



# THE TRIBUTE

The Bi-Monthly Newsletter of the Hampton Roads Chapter  
Military Officers Association of America  
A MOAA Five Star Level of Excellence Chapter Since 2004. A Winner Printed  
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www.hrcmoaa.org

VOL 46-NO 1

## NEVER STOP SERVING

February 2022

### THE TRIBUTE

In honor of those who have sacrificed to keep our country free.



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Hampton Roads Chapter, Military Officers Association of America

### Legislative Affairs Update: February 2022

By: CDR Linc Smith, USNR (Ret) - Legislative Affairs Committee Chair



With the 117th United States Congress in session, HRCMOAA Legislative Affairs advocacy is haze grey and underway. The focus of this Federal level Legislative Affairs update is twofold. First, present MOAA's Legislative Goals for 2022. Second, spotlight recent advance advocacy of MOAA Legislative Affairs Goals for 2022.

#### MOAA Priorities 2022

MOAA's Legislative Goals for 2022 are as follows:

- Sustain pay raises and adequate BAH for the troops and COLA raises for retirees.
- Ensure the Coast Guard, National Oceanic and Atmospheric Administration, and Public Health Service continue to receive pay during a government shutdown.

SEE LEGISLATIVE CONTINUED ON PAGE 5



Visit our website at [www.hrcmoaa.org](http://www.hrcmoaa.org), read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."

## President's Message





Fellow Officers and Spouses,

Happy New Year! I hope all of you and your families have remained healthy throughout the pandemic and the past two very interesting and challenging years. Thank you to those who attended the Christmas dinner dance at Atlantic Shores. It was a great evening of camaraderie with good food, music and dancing.

Once again, the current board of officers and directors has been extended in place for another year. We did solicit volunteers to join the board but there were no takers. Many of the current board members have served for a decade or more. As previously mentioned in an earlier note, the board has decided to undertake a strategic review of the chapter's board structure and engagement to determine what we can continue to sustain without the assistance of additional volunteers on the board. A timeline has been established and the committee will be making interim reports to the board and chapter membership either in person at future luncheons or via email and on the chapter website if we are not able to meet in person.

Despite the constrained schedule of events for the second year in a row, the chapter closed out 2021 with a strong financial position. We continue to be concerned with the decline in chapter member numbers as member dues are our primary source of income. Sustaining current membership and bringing aboard new members are both critical to sustaining our chapter and continuing to offer the luncheons, printed newsletter and other benefits of chapter membership. Each year at the end of December, a number of memberships expire and we urgently need those expiring members to renew with us to help keep our numbers up. To help us with our membership efforts, we ask that you invite your friends and neighbors who are eligible for MOAA membership to visit our website or one of our events (once they start up again) to see what we offer. In addition, please share your Tribute newsletter with potential members in your neighborhood and other organizations you participate in. The best recruiters of new members are our current members and the best way to get a new member is through a personal contact. We need your help to grow and sustain our membership numbers and you can help by bringing neighbors and friends who are eligible for membership to

SEE **PRESIDENT** CONTINUED ON PAGE 3

<b>HRCMOAA DIRECTORY</b>		
 PRESIDENT: 646-6448 <b>CAPT Loren Heckelman, USN (ret)</b>	FIRST VP: 482-1995 <b>CDR Bert Ortiz, USN (ret)</b>	 SECOND VP: 708-5229 <b>Andy Baan, CAPT, USN (ret)</b>
SECRETARY: 910-554-8575 <b>LtCol Matt Dumenigo, USMC</b>	TREASURER: 233-7218 <b>CAPT Doug Williams, USN (ret)</b>	PAST PRESIDENT: 495-3611 <b>MG John McLaren, USA (ret)</b>
<u>DIRECTORS</u>		
<b>Barbara Smith</b> <b>CAPT Mike "Breeze" Barea, USN (ret)</b>	<b>COL James Edge, USA (ret)</b> <b>CDR John Uhrin, USN (ret)</b>	<b>Col Larry King "Live", USMC (ret)</b> <b>LCDR Jeff Barrett, USN (ret)</b>
<u>COMMITTEES</u>		
PROGRAMS: 482-1995 <b>CDR Bert Ortiz, USN (ret)</b>	VCOG REP: 237-3611 <b>MG John McLaren, USA (ret)</b>	LEGISLATIVE AFFAIRS: 406-2949 <b>CDR Linc Smith, USN (ret)</b>
PERSONAL AFFAIRS 646-6448 Vacant	MEMBERSHIP: 650-1086 <b>Col Larry King, USMC (ret)</b>	EDITOR/PUBLICITY: 618-6945 <b>LCDR Aaron Zielinski, USN (fmr)</b>
COMMUNITY AFFAIRS: Vacant	INFO SYSTEMS: 490-5792 <b>Maj Clifton G. Furedy, USAF (ret)</b>	WEBMASTER: 490-5792 <b>Maj Clifton G. Furedy, USAF (ret)</b>
TRANSITION LIAISON: 646-6448 <b>CAPT Loren Heckelman, USN (ret)</b>	ACTIVE DUTY LIAISON: 760-213-0936 <b>LtCol Adam Winslow, USMC</b>	ID CARD NOTIFICATION: 375-3973 <b>CAPT Jim Daniels, USN (ret)</b>
ASST LEGISLATIVE AFFAIRS: 754-1667 <b>COL Jack Hilgers, USMC (ret)</b>	SURVIVING SPOUSES LIAISON: <b>Barbara Smith</b>	4th DIST CONGRESS LIAISON: 406-2949 <b>CDR Linc Smith, USN (ret)</b>



**PRESIDENT FROM PAGE 2**

one of our events and introduce them to the chapter. The best way to get someone to join our chapter is for you – our current members – to invite them.

If you haven't been on the chapter website recently, please go take a look at [www.hrcmoaa.org](http://www.hrcmoaa.org). We work hard to keep it current and to provide valuable information on a variety of topics to our membership.

Thank you for your support of our chapter. Never stop serving!

Sincerely, *Loren Heckelman*  
Captain, USN (Ret.)

**Reminder — Time to renew Chapter Dues**

If you haven't renewed your dues for 2022, please remember that they expired on 31 December 2021. We encourage you to renew for three years as it's the best deal and helps the chapter!

Dues for 2022 remain unchanged from last year:

\$20.00 for Regular Members (\$35 for 2-yr, \$45 for 3-yr)

\$10.00 for Surviving Spouse (\$17 for 2-yr, \$23 for 3-yr)

**Dues are payable by:**

Completing and mailing the form on Page 11, with payment, or

Visiting the MOAA website  
<https://chapterdues.moaa.org/Membership.aspx>

*Social Media Clicks*



**Twitter**



MOAA @MilitaryOfficer · Feb 1

A bipartisan effort is underway to make Gold Star Families Day a federal holiday.



militarytimes.com

Gold Star Families Day would be celebrated each September under ne...  
The last Monday in September would be set aside to recongize and honor those families' sacrifices.

5



2



**Facebook**



Military Officers Association of America (MOAA)

February 14 at 1:14 PM

"It appears increasingly likely this situation is heading toward active conflict."



MILITARY.COM

US Soldiers in Ukraine Pulling Out Amid Warnings of Imminent Russian Invasion

20

4 Comments 6 Shares

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## Surviving Spouse Corner: End-of-Life Documents

*Barbara Ann Bowman, MOAA Surviving Spouse Advisory Council*

Most people would list among end-of-life documents a will, a trust, an advance directive, a DNR (do not resuscitate) order, and a durable power of attorney. But the list of documents that deal with end-of-life issues is much longer. Deeds to real property, beneficiary declaration for life insurance, and the signature card to a bank account are all end-of-life documents. They determine who gets what and through which legal procedure when someone dies.

Fortunately, checklists to help create an end-of-life plan are available through a number of trustworthy organizations. Among them:

MOAA's [Help Your Survivors Now: A Guide to Planning Ahead](#)

VA's [Planning Your Legacy](#)

Military.com's [Military Retiree Survivor Checklist](#)

State Bar Association articles and forms

Research these resources, pick a checklist, or create one of your own. Gather legal documents you already have, including will, trust documents, health care directives, powers of attorney, beneficiary designations, asset inventory, deeds, military papers, instructions to access digital accounts, and contact information for family.

Consult professionals — lawyer, accountant, insurance agent, financial advisor — to help put together the plan, and then review, update, redraft, and re-execute documents, lists, and paperwork when needed.

At least once a year, review and update the plan. Have circumstances changed? Do the documents do what they are intended to do? Have state or federal laws affecting any of these documents changed? Are lists of assets current? Are titles to real estate, bank accounts, and vehicles correct? Are beneficiary designations still good?

Discuss your plan with those who hold health care proxy, powers of attorney, and other authority over your person and property. Put documents in a safe place, yet where they can be accessed by those in whom you have placed trust.

Be proactive. End-of-life documents are in reality life's documents. Deal with them now.

This and more Surviving Spouse Corner articles can be found at the MOAA website:

<https://www.moaa.org/content/about-moaa/meet-our-leaders/surviving-spouse-advisory-committee/surviving-spouse-corner/>

## SEEKING NEWSLETTER EDITOR TO WORK WITH 2022 BOARD OF DIRECTORS

*By LCDR Aaron Zielinski, USN (fmr)*



The Hampton Roads Chapter has delivered an award winning newsletter to our members for many years. An annual recipient of MOAA's Colonel Marvin J. Harris Communications Award, our chapter has been recognized for its outstanding job communicating with our members and community through both the newsletter and website. In 2015, long-time newsletter editor CDR John Vermillion, USN (ret) handed me the reigns. Over the past seven years, I have had the pleasure of working with our Board of Directors to provide timely, important, and interesting chapter content to all of our members.

I'm extremely fortunate to have burgeoning career and family obligations and I am looking for the chapter's next newsletter editor. We publish the chapter newsletter, The Tribute, six times a year and it is one of the chapter's main instruments for keeping our membership up to date with news, upcoming chapter events, legislative updates, career transition advice, community affairs, and many other topics. Just like we are in need of volunteers to serve on the Chapter's Board of Directors, we are in need of the next Newsletter Editor. No need to be a publishing expert. If you have basic computer skills, you're well equipped to succeed! This veterans organization's lifeblood is its volunteers. This is a great opportunity to contribute to the veterans of the Hampton Roads community. If interested, please e-mail or call Aaron Zielinski at [hrcmoaa@gmail.com](mailto:hrcmoaa@gmail.com) or (757) 618-6945.



**LEGISLATIVE FROM PAGE 1**

- Protect the value of the military health care benefit.
- Protect the Military Health System pharmacy benefit, and achieve flexibility in TRICARE pharmacy copays.
- Address barriers to accessing care within the MHS, including TRICARE coverage gaps and mental health care access challenges.
- Protect family support programs, and ensure military-provided services (housing, PCS, child care, youth programs, financial counseling) are readily available and meet standards for quality and costs.
- Achieve equity of benefits, protections, and administrative support for Guard/Reserve members consistent with their active-duty counterparts.
- Sustain Veterans Health Administration (VHA) foundational missions and services.
- Reform the presumptive process to support veterans claiming service-connected disabilities for toxic exposures.
- Achieve concurrent receipt of service-earned retirement pay and VA disability pay.
- Protect full military honors and burial at Arlington National Cemetery for those currently eligible.
- Improve survivors' benefits.
- Support a quality transition experience from active duty to veteran status for all servicemembers.
- Recognize the pandemic continues to affect the lives of our servicemembers.

**Advocacy with Office of U.S. Senator Tim Kaine (D VA)**

Via the Virtual Zoom meeting platform, I previewed the MOAA Legislative Goals 2022 with the Office of Senator Tim Kaine (D VA), 21 January 2022. Meeting participants were Regional Director Diane Kaufman, Military Outreach Coordinator Janet Lomax (pictured below) and National Security Legislative Correspondent Ausan Al-Eryani. The session included interactive question and answer dialogue.

Many thanks to Military Outreach Coordinator Janet Lomax for her teaming and coordination for our preview of the MOAA Legislative Affairs Goals 2022. In brief review, Senator Kaine's Committee assignments include the Senate Armed Services Committee, Chairman of the Armed Services Readiness Subcommittee. We look forward to advocating MOAA Legislative Affairs priorities with Senator Kaine's Office and the entire Virginia Delegation throughout 2022.

**Take Action**

This year, make your voice heard and click the Take Action Center on the MOAA Homepage at: [Meet MOAA's New Legislative Action Center](#). Our Virginia Veterans are depending on our ongoing advocacy. In concert, our Virginia Delegation seeks us as a trusted source for sound legislative advocacy, which remains at the centerpiece of both the MOAA and Chapter mission.





### Hampton Roads MOAA Support to ROTC During the Pandemic

MG John McLaren, USA (ret)

The COVID epidemic that started in the early spring of 2020 has had a lasting impact on everyone in the United States. It surely impacted the Hampton Roads Chapter of MOAA in our efforts to support and show appreciation to Army, Navy, Marine Corps ROTC Graduates during their commissioning and leadership recognition in service to their universities. In addition, our chapter supports yearly recognition of ten area high school Junior ROTC programs with MOAA leadership medals.

COVID was not going to stop us from continuation of support the Hampton Roads area ROTC's Cadets. Dedicated young people still needed appropriate recognition! The question was: "How to accomplish the mission." Close coordination with leaders at the universities and high schools allowed our chapter to perform the safe drop off leadership medals to Senior and Junior ROTC Cadets and graduates. That same methodology was applied to the presentation to the universities of gold bars and letters of congratulations for newly commissioned Army and Marine Corps Lieutenants and Naval Ensigns. Presentations were accomplished by ZOOM, with a Hampton Roads Chapter member in attendance and able to provide hearty congratulations to each deserving Cadet.

In our chapter's view each cadet, at all levels, deserves recognition for their hard work and future service to the Nation.



## Our New Neighbors Quickly Became Friends

Although Sharon and Boyd Nix can easily rattle off a list of what they love about living at Patriots Colony, the friendships they have made has meant the most.

Enjoy

- ★ Fine dining options at every meal
- ★ Social and cultural activities calendar
- ★ Fitness center with an indoor heated saltwater pool



Schedule a Personal Tour Today  
757-220-9000 | PatriotsColony.com

Patriots Colony is a Riverside Health System active retirement community whose Independent Living is exclusive to former military officers, federal civil employees and their spouses or widow(ers).

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**Military ID Card Notification Program**

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

**Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.**

**CAREER CORNER**

Once you transition from active duty, we want you to stay in our community and chapter. Don't wait until the last minute to start networking, learning about transition, and talking with recruiters at career fairs.



Join the HRCMOAA on LinkedIn at: <https://www.linkedin.com/groups/5047678/>



MOAA Career Networking <https://www.linkedin.com/groups/164686/>

Here is a list of local military career fairs and networking opportunities:

**March 10, 2022**

Military X Virtual Job Fair - Norfolk, VA (11:00am to 2:00pm)  
[https://www.militaryx.com/seeker/Norfolk-career-fair/26371?utm\\_campaign=google\\_jobs\\_apply&utm\\_source=google\\_jobs\\_apply&utm\\_medium=organic](https://www.militaryx.com/seeker/Norfolk-career-fair/26371?utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic)

**June 28, 2022**

Military X Virtual Job Fair - Virginia Beach, VA (11:00am to 2:00pm)  
[https://www.militaryx.com/seeker/Virginia-Beach-career-fair/26435?utm\\_campaign=google\\_jobs\\_apply&utm\\_source=google\\_jobs\\_apply&utm\\_medium=organic](https://www.militaryx.com/seeker/Virginia-Beach-career-fair/26435?utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic)

**July 21, 2022**

Recruit Military - Hampton, VA (11:00am to 3:00pm)  
<https://success.recruitmilitary.com/events/hampton-veterans-job-fair-july-21-2022>

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(Last, First, MI) (Day, Month, Year)

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CITY, STATE, ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ E-MAIL \_\_\_\_\_  
(Include area code)

ALTERNATE CONTACT: \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ E-MAIL \_\_\_\_\_  
(Include area code)

Please notify me of my ID card expiration by: Tel: \_\_\_\_\_ E-Mail \_\_\_\_\_ Mail \_\_\_\_\_

Signature and Date \_\_\_\_\_



### Chapter Membership Update

COL Larry King "LIVE", USMC (ret)

Hampton Roads Chapter, Military Officers Association of America Constitution and By-laws it states our purpose as follows:

- To inculcate and stimulate love of our Country and our Flag.
- To defend the honor, and integrity of, and to support our National Government and the Constitution of the United States.
- To advocate military forces adequate to the defense of our country, and to oppose any influence whatever that would be calculated to weaken the national security.
- To aid active and retired personnel of the uniformed services, their dependents, and survivors, in every proper and legitimate manner, and
- To create harmony and a spirit of camaraderie among all officers of the uniformed services of the United States and to accomplish these aims through an organized program of social and fraternal activities.

One of the changes organizations like ours is experiencing is the waning desire to belong to organizations that require membership. With the advent of virtual events for teaching school, medical appointments, and organizational meetings people have lost their desire to meet in-person and to remain affiliated with traditional organizations. This lack of participation or involvement is detrimental to the future existence and sustainment of organizations like HRCMOAA.

#### Why Join MOAA and Hampton Roads Chapter

Veterans' organizations such as MOAA are the leading associations protecting the rights and benefits of veterans, active duty military servicemembers and their families. Those who belong to them not only lend their voices to a greater cause, but they also gain access to extensive benefits tailored to the needs and lifestyles of military officers. Members proudly hail from every branch of the uniformed services. To them, we have made the same promise that they have made to their country: Never Stop Serving.

Our greatest mission is to improve the lives of those who serve and their families, which is achieved largely through the tireless advocacy efforts taking place in our nation's and state's capitals. We are there to advocate and support legislation that benefits

the military community and are equally vigilant when fighting to stop legislation that threatens our livelihood. In these efforts, the larger our numbers, the greater our voice.



Of course, there are material benefits of being a member of these organizations, but the intangible benefits cannot be discounted. Honor, courage, and commitment to the interests and values of our nation continue to be attacked and eroded. Our service members are constantly being used as a social experimentation petri dish. If we do not support our military servicemembers now, then who will, and when?

Please strongly consider renewing your membership in the Hampton Roads Chapter of MOAA and inviting your friends to join. Be a part of something greater than ourselves as individuals and help to pave a way for the future. Help us have a greater voice.

## Never stop serving!





## Community Affairs - Hampton Roads Chapter ROTC Scholarship Fund

The MOAA Scholarship Fund Board gives preference in awarding scholarships and grants to children with HRCMOAA chapter member parents. While not guaranteed to go to the child of a chapter member, those children applying for MOAA scholarships with a parent who is a chapter member will receive favorable consideration and the review board will give preference in awarding scholarships to those children. Regardless of whether the student’s parent is a chapter member or not, students selected for MOAA scholarships in the chapter name will always be from the area represented by our Hampton Roads Chapter. Below is the status of our chapter scholarship fund both for this year and overall for the 5-year goal. Thank you to all that have contributed and hope you will all continue to contribute in 2022 and beyond. The following is a breakdown of the chapter members who have contributed to the scholarship fund this year. [New contributions are shown in blue.](#)

	<b>GOAL</b>	<b>Contributed</b>	<b>% of Goal</b>	<b>Need Dates</b>	<b>Still Need</b>
HRCMOAA Scholarship Drive Status as of January 1, 2022	Total 5-Year Goal \$25,000	22,266.50	89%	Need by 12/31/2022	\$2,733.50
	Annual Goal for 2022 \$5,000 (Year 5 of 5)	\$0	0%	Needed by 12/31/2022	\$5000

## 2022 Contributions

**PLATINUM - \$500 and above**

**GOLD - \$250 to \$499**

**SILVER - \$100 to \$249**

**Bronze Under \$100**



**UPCOMING**  
*Events*  
**2022**

There are currently no scheduled events for 2022 as we're monitoring COVID-19. Keep an eye out in future editions of The Tribute and postcard mailers for the 2022 Events Schedule.

**2021 Christmas Dinner Dance Photos**







Chapter Membership or Renewal Application
Army • Marine Corps • Navy • Air Force • Space Force • Coast Guard • Public Health Service
National Oceanic and Atmospheric Administration
Join or Renew on-line: www.hrcmoaa.org/join.shtml

Hampton Roads Chapter MOAA
P.O. Box 4612
Virginia Beach, VA 23454-0612

Make checks payable to HRCMOAA

Regular Dues

1 Year: \$20.00
2 Years: \$35.00
3 Years: \$45.00

NEW

RENEWAL
Circle years & amount

Surviving

Spouse Dues

1 Year: \$10.00
2 Years: \$17.00
3 Years: \$23.00

Regular Member: Active, Reserve, Retired or Former Commissioned or Warrant Officer of the eight Uniformed Services.

Surviving Spouse: Survivor of any deceased individual who would, if living, be eligible for regular membership.

Please print (If renewing, enter only your name and information that has changed)

Date MM/DD/YYYY Recruiter

Name\*\* Last, First Middle or Initial Date of birth MM/DD/YYYY

Grade Service Component (Ex: USAR, USMCR, USAFR, USNR, ANG, ARNG)

Status Active - Reserve - Retired - Former - Surviving Spouse Service Dates MM/YY to MM/YY Retired Date MM/DD/YYYY

Spouse's Name Last, First Middle or Initial

E-mail address Spouse's Date of birth MM/DD/YYYY

Mailing Address Number and Street City State Zip code

Home Phone Work Phone Cell Phone

Member of National MOAA? Yes \_\_\_ No \_\_\_ If Yes, MOAA Number\*\* MOAA Life Member? Yes \_\_\_ No \_\_\_

Not a National MOAA member yet? Check here to receive a BASIC National Membership at no cost to you \_\_\_

Enclosed is \$ in dues payment

\*\* Surviving spouse enter your Name and MOAA Number, where indicated.

Signature

Click on the above form to renew online (or print and mail)

CHRISTMAS FROM PAGE 10





**THE TRIBUTE**  
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**MEMBERSHIP ALERT**

*If the date on your mailing label shows 2021, your membership expired on December 31, 2021. Please complete the membership renewal form on page 11. You may contact COL Larry King, USMC-Ret. at 650-1086, Membership Chair. Rather than recycling your newsletter, please consider sharing your copy with a prospective member.*

ADDRESS SERVICE REQUESTED

“Dated Material Do Not Delay”

February 2022

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(Label Here)



Please consider volunteering your time with your chapter.  
Newsletter Editor and Board of Director positions are available.

