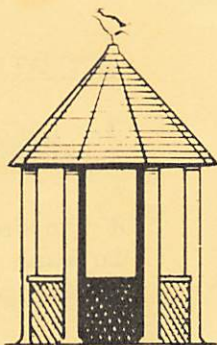


Pembroke Civic



Meadows League

News Letter

OCTOBER 1980

NOMINATING COMMITTEE TO PRESENT SLATE

A nominating committee consisting of Joan Riccio, Teri Mikulka and Bill McIntyre will present a slate of nominees at the Civic League meeting to be held Thursday, October 16.

As usual the Civic League Meeting will be held at the Pembroke Meadows Elementary School at 7:30 p.m.

The nominees for Civic League officers and board are our friends and neighbors and deserve our support.

Nominations will be accepted from the floor. Do come to this most important meeting.

VOLUNTEERS NEEDED

Volunteers are very much needed to help in various aspects over at Pembroke Meadows El. School. Because so many families have two working adults, our volunteer force has been severely depleted. The teachers have asked for help in lots of areas and will plan what you will do with the children. If you cannot routinely help for even 1 hour a week, possibly you could be a guest in a classroom to share your knowledge of your profession or hobby.

No experience in working with groups of children is necessary. If you like kids and can help us out, please call at the number below. I will gladly work around your schedule. Kathy Bezdek - 499-0388

2ND ANNUAL PEMBROKE MEADOWS RUN

The 2nd annual Pembroke Meadows Run was an unqualified success! The weather was ideal, refreshments were tasty and the spirit was high. A total of 64 runners participated.

The fun run of one mile began the festivities with many runners wearing costumes and weird hats. These were judged following the run. The winner of this run was Mike Morks. Prizes for best costume and weirdest hat went to Pam Sward and Scott Anslow.

The 2 mile run for the more serious competitors followed and was won by Ed Perry with the time 10:03 minutes. That is really moving out! Ed received a prize for his efforts.

Additional prize winners were selected by pulling numbers out of a hat which matched the race numbers. Prize winners were: Rodney Saunders, Marge Brotman, Mike Ashe, Derreck Ott and Brian Jones.

However, the real winners were all those that took part. Experiencing the joy of running by moving that incredible machine, the human body, in a most natural way is its own reward. You've got to do it to appreciate it.

The Pembroke Meadows Run attempts to stimulate interest in running which has the potential of improving ones health and fitness. Judging by the participation, this objective is being achieved. However, I would like to see a greater range of ages, especially in the fun run which allows walking and running. Fitness should be a family experience from the little tot to the grandparents. We all need it!

COME ONE - COME ALL

CIVIC LEAGUE MEETING THIS THURSDAY EVENING, OCTOBER 16, 1980, 7:30 P.M.

FUN RUN CON'T

Much thanks goes to the Run committee: Jim Willenbrink, Bob Brotman and Gary Romska. I'd also like to show my appreciation to those businesses that generously donated the prizes: The Athletic Attic, The Athletes Foot and Dixie Sporting Goods.

I'm looking forward to an even bigger and better run next year. Start training now. You'll be a better person for it. Remember, the longest journey starts with but a single step.

SID SWARD
RUN COORDINATOR

HALLOWEEN PARTY

Come join the fun: It's time for the Civic League's Annual Halloween Party held at Pembroke Meadows Elementary School. The party will be on Sunday, October 26, from 2 - 3:30 p.m. We'll have games, prizes and refreshments, and of course the costume contest, so don't miss out!!

Any one interested in helping with this years party or participating as a judge please call Norma Jean Pope, 499-3069.

COMMUNITY CHRISTMAS DECORATIONS CONTEST

Each year the Pembroke Meadows Civic League and Garden Club co-sponsor a contest for the best outdoor Christmas decorations. Categories for this year's judging are as follows:

1. DOOR/ENTRANCEWAYS: Only doors using fresh, dried or treated materials will be considered in this category. Accessories are permitted. (We encourage the use of a lighting effect; otherwise, your door could be overlooked.)
2. NOVELTY: This would include light-hearted, whimsical designs which would appeal to children and young people.

DECORATIONS CON'T

3. OVERALL: This would be best overall exhibit comprising any Holiday theme.

A ten dollar (\$10.00) cash award is given in each category. We hope many of you will participate in this event.

Judging will be done on December 26, 7:00 to 9:00 p.m. (Rain date is December 27th.)
If you have any questions please call 499-6420.

GARDEN CLUB MEETING

November Program - "Christmas Through the House" will be given by Mrs. Malcom Todd. The meeting will be held at the home of Mrs. Mark Kenney, 4448 Hudgins Drive at 8:00 p.m. on November 13, 1980. For further information call the membership chairman Pat Bukowski at 499-6120.

GARDEN PROGRAM FOR CIVIC LEAGUE

At the Civic League meeting on October 16th, members of the Garden club will give a brief demonstration to residents on how easy it is to make their own door decorations for Christmas with greens from their own yards.

The Garden Club is presenting this program to help residents prepare for the neighborhood Christmas decorating contests which is jointly sponsored by the Civic League and the Garden Club.

LIGHTHOUSE RUNAWAY HOTLINE - 427-4777

The Lighthouse Hotline is the runaway Hotline of Virginia Beach. It exists primarily as a crisis and referral line for youths, runaways and their parents. It offers a line where you may talk on an anonymous basis if you wish, with an understanding person about the present crisis you are facing. The Lighthouse gives you information and makes referrals to community services and counseling agencies. It is also dedicated to raising the community awareness about the increase in the number of runaways and the need for coordinated efforts to minimize the stress between youths and parents, in order to prevent further runaways.

COMMUNITY BULLETIN BOARD
ADS FREE EXCEPT BUSINESS ADS*

*Business Ad - an ad placed by a person, partnership or corporation engaged in commerce, manufacturing or a service for profit. Exceptions are; babysitting and similar type jobs performed by teenagers and sale of personal property.

Rules - Cancel ad upon sale of item. Ads will automatically be cancelled every three months unless renewed by person placing the ad. Ads must be limited to no more than 4 lines.

Business ads may be placed by calling 490-2621. The rate is \$1.50 per month.

BABY SITTERS

Kellie Watson, Mon. & Wed. 2:15 til whenever. Other days babysit anytime. 497-5633.

Robin Colby, baby sitting, odd jobs, running errands. Fees negotiable. 499-5356.

Pam Colby - 499-5356. Experienced and responsible.

HELP WANTED

Housework one day per week. Call Mr. Wilson 497-7134.

1 CAR POOLER WANTED

Depart Pembroke Meadows about 7:00 a.m. and depart Dam Neck at 4:00 p.m. Call Tom Young @497-3657 or Ray Zmuda at 497-4051.

FOR SALE

Extra-fine condition Bundy trumpet. Used 3 months. Includes carrying case and lyer. 499-2246

Sears Roebuck 8'x7' carpet. Beige, w/floral pattern 499-2246

7.5 Sears Outboard Engine. Includes engine caddy, gasoline tank with connecting hose & small quantity of oil and grease. 499-2246

Window screens to fit Dutch Colonial house of Pembroke/Shores area. 499-2246

BUSINESS ADS

Delta Construction Services. State Registered Contractor. New Homes, room additions, remodeling, porches, decks. 482-4449 John Froehler or 425-0562 Albert Viola.

Lowder Construction Company. Room additions, siding, roofing, wood decks. Free estimates. Financing arranged. 464-0900

Red Carpet/Bennett Realty. For all your real estate questions call your neighbors, Don or Ava Kaegi. Home 490-1048, Office 486-4300.

Pepper Pot Sandwich Shop. Located at Pembroke Meadows Shopping Center. Stop have lunch with us. Eat in - take out. Hours 9:00 a.m. - 9:00 p.m. 497-7701

CIVIC LEAGUE BOARD OF DIRECTORS THRU DEC. 1980

Pres.	Gary Romska - 497-6552
1st V. Pres.	Bob Brotman - 497-0565
2nd V. Pres.	Bill Connerat - 499-7893
3rd V. Pres.	Charles Russ - 497-5298
Membsp. Sec'y.	Bob St. Claire - 497-7389
Recd. Sec'y	Peggy Caverly - 490-0925
Corresp. Sec'y.	Sue Ott - 499-5043
Treasurer	Stanley Weisman - 499-1419
Newsletter Ed.	Donna Dickerson - 490-2621