) to practice weekly so they can put on 15 performances a year (many shows are free like the Messiah Sing Along at the Pavilion, and the summer concerts at the beach.)

They receive no money for playing and they pay their own expenses, just because they love to make music -- and it is great music, from pops to classic, under the founder and conductor, David Kunkle. The orchestra exists on contributions, ticket sales and grants.

Loretta and Susan Watkins, 497-2130

Buildings and Grounds

The Building and Grounds committee appreciate the support you have given us in volunteering for our median cleanup. We can always use your support, suggestions and reports on neglect in the area. We desperately need a volunteer to head this committee. Please contact Peggy Caverly or Sid Sward if you can take this position. Bridget and Tony South have volunteered to maintain the Clean-up List. Please call them at 497-0645 to get your name on the list.

CHRIS KURHT UPDATE

Families in our community have been taking "dinner" to the Kurht family on Thursday nights since May. Chris has completed his radiation treatments and will continue to receive intensive chemotherapy for his cancer through the rest of this year. In July, the Make A Wish Foundation sent Chris and his family to Disneyworld. If you would like to participate in taking dinner to a very appreciative family that needs our support at this time contact Gerry Richter (497-5243) to coordinate the date convenient to you. The family consists of 3 adults, 3 children (teenage)

City of Virginia Beach

Population:

Virginia Beach is the most populous city in the Commonwealth and the 38th largest in the United States. Virginia Beach's population was 425,257 in 2000.

Police Department:

4 Precincts and 1 Police Substation - 777 Sworn Officers - 162 Support Personnel - 20 Auxiliary Officers - According to FBI statistics, Virginia Beach is the safest city of its size in the United States.

Crime Prevention Safety Tips

For Always secure your vehicle when not in use. Roll up all windows and **lock all doors. Do not leave valuables in plain view.** The would be criminal will usually try a door and move along to an easier target than a secured vehicle.

Lock up those bicycles. More than 90% of all stolen bicycles were not secured at the time of the theft. Do not leave bikes laying in the yard unattended. Put them in a garage, other secure area or take a minute to lock them up. It is better to spend a little time to secure them than a lot of money to replace them.

When using **ATM Machines**, always try to stay in well-lighted areas. **Use machines inside of stores** when possible, and never flash your cash withdraw to bystander. Place your cash in different areas of clothing, keeping only a small amount in the usual right or left front pocket. **STAY ALERT at all times.** Know who is around you and if you feel at all uncomfortable go to another location.

Be cautious of **LARCENY BY TRICK.** We all like to be helpful however this can put us in a precarious position if we are not prepared. If possible carry a cell phone at all times when traveling. Prior to stopping to assist, **call the police and give them your location** (mile marker, or crossroad information), a description of the vehicle and any occupants (tag number, etc.) and the circumstances requiring assistance (mechanical, accident, medical). **Do not place people in your vehicle.** Let them know you have contacted the police and will make a call for them if necessary. Do not give up your cell phone, this is your only means of communication should YOU NOW NEED ASSISTANCE. **Sometimes people need help.....sometimes IT'S A TRICK!!**

For more Crime Prevention Safety Tips go to www.vbgov.com/dept/police



FREE FAMILY FUN

On Saturday, September 28, 2002, the **Chesapeake Bay Bridge-Tunnel** will hold It's 5 Annual "Family Fun Day on the Bay" Bike/Walk Event. This free event allows individuals and families to leisurely walk or bike on designated portions of the facility while enjoying the sights and sounds of the beautiful Chesapeake Bay.

While there is no charge to participate in this event, volunteers from the Foodbank of Southeastern Virginia and Virginia's Eastern Shore will once again be on site to help "bridge the hunger gap." They will be accepting non-perishable items as well as monetary donations (cash or check) at the satellite parking areas and at the North and South Toll Plazas.

For additional information about the event, please call the Chesapeake Bay Bridge-Tunnel at (757) 331-2960

“Building a strong and safe community is a responsibility that falls of the shoulders of every citizen.”

The Virginia Beach Police Department “Crime Prevention Chronicle”

WATER QUALITY TESTS

LAKES

Periodic water quality tests taken for the Chesapeake Bay Alliance monitoring program indicated that the dissolved oxygen levels dropped to unhealthful values for game fish in both Lake Pembroke and Lake Meadows (3.7 on 7/27 and 4.1 on 8/27). Prolonged dissolved oxygen levels below 4.5 ppm can kill most game fish. These low values are the result of high temperatures and the growth/decay process (photosynthesis) of algae and other plankton. Sunlight acting on large quantities of nutrients and decaying matter that enter our waterways via our storm drains causes the excessive growth of algae. The nutrients include nitrogen and phosphorus from lawn fertilizer and duck, geese and animal droppings.

PH is a measure of the acidity/alkalinity of water. A reading of 7 is considered neutral and the value we try to keep in swimming pools. A value below 7 is acidic and above 7 alkaline. The PH level of our lakes varies widely throughout the day. When algae growth is occurring during the daylight hours a high PH up to 10 or 11 can occur and then drop to below 7 during the evening hours. An interesting comparison of PH in our lakes, waterways, wells, and city water observed about noon on August 15 is provided in the following table.

Source	PH Value	Comment
Lake Pembroke	9.1	Alkaline
Lake Meadows	9.0	Alkaline
Old Donation	7.1	Near Ideal
City Water	6.9	Near Ideal
Well #1-Hudgins Ct	6.0	Acidic
Well #2-Hudgins Ct	6.1	Acidic

Since our well water is slightly acidic, it follows that our lawn and garden soils become more acidic with the use of well water for irrigation. This may call for more lime to be applied to neutralize the acid buildup in the soil. You may need to test your water source as the PH and dissolved minerals will vary significantly with well depth (aquifer tapped) and location of your well.

Jim Willenbrink, 497-0700
Lakes and Waterways Chairman

CAUTION — The polluting effects of fertilizer run-off and decay of organic materials in our lakes and waterways is harmful to the environment. Please do not over fertilize your lawns or dump or sweep grass clippings, leaves or other debris into our waterways, storm drains, or street gutters.

West Nile Virus

West Nile Virus (WNV) is becoming an increasing problem in the United States. WNV is a mosquito-borne virus and can cause encephalitis (inflammation of the brain) or meningitis (inflammation of the lining of the brain and spinal cord). This virus is named after the West Nile region of Uganda where the virus was first isolated in 1937. This year, there have been deaths in other states and infected birds in our area.

Anyone can get WNV infection if bitten by an infected mosquito; however, even in areas where transmission of WNV is known to be occurring only a small proportion of mosquitoes are likely to be infected. Biting a bird that carries the virus infects a mosquito. WNV is not spread from one person to another, or directly from birds to humans. Even if bitten by an infected mosquito, the chance of developing illness is approximately 1 in 200. People who are over age 50 are at greater risk of severe illness.

If you find a dead bird, contact the Department of Public Health at 518-2646. The department will determine if the bird should be tested for WNV. If you handle the bird at all, be sure to use gloves or plastic bag. You should not touch the bird directly.

Most mosquitoes are not infected with WNV so a mosquito bite alone is not serious. See a physician if you develop the following symptoms.

The disease may be mild or serious. Mild illness includes fever and muscle aches, swollen lymph glands and sometimes a skin rash. In the elderly, infection may spread to the nervous system or bloodstream and cause sudden fever, intense headache, and stiff neck and confusion, possibly resulting in encephalitis or meningitis. Healthy children and adults may not have any symptoms.

The symptoms generally appear about 3 to 15 days after exposure. There is no specific treatment. Most people recover from this illness. There is no vaccine. Controlling the mosquito population and protecting yourself against mosquito bites can prevent WNV.

- Wear long, loose and light-colored clothing.
- If possible, stay indoors when mosquitoes are biting.
- Use insect repellent products with no more than 35 percent DEET for adults and less than 10 percent for children.
- Remove containers in your yard where water collects, potted plant trays, buckets and toys.
- Eliminate standing water on tarps or flat roofs.
- Clean out birdbaths and wading pools once a week.
- Clean roof gutters and downspout screens.