

THE TRIBUTE

In honor of those who have
sacrificed to keep our country free.



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Jones & Cabacoy Veterans Care Center Tour



Several Hampton Roads Chapter of MOAA members enjoyed a tour of the Jones & Cabacoy Veterans Care Center located at 2641 Nimmo Parkway in Virginia Beach on July 1, 2026. The tour was arranged by Captain Jim Daniels, USN (Ret).

Operated by the Virginia Department of Veterans Services, the Jones & Cabacoy Veterans Care Center offers unparalleled short-term and long-term nursing care, rehabilitation and life-experiences exclusively for Virginia veterans. It is nestled on twenty-five beautiful wooded acres surrounded by walking trails and ponds in the Princess Anne community of Virginia Beach.

Care levels include skilled nursing and short-term rehabilitation, long-term care and Alzheimer's/dementia care.

The Center is one-story throughout and features eight 16-room households. Each household has a common living



Hampton Roads Chapter, Military
Officers Association of America

SEE JONES & CABACOY PAGE 15



Visit our website at www.hrcmoaa.org, to read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."

President's Message



Sincerely,

More sad news to report to our membership this month. Surviving spouse member Bette Hill passed away at the age of 99 on May 24, 2026. Bette was a regular attendee at our chapter luncheons and our annual Christmas Dinner Dance. She will be greatly missed at our chapter gatherings.

Included in this issue is a brief article about the Gold Star Families' Memorial Monument that has been chartered for Virginia Beach. We had a brief presentation at the start of the June luncheon by Virgil Hart and Terri Campbell to explain about Gold Star Mothers and Families and to explain about the memorial that is to be built in Virginia Beach to honor, remember and support Gold Star Families. Their full presentation is available for viewing on the chapter website.

We are halfway through the year and have had several very interesting speakers and programs. There are several pictures in this issue of The Tribute from our May and June luncheons. Upcoming events include our annual tri-chapter brunch with VIPMOAA and PACMOAA, hosted this year by HRCMOAA in the Magnolia

Room at Atlantic Shores. There is a flyer in this newsletter. Please be sure to RSVP so we can provide an accurate count ahead of time. And please remember, a reservation made is a reservation paid.

Thanks to Jim Daniels and Jim Smith for representing HRCMOAA at the Virginia Beach Memorial Day ceremony and wreath laying. A picture is included in this issue of The Tribute. Thanks also to Jim Daniels for coordinating a tour for chapter members of the Jones & Cabacoy Veterans Care Center on July 1st. Pictures of the tour are also included in this issue.

[SEE PRESIDENT'S MESSAGE PAGE 6](#)

HRCMOAA DIRECTORY

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Vacant

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Social Media Clicks



Military Officers Association of America (MOAA) •
July 8 at 3:06 PM · 🌐

It isn't often you get senior enlisted leaders from four military services in one conversation. Today's discussion explored leadership, readiness, recruiting, retention... See more



Military Officers Association of America (MOAA) •
June 26 at 4:31 PM · 🌐

President and CEO Lt. Gen. Brian T. Kelly, USAF (Ret), shares details on the Take Care of America's Veterans Act.



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Patriots Colony

"The People Make this Place Special"

Patriots Colony checked all the boxes for Rick and Wanda Sills — including the variety of amenities and active social scene. "We've made wonderful new friends."

Read their story, patriotscolony.com/sills.

Patriots Colony is a Riverside Health System active retirement community whose Independent Living is exclusive to former military officers, federal civil employees and their spouses or widow(ers). Enjoy a flexible dining plan, an enriching social and activities calendar while being close to all the culture of this historic area.

Schedule Your Personal Tour Today!
757-220-9000

PATRIOTS COLONY
At Williamsburg

patriotscolony.com



Thank you to our New & Renewing Chapter Members.

We appreciate our new members who have joined our chapter and our current members who have renewed their chapter membership, all listed below. If we missed anyone, please let our newsletter editor, Hans Juhl Hidle know at hansjuhlhidle@gmail.com and we'll be sure to include you in our next "Thank you" list.

New Members

Colonel J. Gary Casey, USA (Ret)
Captain Joe Delino, USN (Ret)

Renewals

CDR Anthony Bilski, USN (Ret)
LtCol Matt Dumenigo, USMC (Ret)

Every Member A Recruiter

If you know someone eligible for chapter membership as a regular member or surviving spouse, please bring them to a luncheon and encourage them to join our chapter.



UPCOMING Events

July Tri-Chapter Brunch

Sunday July 19th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Time: 10:00—13:00. Reservations required NLT 1200 hours Tuesday, July 14th, 2026. Please RSVP to Loren Heckelman: (757) 646-6448 (cell) or via e-mail at HRCMOAA@gmail.com. **Remember please, that a reservation made is a reservation paid.**

No Luncheon in August

September Luncheon

Friday September 18th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: TBA. Reservations required NLT 1200 hours Tuesday, September 15th 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at car-melk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

Activities in our Community May & June's Luncheons



Our May luncheon was our annual Surviving Spouse and Spouse Appreciation Luncheon. Musical entertainment was provided by Frank Cubillo, 'Frank sings Frank.



[SEE LUNCHEON PAGE 17](#)



President Message, cont.

We are working on programs and speakers for the remainder of this year's luncheons and plan to send out a post card with the upcoming events listed as we did before. November will be our Toys for Tots luncheon along with the annual meeting of the membership. There will be a report on the financial status of the chapter and an election of officers and board directors for the following two years. Please consider stepping up to offer your time and talent for our chapter. We still need a permanent Secretary and Treasurer on the Executive Board. This year's vacancies on the election slate include President, 1st Vice President, Secretary, Treasurer and two board positions – one of which is usually reserved for a surviving spouse member of the chapter. If you are interested in helping in one of our vacant positions or in any capacity at all, please contact Bert Ortiz or John McLaren.

Please check the website regularly for details on upcoming events and other valuable information of interest to our membership. Details are posted on the chapter website (www.hrcmoaa.org).

Loren Heckelman
CAPT, USN (Ret.)
Never Stop Serving

Virginia Beach Memorial Day 2026 Ceremony & Wreath Laying



Colonel Jim Smith, USA (Ret) and Captain Jim Daniels, USN (Ret) represented the Hampton Roads Chapter of MOAA at the May 25, 2026 Virginia Beach Memorial Day wreath laying ceremony.

Hosted by Virginia Beach Mayor Robert "Bobby" Dyer and the Mayor's Committee for Veterans, the ceremony honors those who "who gave their all," and features flyovers, 21-gun salute, reading of honored veteran names and remarks from distinguished guests.

HRCMOAA was one of dozens of military commands and organizations invited to bring wreaths to place during the formal ceremony on behalf of their organization.





2026 Tri-Chapter Brunch



The Portsmouth Area Chapter (PAC), Peninsula Chapter (VIP), and the Hampton Roads Chapter (HRC) of MOAA are hosting a brunch buffet in the Magnolia Room at Atlantic Shores Retirement Community, Virginia Beach, Sunday, July 19, 2026 from 1000–1300.

Atlantic Shores' address is 1200 Atlantic Shores Drive, Virginia Beach, VA 23454

Brunch Buffet includes:

Scrambled Eggs
Savory Breakfast Casserole
Bacon and Sausage
Hash Browns
Omelet Station
Waffle Station with Whipped Cream, Cherry Pie Filling, Syrup, Butter
Fresh Fruit Platter (Strawberries, Grapes, Cantaloupe, Honeydew, Pineapple)
Blueberry muffins
Caesar Salad
Chicken Salad Croissants
Pasta Salad
Coffee, Tea, Orange Juice, Apple Juice
Cash Bar will be available for additional beverages.

Casual Attire

Cost of brunch is \$40.00 per person which includes tax and gratuity.
Payment **at the door** with **cash or check** made out to HRCMOAA.

Reservations are required NLT noon on Tuesday, July 14, 2026
(include number coming, names, phone # and your parent chapter)
via email to HRCMOAA@gmail.com
or via phone to Loren Heckelman at 757-646-6448.

HRCMOAA must pay for the number of people registered.
A RESERVATION MADE IS A RESERVATION PAID!



Gold Star Families' Memorial Monument

At the chapter's June luncheon, there was a brief presentation about the initiative to build and install a Gold Star Families' Memorial Monument (GSFMM) in Virginia Beach. The monuments provide a place of permanence for Gold Star Families in Virginia Beach to gather in honoring the sacrifices which have been made for our freedom.

The goals of the Virginia Beach GSFMM committee are:

To ESTABLISH a space in Virginia Beach where Gold Star Families can come together and connect, thus strengthening Gold Star Family communities.

To EDUCATE Virginia Beach about Gold Star Families' enduring sacrifices and the ultimate sacrifice made by their Loved Ones.

To DEMONSTRATE to local Gold Star Families that Virginia Beach cares for them and appreciates their sacrifice while also honoring the ultimate sacrifice of their Loved Ones.

Fundraising goals are:

- \$30,000 by end of August 2026 to allow the memorial to be ordered.
- Additional \$30,000 by end of November 2026 to completely fund the memorial
- Remaining \$60,000 by end of March 2027 to fund construction and installation cost

The dedication ceremony is currently planned for 11 November 2027.

Future Home



Rendering of the GSFMM at the Tidewater Veterans Memorial

Contributions should be made payable to the Woody Williams Foundation or WWF, and Virginia Beach should be in the "Memo" or "Notes" section.

Mail payments to the Foundation headquarters at:

Woody Williams Foundation
12123 Shelbyville Rd Suite 100
Louisville, KY 402433.

The Foundation will send proper tax receipts and acknowledgments to donors who provide their addresses if requested.

The Foundation does not take credit card donations over the phone. There is a donation QR code in the copy of their presentation posted on the chapter website. Please note there is a 3.2% processing fee for using your credit card to make a donation.

The Gold Star Families' Memorial Monument will be installed near the Tidewater Veterans Memorial as shown in the below depiction:



Taps

The Hampton Roads Chapter is sad to report the passing of long-time chapter member Mrs. Rose E. “Bette” Hill on May 24, 2026 at the age of 99. Bette joined our chapter as a Surviving Spouse in 2020 and was a regular attendee at our chapter luncheons and annual Christmas Dinner Dance. Funeral services were held on Wednesday June 2nd at Star of The Sea church on Pacific Avenue and she will be buried at Arlington with her husband at a future date.





*Hampton Roads Council of
Veterans Organizations*

Requests the honor of your presence at the

Veterans Day Luncheon

11 November 2026 at 1200

(or immediately following the Memorial Ceremony)

at the

***Double Tree Hotel
1900 Pavilion Drive
Virginia Beach, Virginia***

Price: \$30.00 per person

RSVP by 16 October 2026*

HRCMOAA@gmail.com

Or via phone to Loren Heckelman at 757-646-6448

*Please make checks payable to:
Hampton Roads Council of Veterans Organizations*

Tickets must be presented at the door.

NOTE: Tickets will not be sold at the door. All tickets must be purchased in advance.

Projected Menu

***Chicken Marsala, Rice Pilaf, Vegetables, Garden Salad, Rolls, Chocolate Cake,
Coffee & Iced Tea***

********IMPORTANT NOTE********

No special meals – vegan/vegetarian/gluten free/etc. – will be available

****Cost increases to \$40 after 26 October 2026***

Seeking a Dedicated Treasurer—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of treasurer. This position ensures the financial health of our organization, helps with budgeting and reporting, and plays a key role in maintaining transparency.

If you have strong organizational skills, financial literacy, and a commitment to keeping our chapter thriving, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a dedicated team working toward shared goals.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong!

We're Looking for a Secretary—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of secretary. This position takes and shares meeting minutes, helps with event planning and support and keeps our records organized.

If you are organized, reliable and ready to make a difference for the chapter and our membership, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a mission-driven team supporting service members, veterans & families.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong and helping us serve those who've served!

SURVIVORS



Should You Have a LinkedIn Account?

Many of us use Facebook or email to stay connected, but another platform worth considering is LinkedIn. While other social media platforms are more focused on friends and family, LinkedIn is designed for professional connections, volunteering, and advocacy.

Here are some ways using LinkedIn benefit surviving spouses:

- **Stay connected [with MOAA](#) and others.** A simple profile lets you follow MOAA updates, connect with other surviving spouses, and stay up to date with military-related organizations. Staying connected matters, especially as a surviving spouse. Our community thrives on shared experiences, reliable information, and mutual support.
- **Share your story and advocacy.** If you're involved in legislation, volunteering, or raising awareness about surviving spouse issues, LinkedIn provides a way to reach policymakers, leaders, and allies who might not see posts elsewhere.
- **Show your ongoing contributions.** Many of us continue to teach, mentor, volunteer, or advocate well beyond our careers. LinkedIn helps highlight those efforts.

You don't need to be tech-savvy to use LinkedIn. Even a basic profile with your name, military connection, and a short sentence about your interests is enough to get started. You don't have to post regularly unless you want to.

Bottom line: If you are still active in volunteering, advocacy, or professional work, a LinkedIn account can be a valuable tool. If you prefer to stay private, that's fine, too, but know that LinkedIn is there if you'd like to amplify your voice and expand your connections.



Military ID Card Notification Program

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.

PLEASE PRINT LEGIBLY---PLEASE USE A SEPARATE FORM FOR EACH INDIVIDUAL
(Cut along dotted line)

.....

Name: _____ ID CARD EXPIRE _____
(Last, First, MI) (Day, Month, Year)

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE: _____ E-MAIL _____
(Include area code)

ALTERNATE CONTACT: _____
RELATIONSHIP _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE (include area code): _____
E-MAIL _____

Please notify me of my ID card expiration by:
Tel: _____ E-Mail _____ Mail _____

Signature and Date



Scholarship Fund Status as of June 30, 2026

We have completed our third year of the five-year campaign that will cover 2023 – 2027. Thank you to all who contributed and helped us exceed the annual goal. We are ahead of plan to meet the five-year goal of \$25,000.

HRCMOAA Scholarship Drive Status as of June 30, 2026	GOAL	<u>Amount Contributed</u>	<u>% of Goal</u>	<u>Need by Date</u>	<u>\$ Still Needed</u>
	Total 5-Year Goal: \$25,000	\$18,320.10	73.3%	12/31/2027	\$6,679.90
	Annual Goal for 2026 (Year 4 of 5): \$5,000	\$2,530.00	50.6%	12/31/2026	\$2,470.00

2026 Contributions

PLATINUM— \$500 and above

Elaine Tzavaras

GOLD— \$250 to \$499

Mr. Carl Carell

Clif Furedy

Loren Heckleman

Jack Hilgers

Roger Blood

SILVER— \$100 to \$249

Patricia McFadden

BRONZE— Under \$100

Mrs. Victoria Agbenu

The MOAA Scholarship Fund Board gives preference in awarding scholarships and grants to children with HRCMOAA member parents. While not guaranteed to go to the child of a chapter member, those children applying for MOAA scholarships with a parent who is a chapter member will receive favorable consideration and the review board will give preference in awarding scholarships to those children. Regardless of whether the student’s parent is a chapter member or not, students selected for the MOAA scholarships in the chapter’s name will always be from the area represented by our Hampton Roads Chapter.

How You Can Contribute to the Hampton Roads Chapter Scholarship Fund

The Hampton Roads Chapter has been very successful and fortunate in its previous two five-year scholarship fund campaigns thanks to the generosity of the chapter members and their commitment to helping young men and women attend college through scholarships and grants from MOAA. As a result of the success in the previous



FROM SCHOLARSHIP 2026 ON PAGE 13

two campaigns, the board decided to commission another five-year scholarship fund campaign to run from 2023 through 2027 with an annual goal in each year of \$5,000.00 and an overall five-year goal of \$25,000.00.

There are several ways you can donate to the HRCMOAA scholarship fund. All donations are tax deductible as the MOAA Scholarship Fund is a qualified IRS 501(c)(3) entity.

The first way is for members to submit their donations online by using the following website URL:
<https://charities.moaa.org>

The second way is to submit a check, made out to the MOAA Scholarship Fund and mail it to:

MOAA Scholarship Fund
P.O. Box 1824
Merrifield, VA 22116-9917

Important: Note on your check that it is for the Hampton Roads Chapter Scholarship Fund. MOAA will continue to send receipts to all contributors.

A third way is to make a Qualified Charitable Distribution. The fund tax identification number is 54-1659039. By contributing from the Required Minimum Distribution (RMD) of a qualified IRA, the taxable IRA income can be reduced by the amount of the contribution. The contribution check must be marked as a charitable contribution. With the recent changes in the tax laws, some of our members have found this method to be beneficial. You can make qualified charitable distributions (QCDs) of varying amounts to more than one charitable organization each year. IRA owners age 70 ½ or older can give up to \$100,000 a year directly from their IRA to qualified charities. But you can split that amount among multiple charities. Say you want to give a total of \$50,000 through the QCD move. You could give five charities \$10,000 each, for instance, or two charities \$25,000 each. Just tell your custodian which charities you want to support and how much to transfer directly from your IRA.

Not only will the charity benefit from the QCDs, but you will too. The QCD amount is excluded from your taxable income and can also count toward your annual required minimum distribution. It's a win-win-win. For additional details, it would be best to contact your IRA fund manager, personal financial planner or tax accountant for specifics.

You also may contribute directly from bequests, wills, or trusts. You can find suggested language here:
<https://www.moaa.org/content/about-moaa/scholarship-fund/scholarship-fund-planned-giving/>



FROM JONES & CABACOY PAGE

Jones & Cabacoy Veterans Care Center Tour, cont.

room, kitchenette and dayroom with access to an open courtyard. Every resident enjoys a spacious private room with restroom and walk-in shower.

Admission criteria are:

- Honorable discharge from the U.S. Armed Forces
- Virginia residency at the time of admission or entry into the Armed Forces from Virginia
- Meets medical requirements for nursing home care.

Admissions staff can provide complete details on the criteria for admission.

The Jones & Cabacoy Veterans Care Center accepts payment from private insurers, Medicare and Medicaid. It can also be self-paid. Most veterans also qualify for VA per-diem facility credit.



Old Dominion University Commissioning Ceremony



On 14 May 2026, MG (Ret) John McLaren presented Gold Bars and other commissioning rank to over 60 of the nations newest officers at the ODU joint commissioning ceremony.

Army, Marine Corps, Navy and Air Force Officers received their new ranks and joined the military members of the Active, National Guard and Reserve components.

For the first time medical professional officers were commissioned as Navy LT's, Navy LT(jg), and Air Force Captain.



FROM LUNCHEON PAGE 5

For our June chapter luncheon, our guest speaker was Captain Peggy Britton, U.S. Coast Guard. Captain Britton is the Commander, Coast Guard Sector Virginia. She leads 1,200 Coast Guardsmen and Auxiliary personnel, among three cutters, six small boat stations, three aid to navigation teams and a Sector Field Office conducting all Coast Guard missions in Virginia waters and offshore.

From the Editor

Hans Peter Juhl Hidle, LT USN (Ret.)

It's July and hot. I am glad we have stock in Dominion Energy so as at least we get some of the money back.

The World Cup in soccer, or football for the rest of the world, is almost over. As I am writing, the teams left are Argentina, England, France and Spain. It has been interesting to see the rest of the world's on our country. From what I can see, pretty much all are positive except for Iran's, which most likely has other explanations.

Our priorities has shifted in the Juhl Hidle family as our middle granddaughter was diagnosed with Type I Diabetes at 12 years old. She is getting world class quality care from the staff at CHKD that we are lucky to have in our area. Additionally, Gracie, our furbaby crossed the Rainbow bridge a couple of weeks ago after 18 1/2 years of dedicated service to our family.

Still haven't figured out what I am going to do when I go from Money Making to Meaning Making. If you want to contact me about my upcoming retirement or any other topic. My email is — hansjuhlhidle@gmail.com. I appreciate any and all feedback.

Sincerely, Hans





Chapter Membership or Renewal Application

Army • Marine Corps • Navy • Air Force • Space Force
Coast Guard • Public Health Service
National Oceanic and Atmospheric Administration

Join or Renew on-line: <https://bcsthome.net/hrcmoaa/join.shtml>

Mail to:
Hampton Roads Chapter MOAA
P.O. Box 4612
Virginia Beach, VA 23454-0612

NEW _____
RENEWAL _____

Regular Dues	Surviving Spouse Dues
1 Year: \$20.00	1 Year: \$10.00
2 Years: \$35.00	2 Years: \$17.00
3 Years: \$45.00	3 Years: \$23.00
Circle years & amount	

Make checks payable to **HRCMOAA**

Regular Member: Active, Reserve, Retired or Former Commissioned or Warrant Officer of the eight Uniformed Services.

Surviving Spouse: Survivor of any deceased individual who would, if living, be eligible for regular membership.

Please print (If renewing, enter only your name and information that has changed)

Date ____ / ____ / ____ Recruiter _____
MM DD YYYY

Name** _____, _____
Last First Middle or Initial

Grade _____ Service _____ Component _____
(Ex: USAR, USMCR, USAFR, USNR, ANG, ARNG)

Circle one
Status Active - Reserve - Retired - Former - Surviving Spouse Date of birth ____ / ____ / ____
MM DD YYYY

Service Dates ____ / ____ to ____ / ____ Retired Date ____ / ____ / ____
MM YY MM YY MM DD YYYY

Spouse's Name _____, _____
Last First Middle or Initial

E-mail address _____ Spouse's Date of birth ____ / ____ / ____
MM DD YYYY

Mailing Address _____
Number and Street

City _____ State _____ Zip code _____

Home Phone _____ Work Phone _____

Cell Phone _____

Member of National MOAA? Yes ___ No ___

If Yes, MOAA Number** _____ MOAA Life Member? Yes ___ No ___

Not a National MOAA member yet? Check here to receive a BASIC National Membership at no cost to you ___

Enclosed is \$ _____ in dues payment Signature _____

** Surviving spouse enter your Name and MOAA Number, where indicated.

[Click on the above form to renew online \(or print and mail\)](#)



Volunteers
NEEDED

