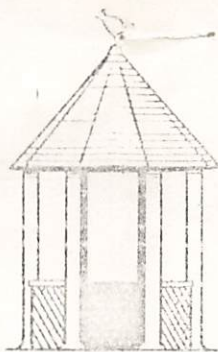


Pembroke Meadows Civic League



News Letter

Feb 77

Civic League Board of Directors:

Pres: Teri Mikulka 497-5856
1st. Vice Pres: Walt Schriefer
497-3818
2nd. Vice Pres: John Reimer 497-4702
3rd. Vice Pres: Steve Riley 497-1448
Dir. Rec. Center
Treas: Marty Walsh 499-0375
Rordg. Sect: Mary Lowder 497-5125
Corpsdg Sect: Jean Weber 499-6193
Fincl. Sect: Dick Lowman 499-6263
Immsd. Past Pres: Jim Willenbrink
497-2057
Social: Ann Williamson 499-3455
Bulitn. Brd: August Thennet 497-2066
Boat Ramp: Roger Bell 499-6988
Earl Davis 497-7208
Dir. Adandum: Mary Lowder 497-5125
Newsletter: Joanne Sibelius 497-1312

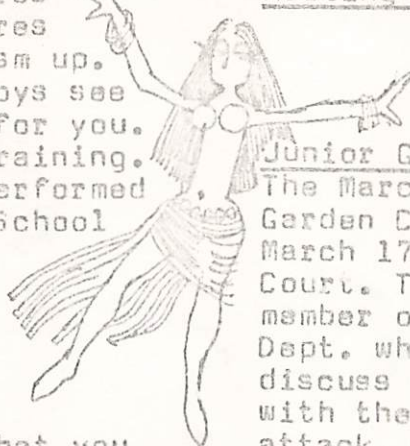
Any child who is anxious to mow
the lawn is too young to do it.

Dam Neck Orange Delight:

9 oz. container cool whip
1 med. size can crushed pineapple
drained.
1 can mandarin oranges, drained
1 small carton cottage cheese
1 small box orange jello
2 c. miniature marshmallows
Mix all ingredients till well moistened
pour into serving dish and chill
several hours.

Civic League Meeting:

Put away your ice skates and skis,
come learn to maintain your physical
fitness without being a jogging
traffic casualty. On the evening of
March 18, at our last meeting at
Atlantic Permanent Savings and Loan,
witness how the emancipated woman
of tropical and exotic cultures
keep their trim senuous figures
while keeping their metabolism up.
Wives, husbands, girls and boys see
what "belly dancing" can do for you.
Be prepared for on the job training.
This demonstration will be performed
by members of Miss Jasmynes School
of Dance.



Suggestions Appreciated:

Is your Civic League doing what you
want it to do? Are there any areas
that you would like to see your
community organization involved in,
that it is not at this time?
We would appreciate your suggestions
and comments. Present them at our
next Civic League meeting, or phone
or write one of the members of the
Civic League Board.

April and May Civic Lo. Meeting:

As of April 1, 1977, the Civic
League will no longer be able to
hold its meeting at Atlantic Perm.
Savings and Loan. Due to popular
request we are switching the meetings
to the 3rd. Thursday of the month,
and they will be held at Pembroke
Meadows Elementary School.
Meeting Dates: April 21 and May 19.

Junior Garden Club:

The March meeting of the Junior
Garden Club will be held on Thurs.
March 17th, 7:00p.m. at 4317 Temple
Court. The program will have a
member of the Virginia Beach Police
Dept. who will show a film and
discuss ways of avoiding and dealing
with the possibility of physical
attack. Because of the importance of
the program, members are invited to
bring their friends.
Elections for the 1977-78 officers
will be held on this night also. In
order to run for an office and/or
vote, your dues must be paid. Please
be prompt.

Aluminum Flower Classes:

Beginning Thursday April 7th.
Includes Flower Arranging instruct-
ions. For information call 499-6988.



Please Help:

Do you support the idea of people helping other people? You can help by preparing yourself through the training offered by the Protective Services Program of the Virginia Beach Department of Social Services to become a Volunteer Parent Aide. All it takes is a desire to help and willingness to give some of your time, patience, and understanding to another adult who may then be able to strengthen the family group. Children are the benefactors of the work of the Parent Aides. If you feel you could be a friend to a parent please call and at least let us give you the answers to some questions you may have- then apply to take the Parent Aide training.

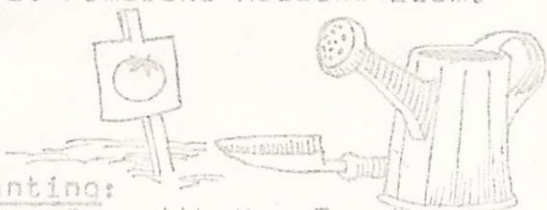
Ask for Dot Davis, Volunteer Services Coordinator at 427-4451.

Electric Blankets-An Energy Saver:

One of the most practical ways to cut down on home heating costs is to sleep under an automatic blanket. This permits you to turn your heating unit down during winter nights- thus saving expensive fuel. Average operating cost is approximately 3¢ a night. Heating consumes 58% of the total energy needed in the home. Next is the water heater which consumes 18%.

Courtesy Hardware:

We would like to express our appreciation to Courtesy Hardware for the use of their tiller. It was used to turn over and cultivate the second median strip and the new plantings at Pembroke Meadows Elem. School.



Spring Planting:

Dr. Borchers from the Va. Truck and Ornamental Sta. came to talk to the Jr. Garden Club about Gardening. If you are going to start a garden, now is the time to get your garden ready for planting. Plants like Peas, Radishes, and Swiss Chard are for early spring. If you want to have a successful garden then you might want to have your soil tested. If you bring your soil to the Truck Sta. on Diamond Springs Rd. they will test it. Then they will tell you what type of soil you have and how you can improve it. Now you are ready to plant.
Happy Gardening,

Baradith Lowder

Soil Testing:

The gardening season is rapidly approaching. Don't wait, most people wait until they are ready to plant and then decide to have the soil tested. Once your soil sample is received it will take approximately two weeks for you to find out the test results.

Taking a Soil Sample:

1. For ease in sampling, select a time when soil conditions are average--not too wet, dry or frozen.
2. Take a sample for every area that will be treated differently; example--lawn, veg. garden, shrubs, etc.
3. Take 6-10 representative samplings from each different area. Use a trowel, spade, auger, or shovel to take samples. Mix all samplings from each area together for a composite sample. One pint of soil is needed.
4. Obtain soil boxes and fact sheet from the Extension office or any Virginia Beach Library. We can only accept those samples, which are in soil boxes and accompanied with a fact sheet.

P.T.A. News:

April 9th is the date of the next P.T.A. meeting. At this time nominations will be presented for 1977-78 officers. Immediately after the short meeting will be the Pembroke Meadows Science Fair.

Ecos:

Curbside pickups include only bundled newspapers and magazines which should be placed curbside by 8 a.m. on the morning of the collection. March's pickups are on the 8th, and the 22nd.

Automobile Inspections:

A bill which would reduce automobile inspections in Virginia from twice to once a year is being introduced in the General Assembly. If you either support or oppose this bill, let your Assemblyman know by writing.



CIVIC LEAGUE OF PEMBROKE MEADOWS
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VIRGINIA BEACH, VIRGINIA 23455

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