



THE TRIBUTE

The Bi-Monthly Newsletter of the Hampton Roads Chapter
Military Officers Association of America



Serving Chesapeake, Norfolk, and Virginia Beach since 1959

Email: hrcmoaa@gmail.com Website: www.hrcmoaa.org

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NEVER STOP SERVING

JAN & FEB Issue 2026

THE TRIBUTE

In honor of those who have sacrificed to keep our country free.



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Your New Newsletter is Here

As explained in the below info-graphic, we have switched to an electronic newsletter. See page 15 for the full info-graphic. As this is new, we are actively seeking your input to your new newsletter. Contact the editor, Hans at hansjuhlhidle@gmail.com.



 Hampton Roads Chapter, Military Officers Association of America



Visit our website at www.hrcmoaa.org, to read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."



President's Message

A big thank you for all who contributed to our scholarship fund and helped us exceed the annual goal for 2025. We are ahead of track heading into the fourth year of the five-year campaign. Thank you for your continued support of this campaign.

We wrapped up 2025 with the Surviving Spouse Tea at Princess Anne Country Club on Wednesday, December 3rd and our annual Christmas Dinner Dance at Atlantic Shores on Saturday, December 6th. Both events were enjoyable and successful. Thanks to those who attended and supported the chapter.

We are putting together the schedule of events for 2026 and working to bring informative and valuable presentations to the membership. Details are available on our chapter website (www.hrcmoaa.org). We will not be mailing post cards out to announce events so please watch for the email invitations and check the website regularly to stay up to date on planned events. We are also going to stop printing and mailing the chapter newsletter beginning this year. These cost saving measures will help us make the best use of the chapter's resources and hopefully help us get information to you quicker.

Congratulations to CDR John Uhrin and LCDR Chris Mayfield for having been re-elected at the November meeting to their board director positions. We still need a permanent Secretary and Treasurer on the Executive Board and we are always looking for new board directors and committee chairs/members. Please contact Bert Ortiz or me if interested in helping in these or any other capacity.

Sincerely,

Loren Heckelman
 CAPT, USN (Ret.)
Never Stop Serving

HRCMOAA DIRECTORY

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CAPT Loren Heckelman, USN (Ret.)

VICE PRESIDENT: (757) 482-1995
CDR Bert Ortiz, USN (Ret.)

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MG John McLaren, USA (Ret.)

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 Vacant

SECRETARY:
 Vacant

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LCDR Christopher Mayfield, USN (Ret.)

CDR John Uhrin, USN (Ret.)

Ms. Barbara Smith

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Ms. Carol Tippin (757) 495-3046

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 Vacant

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Captain Courtney Bauer, USMC (747) 250-6351

PERSONAL AFFAIRS
 Vacant

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Social Media Clicks



Military Officers Association of America (MOAA) 5 days ago · 🌐

Capt. April McClung, a nurse assigned to the 130th Airlift Wing, West Virginia Air National Guard, stepped in at a critical, life-saving moment to help deliver a baby i... See more



193 12 comments 13 shares

Military Officers Association of America (MOAA) January 5 at 3:42 PM · 🌐

Do you know a military kid working on their undergraduate degree? Make sure you learn about the MOAA Scholarship Fund which provides interest free loans and grants for ... See more



MOAA.ORG

How the MOAA Scholarship Fund Can Help You (Plus: Panel Discussion With Recent College Grads)

Military Officers Association of America (MOAA) December 30, 2025 at 4:46 PM · 🌐

What's on your reading list for 2026? Check out these great military history selections!



MOAA.ORG

New Year, New Reads: Greet 2026 With These Military History Selections

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"A Loving, Caring Community"

Jan Hogle's friends and neighbors at Patriots Colony have been a blessing to her. "The people here are amazing. With us all coming from a service-oriented life, there's a bond among us."



Schedule A Personal Tour Today!
 800-716-9000 patriotscolony.com



Patriots Colony is a Riverside Health System active retirement community whose Independent Living is exclusive to former military officers, federal civil employees and their spouses or widow(ers).



Thank you to our Renewing Chapter Members.

In order to ensure you know how much we appreciate our new members who have joined and our current members who have renewed their membership, we are starting a new practice of listing those members who have renewed since the last newsletter was published. Since this is our first time doing this, we've included new and renewing members going back several months. If we missed anyone, please let our newsletter editor, Hans Juhl Hidle know at (hansjuhlhidle@gmail.com) and we'll be sure to include you in our next "Thank you" list.

Renewals

Ms. Martha Gnika
Ms. Jane Hart
Ms. Betty Lehr
Ms. Kay Oldfield
Ms. Mary Anne Simmons
LCDR John Bowser, USN (Ret)
CDR Michael Bradley, USN (Ret)
CWO3 Kevin Bruner, USN (Ret)
Colonel Dennis Clancey, USMC (Ret)
Colonel Jeffrey Coleman, USAF (Ret)
Captain Kendall Cook, USN (Ret)
Captain Jim Daniels, USN (Ret)
Colonel William Davis, USMC (Ret)
CDR Thomas England, USN (Ret)
Captain Kevin Kearney, USN (Ret)
Colonel Larry King, USMC (Ret)
CWO4 Uwe Krumreich, USN (Ret)
CDR Raymond Machasick, USN (Ret)
Captain Ken Marks, USN (Ret)
MG John McLaren, USA (Ret)
CDR John Moore, USN (Ret)
Captain Charles Neihart, USN (Ret)
Captain Michael Nickelsburg, USN (Ret)
CDR William Pope, USN (Ret)
Captain Daniel Ries, USN (Ret)
CDR John Rooney, USN (Ret)
CDR Don Shafer, USN (Ret)
LCDR Robert Silva, USN (Ret)
Captain Carl Stein, USN (Ret)
CDR Quinton Tan, USN (Ret)
Colonel Thomas Thaler, USMC (Ret)
LCDR Walt Wesolowski, USN (Ret)
Captain Doug Williams, USN (Ret)
Colonel David Wittle, USMC (Ret)



UPCOMING Events

January Luncheon

January 23rd, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: Mr. Michael Harper, Associate Director of Operations, Hampton Veteran Affairs Health Care System. Reservations required NLT 1200 hours Tuesday, January 20th, 2026. Menu: Chicken Florentine or Flounder Rockefeller. Price: \$35.00 for members and guest and \$40.00 for non-members. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

February Luncheon

February 20th, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: Mr. Mark Perryman, President & Chief Executive Officer for the Norfolk Airport Authority at Norfolk International Airport. Reservations required NLT 1200 hours Tuesday, February 17th, 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via email at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

March Luncheon

March 20, 2026: Atlantic Shores—Magnolia Room Atlantic Shore Drive, Virginia Beach, VA 23454. Social—1100 hours and Lunch—1200 hours. Speaker: TBD. Reservations required NLT 1200 hours Tuesday, March 17th 2026. Please RSVP to Barb Smith: (757) 576-1114 (cell) or via e-mail at carmelk123@gmail.com. **Remember please, that a reservation made is a reservation paid.**

Activities in our Community

Old Dominion University Commissioning Ceremony



On 9 January 2026, MG John McLaren, USA (Ret) conducted the commissioning ceremony and presentation of Gold Bars from the Hampton Roads Chapter of MOAA to *Cadet Audrey Anikeef and Cadet Devin Serrano-Diaz* at Old Dominion University. The nations two newest Second Lieutenants were excited to begin their Army life and to serve our citizens. Both of their families were exceptionally proud of their respective accomplishments and their bright futures in service of the United States.



Activities in our Community, cont. HRC MOAA Christmas Dinner Dance

HRC MOAA Christmas Dinner Dance was held on Saturday, December 6, at Atlantic Shores. Dinner included a choice of three entrees and entertainment was provided by DJ Tom Boltz of Astro Entertainment.



Activities in our Community, cont. Norfolk State University Commissioning Ceremony

On 5 December 2025, MG John P. McLaren US Army (Ret) presented Gold Bars from the Hampton Roads MOAA Chapter to 2LT Diamonte N. Moore and 2LT Morgan A. Powell.

These two new Lieutenants have demonstrated leadership and have completed the degrees meeting the standard for commissioning in the Army. 2LT Moore will be assessed on active duty and 2LT Powell is assessed into US Army National Guard. They both join a long line of Soldiers from Norfolk State University since the programs start in 1964.



Activities in our Community, cont. HRC MOAA November Luncheon

HRCMOAA held its November Luncheon at Atlantic Shores and elections were held. Nominations were received by the Board and the following members volunteered and were elected unanimously by the members present for the 2026–2027 Officer & Directors (Two-year Term) slate.

There were no nominations from the floor for the two open Officer positions. Secretary Vacant Treasurer Vacant Director CDR John Uhrin, USN (Ret.) Director LCDR Chris Mayfield, USN (Ret.)

The Chapter also invited and had CPT Marcus Tate, Assistant Professor of Military Science Norfolk State University AROTC (Spartan Battalion), and two AROTC Cadets, Jones and Charles, from the Spartan Battalion in attendance.

The Chapter also collected for the USMC Toys for Tots annual drive for this year and collected both monetary and two full boxes of new and unwrapped toys which were later turned over to Marine representatives.

The guest speaker for this event was Col Joseph T. Buffamante, USMC, Director of Plans G5 for Marine Forces Command, Marine Forces Command North, and Fleet Marine Forces Atlantic, who provided an overview of the status of USMC forces throughout the world



Seeking a Dedicated Treasurer—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of treasurer. This position ensures the financial health of our organization, helps with budgeting and reporting, and plays a key role in maintaining transparency.

If you have strong organizational skills, financial literacy, and a commitment to keeping our chapter thriving, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a dedicated team working toward shared goals.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong!

We're Looking for a Secretary—Your Chapter Needs You

Our chapter is seeking a committed and detail-oriented individual to step into the crucial role of secretary. This position takes and shares meeting minutes, helps with event planning and support and keeps our records organized.

If you are organized, reliable and ready to make a difference for the chapter and our membership, we'd love to hear from you. Your contribution will make a significant impact, and you'll be joining a mission-driven team supporting service members, veterans & families.

For more details or to express interest, please reach out to chapter president, Loren Heckelman. We appreciate your support in keeping our chapter strong and helping us serve those who've served!

Forget Perfection: Progress Beats Resolutions

By Erin Cardinal
January 15th, 2026
MOAA Webpage

Does the annual hype of resolutions, the “word of the year,” and “Dry January” strike a nerve? If so, you're not alone. In fact, most resolutions fizzle by the second Friday in January, known as [“Quitter's Day.”](#) But here's the good news: You don't need a date on the calendar to start again.

As an executive coach, I love goal-setting and self-improvement. But this year was different: 2025 was intense and exciting for MOAA with the launch of the [TotalForce+ conference](#). I had the honor of leading content and programming for the event, a professional highlight that stretched me far beyond my comfort zone. It was exhilarating ... and exhausting.

I expected the holidays to bring a natural reset. They didn't. My cozy fireside goal-setting sessions failed more than once. But after some discernment and realignment, things finally fell into place — not on Jan. 1, but at the right time.

How about you? Is there something you need to address or realign to regain your sense of peace and purpose?

Here's the truth: New Year's Day isn't magic. If you weren't ready to set goals in late December, start now. Don't let one day define your year.

If you began strong, how's it going? Did Quitter's Day derail you? Remember: Progress beats perfection. Start again. Or start fresh.

And if you need some help getting going, join me Feb. 5 for [The Next 90: Reflect. Reset. Relaunch](#). This quarterly workshop is designed to help you pause, take stock of where you are, and create a clear, actionable plan for the next 90 days. It's about building momentum, staying accountable, and defining success on your own terms.

So, forget perfect. Keep going. Or start now. Progress beats resolutions every time. You've got this. And while you're at it, shift your focus to your blessings — the little ones and the big ones. Gratitude can reframe your perspective and fuel your next step forward.

By the way, my word for 2026 is “resolve” — chosen after a thoughtful process (with a little help from AI as a coaching tool). Curious about how artificial intelligence can support your career journey?



Military ID Card Notification Program

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.

PLEASE PRINT LEGIBLY---PLEASE USE A SEPARATE FORM FOR EACH INDIVIDUAL
(Cut along dotted line)

.....

Name: _____ ID CARD EXPIRE _____
(Last, First, MI) (Day, Month, Year)

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE: _____ E-MAIL _____
(Include area code)

ALTERNATE CONTACT: _____
RELATIONSHIP _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE (include area code): _____
E-MAIL _____

Please notify me of my ID card expiration by:
Tel: _____ E-Mail _____ Mail _____

Signature and Date



New Five-Year Scholarship Fund Campaign Update

We just completed our third year of the five-year campaign that will cover 2023 – 2027. Thank you to all who contributed and helped us exceed the annual goal. We are ahead of plan to meet the five-year goal of \$25,000.

HRCMOAA Scholarship Drive Status as of December 31, 2025	<u>GOAL</u>	<u>Amount Contributed</u>	<u>% of Goal</u>	<u>Need by Date</u>	<u>\$ Still Needed</u>
	Total 5-Year Goal: \$25,000	\$15,790.10	63.2%	12/31/2027	\$9,209.90
	Annual Goal for 2025 (Year 3 of 5): \$5,000	\$6,687.50	134%	12/31/2025	0

Year Three of our Five-Year Campaign from January 1, 2023 through December 31, 2027

2025 Contributions

PLATINUM— \$500 and above

Ms. Elaine Tzavaras, USN (Ret.)

CAPT Roger Blood, USN (Ret.)

CDR George Coker, USN (Ret.)

CAPT Stephen Nowak, USN (Ret.)

CDR Roberto Ortiz, USN (Ret.)

GOLD— \$250 to \$499

Major & Mrs. Clifton Furedy, USAF (Ret.)

CAPT Kenneth Marks, USN (Ret.)

CAPT Loren Heckelman, USN (Ret.)

CDR Robert Armour, USN (Ret.)

SILVER— \$100 to \$249

LT Reynaldo Ginete, USA (Ret.)

BRONZE— Under \$100

Colonel Charles Shaver, USA (Ret.)

Major General John McLaren, USA (Ret.)

Ms. Adriana Grillo

CAPT & Mrs. Jim Daniels, USN (Ret.)

The MOAA Scholarship Fund Board gives preference in awarding scholarships and grants to children with HRCMOAA member parents. While not guaranteed to go to the child of a chapter member, those children applying for MOAA scholarships with a parent who is a chapter member will receive favorable consideration and the review board will give preference in awarding scholarships to those children. Regardless of whether the student’s parent is a chapter member or not, students selected for the MOAA scholarships in the chapter’s name will always be from the area represented by our Hampton Roads Chapter.

How You Can Contribute to the Hampton Roads Chapter Scholarship Fund

The Hampton Roads Chapter has been very successful and fortunate in its previous two five-year scholarship fund campaigns thanks to the generosity of the chapter members and their commitment to helping young men and women attend college through scholarships and grants from MOAA. As a result of the success in the pre-

[SEE 2025 SCHOLARSHIP ON PAGE 12](#)



FROM SCHOLARSHIP 2025 ON PAGE 11

vious two campaigns, the board decided to commission another five-year scholarship fund campaign to run from 2023 through 2027 with an annual goal in each year of \$5,000.00 and an overall five-year goal of \$25,000.00.

There are several ways you can donate to the HRCMOAA scholarship fund. All donations are tax deductible as the MOAA Scholarship Fund is a qualified IRS 501(c)(3) entity.

The first way is for members to submit their donations online by using the following website URL:
<https://charities.moaa.org/>

The second way is to submit a check, made out to the MOAA Scholarship Fund and mail it to:

MOAA Scholarship Fund
P.O. Box 1824
Merrifield, VA 22116-9917

Important: Note on your check that it is for the Hampton Roads Chapter Scholarship Fund. MOAA will continue to send receipts to all contributors.

A third way is to make a Qualified Charitable Distribution. The fund tax identification number is 54-1659039. By contributing from the Required Minimum Distribution (RMD) of a qualified IRA, the taxable IRA income can be reduced by the amount of the contribution. The contribution check must be marked as a charitable contribution. With the recent changes in the tax laws, some of our members have found this method to be beneficial. You can make qualified charitable distributions (QCDs) of varying amounts to more than one charitable organization each year. IRA owners age 70 ½ or older can give up to \$100,000 a year directly from their IRA to qualified charities. But you can split that amount among multiple charities. Say you want to give a total of \$50,000 through the QCD move. You could give five charities \$10,000 each, for instance, or two charities \$25,000 each. Just tell your custodian which charities you want to support and how much to transfer directly from your IRA.

Not only will the charity benefit from the QCDs, but you will too. The QCD amount is excluded from your taxable income and can also count toward your annual required minimum distribution. It's a win-win-win. For additional details, it would be best to contact your IRA fund manager, personal financial planner or tax accountant for specifics.

You also may contribute directly from bequests, wills, or trusts. You can find suggested language here:
<https://www.moaa.org/content/about-moaa/scholarship-fund/scholarship-fund-planned-giving/>

Old Dominion Honor Flight Mission #10

Old Dominion Honor Flight is a non-profit organization created solely to honor America's veterans for all their sacrifices. Their mission is to transport America's Veterans to Washington D.C. to visit those memorials built to honor their sacrifice and service.

The program is operated by volunteer-driven, non-profit organizations across the Southeastern Region of Virginia that cover all travel costs. Eligibility is open to veterans who served during the eras of the Korean War, the Vietnam War, and the War on Terror or any veteran with a terminal illness. Priority is given to the oldest and those who are terminally ill.

The Honor Flight Network serves over 22,000 veterans each year and is comprised of 125 independent Hubs working together in furtherance of the Honor Flight mission. The common goal is to show our nation's veterans the appreciation and honor they deserve. Participation in an Honor Flight trip gives veterans the opportunity to share this momentous occasion with other comrades, to remember friends.

Hampton Roads Chapter Military Officers Association of America (HRCMOAA) has been supporting Honor Flight for over fourteen years. HRCMOAA has coordinated participation with local high school JNROTC students and University Army/Navy ROTC Units rendering honors during an early morning (5am) departure ceremony.

The next Honor Flight mission is scheduled for Saturday 18 April 2026. Departure point will be at The Mariners' Museum in Newport News, Virginia. Participants, Veterans and guardians assemble at approximately 5am. Those desiring to participate as a veteran or guardian can fill out an application found on the following website <https://olddominionhonorflight.org>. Please select Apply Now for further information.

See the next two pages for details on details for the next mission.





**OLD DOMINION HONOR FLIGHT
PRESENTS**



APRIL 18, 2026

**VETERANS OF WORLD WAR II,
KOREA, AND VIETNAM**

Old Dominion Honor Flight is a non-profit organization created solely to honor America's veterans for all their sacrifices. Old Dominion Honor Flight of Virginia serves the Richmond area and Southeastern Virginia to include the Outer Banks and Northeast North Carolina.

We transport our heroes to Washington, D.C. to visit and reflect at their memorials.

FOR MORE INFORMATION AND TO APPLY VISIT:

[HTTPS://OLDDOMINIONHONORFLIGHT.ORG/APPLY-NOW/](https://olddominionhonorflight.org/apply-now/)

E-Mail: info@olddominionhonorflight.org





Guardians NEEDED!

Old Dominion Honor Flight
Mission 10: April 18, 2026

Interested in volunteering?

Guardians are individuals who accompany a Veteran on their trip to Washington, D.C. for the day. Guardians can be family members or friends, except spouses.

If you are traveling with a veteran who meets the eligibility dates, use this application and be sure to reference the veteran you will be escorting.

Guardians are requested to donate \$150.00 to help in covering a portion of their participation in this celebratory trip

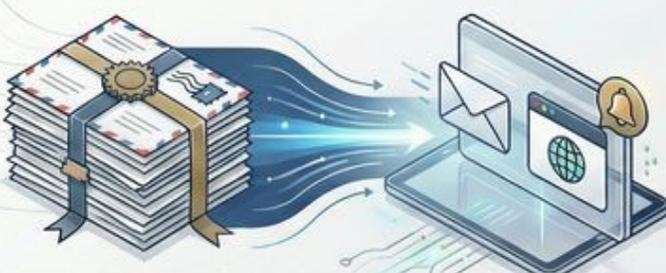
<https://olddominionhonorflight.org/apply-now/>



[FROM NEW NEWSLETTER PAGE 1](#)

Adapting for the Future: A Veterans' Chapter's Strategic Shift

Modernizing Chapter Operations



Costly Print Mailings
Deemed a "Big Burden" on Chapter Resources.
Significant costs and volunteer labor are unsustainable with declining revenue and participation.

300
Facing Declining Engagement:
With membership under 300, low event attendance and pending non-renewals are key concerns.

Shift to Digital Communication
85-91% of Members Support Shift
A member survey prompted the transition from costly print to email and web notifications.

Advocating for the Military Community



Key Legislative Priorities for 2025-2026:
The chapter is actively focused on advocacy at both the national and state levels.

National (2025) Priorities	Virginia (2026) Initiatives
<ul style="list-style-type: none">  Incentivize Military Spouse Hiring  Improve Unaccompanied Housing  End the Wait for Toxic-Exposed Veterans 	<ul style="list-style-type: none">  Prohibit "Claim Shark" companies  Establish a Veteran Textbook Support Grant  Expand Military Retirement Income Tax Subtraction

© NotebookLM

"The legacy you leave is the life you lead." -- Unknown

By Gail Joyce, MOAA.
MOAA Webpage

As spouses and survivors of those who have served and defended our freedoms and our country, we play a vital role. We have very interesting and unique stories to tell.

Sharing your legacy – telling your story – will contribute to a more realistic narrative about life in the military and what it means to be a military spouse. It will better describe the roles we as military spouses and survivors have played. We have demonstrated leadership, strength, flexibility, dependability, and determination.

Over the years, whether our spouse was on active duty or retired, we have worked alongside, in front, and behind. We are often recognized as the unsung heroes of the military establishment.

How do you begin to write about your legacy? First, decide how you want to tell your story: It can be an essay, a video, a recording, a letter, a blog, or a combination of different methods.

Next, decide on your audience: Family? Friends? Colleagues? Community? Of course, you can always produce several versions, depending on your audience and method.

Our stories – our legacy – can demonstrate the unique experiences and challenges we faced when married to a servicemember. These stories provide a personal perspective on military life as we know it. They showcase the many challenges of frequent moves, deployments, and how it all can affect our families, especially our children.

When writing your story, share the experiences that will educate your readers and create understanding about the different challenges you encountered. Share lessons learned along with any failures ... and successes! Also share stories about special relationships, the numerous moves and major choices you made.

[SEE LEGACY ON PAGE 10](#)



FROM LEGACY ON PAGE 15

Your stories will be celebrated, cherished, and appreciated by

your family, friends, and colleagues.

Many stories will turn out to be shared experiences. I travel a lot and talk to MOAA chapters and other military-associated groups where I always tell my story. As I talk about the frequent moves, my constant job changes, making furniture fit, the quarters assigned, and the undesirable locations, I always see a lot of heads nodding “Yes, I know!” right along with me.

And then I hear from other military spouses and survivors – different stories, unique experiences, and outcomes with lessons to be learned.

During the military life we have shared with our spouses, we have demonstrated dedication, unwavering support, resilience, sacrifice, solidarity, and courage through many deployments and relocations. Make your story real: Write about what happened and when, and how your feelings are associated with specific events and milestones. Your story has the power to inspire, connect, and endure.

For example, through my talks and shared memories of my husband, Larry, and my son, Casey, I talk about my struggles and small victories, and I find others who can share and relate with my experiences. People often tell me that they remember my story long after I shared it.

Writing a legacy as a military spouse or survivor involves meaningful reflection about your experiences, values, and contributions. Our stories matter, and they need to be told. As Maya Angelou said, “Your legacy is every life you have touched.” Start writing your story today!

From the Editor

Hans Peter Juhl Hidle, LT USN (Ret.)

Welcome to the new Electronic edition of our newsletter. We going venturing forward into new territory.



Yes, for some of you that means firing up ye ole computer and logging onto your email account. Don't have one, get one. Catch up with buddies from long time ago. Secondly, it is expensive to print the newsletters, which is why we decided to curtail the printed version. As part of that, I no longer have to drive across town to pick up the printed versions and take them to mailing place and stop by Mr. Furedy for the address labels. See the info-graphic on page 1 and 15 for more information of where we are going.

With the new updated newsletter, we also have an opportunity to change the newsletter. We are no longer tied to a multiple of 4 pages for printing. As a consequence of that, I allowed more white space on each page to allow for “breathing room” between items.

I would like your input on what you would like to see in the newsletter. Do we want to links to community activities coming up that interests members. Almost included a LEGO building event on 31 January, why, because with three grand-daughters 13, 11 and 9 it is very much an item of interest for me. Let me know. My email is

— hansjuhlhidle@gmail.com.

Sincerely, Hans





Chapter Membership or Renewal Application

Army • Marine Corps • Navy • Air Force • Space Force • Coast Guard • Public Health Service
National Oceanic and Atmospheric Administration
Join or Renew on-line: www.hrcmoaa.org/join.shtml

Hampton Roads Chapter MOAA
P.O. Box 4612
Virginia Beach, VA 23454-0612

Make checks payable to HRCMOAA

Regular Dues

1 Year: \$20.00
2 Years: \$35.00
3 Years: \$45.00

NEW
RENEWAL
Circle years & amount

Surviving Spouse Dues

1 Year: \$10.00
2 Years: \$17.00
3 Years: \$23.00

Regular Member: Active, Reserve, Retired or Former Commissioned or Warrant Officer of the eight Uniformed Services.

Surviving Spouse: Survivor of any deceased individual who would, if living, be eligible for regular membership.

Please print (If renewing, enter only your name and information that has changed)

Date MM/DD/YYYY Recruiter

Name** Last, First Middle or Initial Date of birth MM/DD/YYYY

Grade Service Component (Ex: USAR, USMCR, USAFR, USNR, ANG, ARNG)

Status Active - Reserve - Retired - Former - Surviving Spouse Service Dates MM/YY to MM/YY Retired Date MM/DD/YYYY

Spouse's Name Last, First Middle or Initial

E-mail address Spouse's Date of birth MM/DD/YYYY

Mailing Address Number and Street City State Zip code

Home Phone Work Phone Cell Phone

Member of National MOAA? Yes No If Yes, MOAA Number** MOAA Life Member? Yes No

Not a National MOAA member yet? Check here to receive a BASIC National Membership at no cost to you

Enclosed is \$ in dues payment

** Surviving spouse enter your Name and MOAA Number, where indicated.

Signature

Click on the above form to renew online (or print and mail)



Volunteers
NEEDED

