

PEMBROKE MEADOWS

CIVIC LEAGUE
NEWSLETTER



PEMBROKE SHORES

MARCH, 1994

gazebo logo by Pam and Bill Jennings

**NEXT GENERAL CIVIC LEAGUE
MEETING DATE IS THURSDAY,
MARCH 17, at 7:30 PM.
(officers: next board mtg., Apr. 5
at Patsy Dixon's)**

CITIZENS AGAINST CRIME CIVIC LEAGUE MEETING, THURS., MARCH 17

The next general Civic League meeting hosts Citizens Against Crime, "Saving Lives Through Education." You do not want to miss this one! It runs about 40 minutes and includes a good mix of humor, statistics, and practical tips on how to act if accosted. Call Anna Schweitzer (473-1886) for more information.

Editor's note: This is an excellent information source and presentation for everyone. The program has been endorsed by area businesses, which is how Anna and I learned of Citizens Against Crime, each of us through separate employers. You will learn "more than you knew when you walked through the door."

BEWARE OF PLAYGROUND HAZARD!!

Recent inspection of area playground and park facilities revealed a potential hazard for our children. City representatives have determined equipment at our Wayside Park carries lead-based paint. Equipment considered unsafe has been fenced off with temporary boundaries. Please heed the warning! Encourage enforcement with enthusiasm and explain to children the ill effect of this environmental hazard.

GARDEN CLUB FLEA MARKET, coming up June 4. Call 497-7208 for information on this semi-annual event known for bringing the participants profit and fun.

SPRING FLING '94 -- APRIL 9

April 9 is right around the corner! It is one of those days your family can make differences that count. Each year the Civic League sponsors "Spring Fling" which is a completely volunteer action that drastically improves our community appearance. Willing hands with a few borrowed tools (rakes, shovels, brooms, clippers, etc.) bring magical results. A cookout lunch is provided at the Wayside Park. We encourage children to assume responsibility for environmental conditions -- this is an event that empowers personal action and teaches our children how to care about the world around them. Please be a part of it!

COMMUNITY WIDE YARD SALE, APRIL 30

Remember that very successful event held last April when our neighborhood streets were overflowing with eager shoppers and when the residents who signed up were smiling as their household treasures were snapped up?

We plan to repeat that experience this year -- mark your calendar for Saturday, April 30 and plan to call Carol Gurioli, (497-5887, leave a message) or Pam Cruze (490-2279) to sign up. The promotion and advertising will be done by the Pembroke Meadows Recreation Center committee. (cont. page 2)

IN THIS ISSUE --

New turn lane for Pembroke Blvd. (see "Widening")

Pet owner guidelines

Residents use Neighborhood Watch

FLYERS FOR UPCOMING EVENTS

In return for the \$8 fee, you will have:

- advertising in newspapers, flyers, and radio spots;
- signs and maps directing traffic to houses marked as participating;
- the "draw" of many houses in one locality, which brings in MANY eager shoppers;
- an attractive marker in your yard which will let the shoppers know that you are a participant. This year we will use bright pennants instead of balloons.

There will also be a booth at the Pembroke Meadows Pool if you wish to donate items instead of selling them. Refreshments will be available at the pool, too.

We will start collecting money and distributing pennants the week of April 11, but you can call and get on the list anytime by calling one of us! Last year we had about 50 houses participate and we expect more this year. It is a fun, exciting, and profitable event. SEE FLYER INSERT AND ACT NOW!

INDEPENDENCE BLVD. WIDENING, PHASE IV

The planned widening of Independence Blvd. (phase IV A) from Jeanne St. north to Pembroke Blvd is still on track, although additional delays have been encountered. The City is still negotiating the purchase of some commercial properties along the right-of-way and expects to advertise next month for the construction project. Possible construction could commence at the south end (Jeanne Street) as early as May or June.

We are pleased to report that the proposed addition of a right-turn lane on Pembroke Blvd. at Independence Blvd., has been approved and is in the plans. This third exit lane from our neighborhood (at the Crown Gas station corner) along with a crosswalk across Independence Blvd., was specifically requested by our Civic League (with the concurrence of Pembroke Meadows Merchants Association.) This right-turn lane should significantly reduce the delays which we often

encounter when exiting on Pembroke Blvd.

The Army Corps of Engineers and the VA Dept. of Environmental Quality have issued a Joint Public Notice requesting comments concerning the Lake Pembroke overpass portion of the Independence Blvd. widening project. Our Civic League, with concurrence of Pembroke Manor Civic League, has requested a public hearing be held to discuss this matter. Lake Pembroke residents in particular should be interested in this project. For further information contact the Lake Pembroke Committee Chairman, Jim Willenbrink, (497-0700.)

Further discussion of the Independence Blvd. widening will be held at the next Civic League meeting, including the plans for five retention ponds which will be constructed alongside the expanded boulevard (to control and filter storm water entering the Lake.)

WHAT DOES THE CIVIC LEAGUE DO?

Pembroke Meadows Civic League offers support to children/youth organizations including Boy Scouts of America. Last Feb. 25, a fine "Blue and Gold" Banquet hosted Henry and Gay Dean as representatives of the Civic League. We would like to acknowledge Robert Struth and Michael Zmuda who "crossed over the bridge" symbolizing the transition from Cub Scouts to Boy Scouts. Congratulations!!

PUSH CART CHALLENGE

As published last month, some area youth residents have expressed interest in a push cart race. The challenge is organizing the event! If you are interested, either as a youth or adult participant, the Civic League encourages your action. A coordinator of the event is needed.

WHAT ELSE DOES THE CIVIC LEAGUE OFFER?

Pets are important family members. Without the Civic League members who actively organize Pet Lost and Found services, some area households would lose their loved ones. Animal Services patrols our community, too! The following suggestions are offered in the event your furry friend disappears:

*license your dog or cat, which is a city ordinance requirement.

*call the lost and found numbers listed on the entrance bulletin board and on page 4 of this newsletter. (a service provided through the courtesy of your neighbors!)

*notify your surrounding neighbors.

*be aware some residents utilize cat traps, rented from the city, and refer captures to the Animal Control Board.

WE HAVE NOT YET FOUND our pet.

Description: gray male long haired cat, with shaved patch on front leg. Sneezes a lot from respiratory infection and was being treated for this. Thus, cannot smell his way home. If you have seen him, please call

Belinda Nash (490-2504.)

REWARD FOR HIS RETURN!

*distribute flyers with specific description of the animal, area lost; list a contact name with telephone number. Consider a published notice in the area newspaper.

*offer a reward for return.

*request to be notified if your pet is found dead.

*VISIT the animal pound off Seaboard Road once a week.

*find out if other informational services are available in your community; students at bus stops, Civic League meetings, newsletter service, postal service employees, newspaper distributors;

NEIGHBORHOOD WATCH ALERT

Recently a minimal number of Pembroke Meadows residents have fallen victim to different incidents. Luckily, each issue was promptly reported to the police. Further information will be passed on to each Block Captain as it becomes available. Area residents are urged to use outside lighting and to stay alert. For additional information, please call Stephanie Neihart, (456-5795.)

POOL NEWS

Pembroke Meadows Recreation Center Pool offers a lot of entertainment, many opportunities for family fun, a wholesome environment and a soothing natural setting -- available all summer long just down the street!

Membership in the pool has always been a good value, but it seems more so in these difficult economic times when we are all looking to get the most out of our time and our dollars.

LOOK:

Member discounts for swim lessons and Marlins swim team.

Access to additional recreational activities like volleyball, tetherball, basketball, and horseshoes.

"Special" events like family nights.

For 1994 the dues structure is as follows:

\$260 family; \$130 individual. If paid in full by April 30, these are discounted to \$234 family; \$117 individual.

POOL, cont.

Extended payment on the full dues amount can be arranged. Maintenance fees for new members are an additional \$225 which can be paid over 4 years at \$56.25 per year. For more information, please call Pam Cruze (490-2279,) Susan Barnes (671-6736,) or Carol Gurioli (497-5887.) Membership applications will be in the April newsletter.

STORM DRAINS COLLECT WASTE

Smokers who discard cigarette butts outside are polluting area lakes and waterways. Please! If you choose to smoke, do so responsibly. Cigarette butts collect by the thousands, then are washed into our storm drains by rainfall through street guttering. Filters are not biodegradable.

ATTABOYS AND THANK YOU'S

TO: Henry Dean and Karen Hamilton for the splendid articles on What Your Civic League Does For You in both February's and March's issues of the newsletter. We all need to be reminded what a valuable organization it is, and you did it beautifully!

---- from the rest of the Board members

TO: Pool Board Members for that great Valentines Day Dance. If you didn't go, you missed a fun time! Good food, good music and a break from winter blah's. Nicely done, Wes Denton and friends!

TO: PO' Folks Restaurant (Giant Square) for the brisk, refreshing iced tea contributed to our February Family Pot Luck Dinner.

TO: C and M Cafeteria (Giant Square) for the pumpkin pie donated to our February Family Pot Luck Dinner. Dee-licious!

Editor's Note: Please call me to contribute your thank you's to the newsletter. *Isn't it nice to hear the good things that your neighbors do?* Karen Hamilton (497-0395)

COOOOOKIES!

Still have a hunger for those Girl Scout cookies? Local cadets have a box (or two or ten!) just for you. Call one of them now.

Valerie (497-5887)

Megan (497-4051)

Holly (497-8707)

You know you want to!

SO, YOU'VE READ ALL ABOUT YOUR CIVIC LEAGUE'S ACTIONS ON YOUR BEHALF, AND YOU ARE HAPPY THAT THIS ORGANIZATION IS HERE FOR YOU. BUT...HAVE YOU PAID YOUR DUES? (\$8 TO PO BOX 68052, ZIP 55) HAVE YOU VOLUNTEERED? DO YOU ATTEND MEETINGS? ALL THE PEOPLE WHO DO THESE THINGS HAVE BUSY LIVES, KIDS, JOBS, OR OTHER TIME CONSUMING OBLIGATIONS, JUST LIKE YOU. THEY CANNOT DO IT ALL. PLEASE, PLEASE, CALL TO GET INVOLVED. WE NEED YOU.

1994 CIVIC LEAGUE OFFICERS

President	Henry Dean	499-6574
1st VP	Anna Schweitzer	473-1886
2nd VP	Jennifer Ridgeway	497-2663
Treasurer	Ashley Wilson	497-7134
Rec. Secty.	Loretta Watkins	497-2130
Corr. Secty.	Carol Gurioli	497-5887
Membership	Patsy Dixon	497-8707
Rec.Ctr.Dir.	Pam Cruze	490-2279

COMMITTEE CHAIRPERSONS

Bldgs/Grounds	George Watkins	497-2130
Welcoming		
Meadows	Stephanie Neihart	456-5795
Shores	Anna Schweitzer	473-1886
man 31 - Newsletter	Karen Hamilton	497-0395
Lakes/waterways	Jim Willenbrink	497-0700
L. Pembroke	Jim Willenbrink	(above)
9 APRIL - L. Meadows	Bryan Murphy	499-9188
meeting Lynnhaven	Al Galvani	499-6670
Block Security		
Meadows	Stephanie Neihart	456-5795
Shores	Bob/Marge Brotman	497-0565
Townhouses	Mildred Exum	490-2091
Directory	Loretta Watkins	497-2130
Publicity	Valerie Davis	497-7208
Pet Lost and Found		
Meadows	- 497-0700;	Shores - 490-2504

BABY SITTERS

Lori Blackmon, grade 10	473-8925
Elizabeth Cole, grade 6	473-8115
Jennifer Cameron, grade 8	497-5785
Holly Dixon, grade 7	497-8707
Valerie Gurioli, grade 8	497-5887
Sara Knight, grade 8	497-4399
Molly Nixon, grade 10	497-4506
Liz Page, grade 10	671-1432
Stephanie Page, grade 12	671-1432
Christine Reddy, grade 10	497-4156
Megan Watkins, grade 7	497-2130

MEDIAN WATCH

Of course you don't like to see the entrance way littered with fast food wrappers, cigarette packs, and other debris. So, help out; keep our subdivision entrance attractive. Call George Watkins (497-2130) to volunteer. Two families can join to share the work!

March 1 - 15	Patsy Dixon
March 16 - 31	Dan White
April 1 - 15	Jim Willenbrink
April 16 - 30	open - please volunteer!
May 1 - 15	open - please call!

CLASSIFIED

Shower Door, from Sears. Chrome with opaque glass. 72" high and fits opening 31 1/2 to 34". Excellent condition. CLEAN, with all hardware and instructions. Excellent buy at \$50.00 (\$170 new.) Call Ashley Wilson (497-7134.)

Algebra or pre-Algebra blues gotcha? Tutoring right in the neighborhood. Mrs. Watkins (497-2130.)

Custom Kitchens - \$2250; computer furniture, built-ins, bars, counter tops; no job too small. (473-0190)

Art Teacher needed for eight or ten one-hour drawing sessions for children, now or this summer. Simple topics such as "How to Draw Faces" -- the kinds of things children love to do. (497-2130)

DID YOU KNOW?

Mothers of children with ADD are more likely to experience depression than mothers of non-ADD children.

**A DEPRESSION CHECKLIST:
WHEN SHOULD YOU
SEE A DOCTOR?**

There are a number of signs that are characteristic of depression. The American Psychiatric Association recommends that you see your doctor if you experience four or more of the following symptoms constantly for more than two weeks:

- *A noticeable change in appetite, accompanied by a significant loss or gain in weight.
- *A noticeable change in sleeping patterns, ranging from sleeping too much to an inability to sleep.
- *Loss of interest in activities you once enjoyed.
- *Fatigue and loss of memory.
- *Feelings of worthlessness.
- *Inability to concentrate or think.
- *Recurring thoughts of death or suicide.
- *Overwhelming feelings of sadness and grief, accompanied by awakening tow or more hours earlier than usual in the morning, feeling more depressed, and moving significantly more slowly.
- *Physical symptoms, such as headaches or stomachaches.

Carol L. Mortick
Assistant Vice President Branch Manager
Independence Office



Crestar Bank
750 Independence Boulevard
Virginia Beach, VA 23455
(804) 858-3385

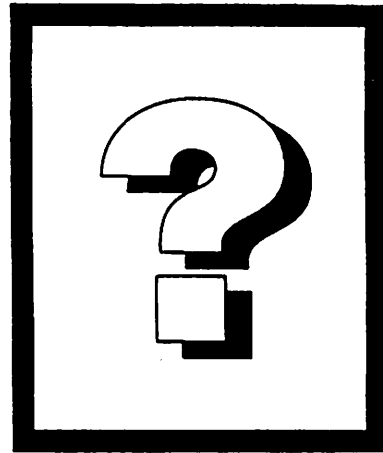
Account Inquiries: 1-800-451-3435



**“Saving
Lives
Through
Education”**

“LIVING SAFELY IN A DANGEROUS WORLD”

- **HOW CAN YOU KEEP YOU AND YOUR FAMILY SAFE?**
- **WHAT IF YOU ARE CONFRONTED BY AN ATTACKER?**
- **WHY AND HOW DO YOU CHOOSE THE SAFEST PROTECTION?**



To find out the answers to these and many other questions about self-protection, *be sure to attend this “FAST-PACED & ENTERTAINING” program that is being highly acclaimed throughout the country as the “BEST OF ITS KIND!”*

RECOMMENDED SAFETY ITEMS AVAILABLE

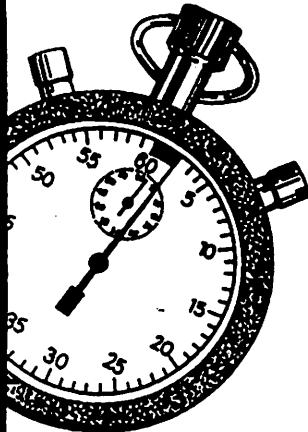
DATE: March 17, 1994

TIME: 7:30 pm.

LOCATION: Cafeteria

CONTACT:

Anna Schweitzer



**Every 2 seconds
a crime is committed**

COMMUNITY WIDE YARD SALE

SATURDAY, APRIL 30

8 A.M. TO 3 P.M.

PENNANTS

ADVERTISING
MAPS & SIGNS FOR SHOPPERS

Discards
Picked Up



ALL THIS FOR JUST \$8!!

TO SIGN-UP (NOW THRU APRIL 27)
CALL CAROL GURIOLI (497-5887) OR
CAROLINE SEVER (456-9354)

TO DONATE ITEMS TO SELL AT THE
POOL, CALL PAM CRUZE (490-2279)

Sponsored by P M R C Pool