

THE TRIBUTE

The Bi-Monthly Newsletter of the Hampton Roads Chapter Military Officers Association of America A MOAA Five Star Level of Excellence Chapter Since 2004. A Winner Printed Newsletter 2015 and Website For 2015. Serving Chesapeake, Norfolk, and Virginia Beach since 1959



Email/Website: hrcmoaa@gmail.com www.hrcmoaa.org

October 2016

VOL 40-NO 6

NEVER STOP SERVING

THE TRIBUTE In honor of those who have sacrificed to keep our country free.



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November 18th Luncheon: Speaker Change

Due to unforeseen circumstances, Lieutenant General John E. Wissler, Commander, U.S. Marine Corps Forces Command (MARFORCOM) will no longer be able to join us as our guest speaker. In his place is Colonel Chuck Dunne, Headquarters and Service Battalion Commanding Officer. See page nine for his biography and program information.

Focus on Membership Trends

Col Larry King "Live", USMC (Ret); HRCMOAA Membership

We have wonderful patriots who belong to our chapter and serve us well. One of those great Americans is our website and communications chairman Clif Furedy who has won multiple awards for his work with us. As usual, Clif went above and beyond in responding to my request for the data to build a graph depicting our membership trend over the past ten years. The figure on page five displays the negative trend in our membership dating back to 2007.

Our society continues to evolve. The information age and the "millennials" learn and relate differently than previous generations. Instead of belonging to organizations like HRCMOAA, attending meetings and luncheons to build relationships person-to-person, they join online chat rooms, follow blogs and text instead of talk on their cell phones. This trend is hurting our recruitment of new officers into our membership. Our demographic for our membership continues to age and with that comes challenges to continue to participate in activities.

SEE MEMBERSHIP CONTINUED ON PAGE 5



Visit our website at <u>www.hrcmoaa.org</u>, read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."

Hampton Roads Chapter, Military Officers Association of America

President's Message



Fellow Officers and Spouses:

I have said it before and often, membership is the sustainment engine of our Chapter. As the officers and board scrutinized membership trends, we noticed a continued decline despite that we continually strive to retain members and grow new ones. Between 2016 and 2017 we will have nearly half of our membership up for renewal and that has us all concerned enough to reach out further to you, the member. To get the word out on our membership challenges and to have members renew in a timely fashion, we are dedicating the main topic of this issue to mem-

bership and retention. We hope you maintain your membership with us, and it truly is an award-winning Chapter! We were recently notified that Mrs. Barbara Smith, our Surviving Spouse Liaison, was selected for the MOAA National Surviving Spouse Excellence Award! Barbara will attend the MOAA National Meeting to receive her welldeserved recognition with me as I pick up our 13th consecutive Five Star award banner. Additionally, our Chapter is also being recognized as establishing the Hampton Roads Chapter ROTC Designated Scholarship for meeting our goal of raising over \$25,000 for the MOAA Scholarship Program! Thanks to all of you who have contributed to this very worthy cause over the past five years and thanks for your continued support of our organization. I hope to see you at our November luncheon. Please bring a new and unwrapped toy for the Toys for Tots program!

Yours in Service, Bert Ortiz

	HRCMOAA DIRECTORY			
PRESIDENT: (757) 482-1995 CDR Bert Ortiz, USN (ret)	FIRST VP: 646-6448 CAPT Loren Heckelman, USN (ret)	SECOND VP: 471-5988 LCDR Jeff Barrett, USN (ret)		
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2nd DIST CONGRESS LIAISON: 434-5823 CAPT Chris Vatidis, USN (ret)	SURVIVING SPOUSES LIAISON: 576-1114 Barbara Smith	4th DIST CONGRESS LIAISON: 406-2949 CDR Linc Smith, USN (ret)		





From the Editor

Summer has come to an end and Fall is creeping in. As the leaves begin to change, please be sure to mark your calendar for our annual USMC Toys for Tots

luncheon on Friday, November 18th. Come on out for some great camaraderie, bring a present for a child, and come chat with ROTC cadets from around the area. Always a member favorite, let's pack the house for this luncheon.

I would be remiss if I didn't remind everyone about the <u>ROWS Christmas Dinner Dance</u> on Saturday, December 3rd. The Retired Officers Wives Society (ROWS) is a great supporter of our chapter. They put on an awesome Christmas Dinner dance. Grab your loved one, your dancing shoes, and rock the night away!

One other thing that I want to mention is to encourage you to renew your membership if it is your time. Historically, the end of the year tends to be busy and lots of folks forget to renew their membership. Please see the membership article in this edition of the Tribute for more background information and how you can help.

If you have any question with regard to when you membership expires, take a look at the <u>address label</u> on the outside of this newsletter. It will tell you what year your membership goes through. If you see 2016, please use the membership form on <u>page 13</u> (check and mail) or you can go online to renew and pay your membership dues (webpage link and instructions on <u>page 12</u>).

I hope to see each of you at one (or hopefully more) of our upcoming events!

Warmest regards,

Aaron Zielinski





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Page 4

Community Affairs Update

Hampton Roads Chapter ROTC Scholarship Fund.

The chapter has exceeded its annual and overall goals for the chapter ROTC Scholarship Fund! The chapter should be proud to have created the fund and endowed it at \$25,000. All members thank the many individual donors who have contributed over this 5 year effort. Donations that have not been processed yet and those expected by the end of the year will be added to the fund.

As of 10/10/2016	Total Goal \$25,000	\$25,226	To Goal	+ \$226
	Annual Goal \$5,000	\$5,226	To Goal	+ \$226

We remain committed to funding the HRCMOAA Scholarship Fund, which is managed under the MOAA Scholarship at MOAA headquarters.

- Donations are tax deductible.
- Checks should be made out to the *MOAA Scholarship Fund*. In the Memo section at the bottom left on the check, it should be noted that it is for the *HRC Scholarship Fund*.
- Checks can be sent directly to MOAA in the envelope found in each edition of the MOAA magazine, Military Officer or directly to MOAA at:

Military Officers Association of America Attn: MOAA Scholarship Fund 201 N. Washington Street Alexandria, Virginia 22314

2016 Contributions

PLATINUM - \$500 and above

Anonymous

GOLD - \$250 to \$499

CDR John Uhrin, USN (ret)

Rita Statzer

SILVER - \$100 to \$249

CAPT William Lehr, USCG (ret)

COL Jim Edge, USA (ret)

The Retired Officers' Wives Society

BRONZE - \$1 to \$99

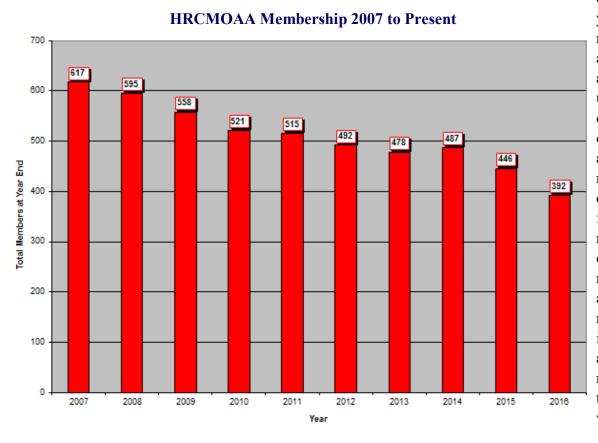
MG John McLaren, USA (ret) CDR Robert Deegan, USN (ret) CAPT John E. Rix, NOAA CAPT Michael Nickelsburg, USN (ret) CDR Carroll Bains, USN (ret) LT Steve Hackney, USN (ret) CAPT Carl Stein, USN (ret) CAPT John R. McKone, USN

Barbara Smith

Michael Wansky

MEMBERSHIP FROM PAGE 1

Without new blood coming into the organization we will slowly wither on the vine as an organization. It is important that each of you shares our information about this membership decline with our constituency, reiterating the activities of the chapter that support our membership, pointing out the individual and chapter awards recently received such as



our Five Star award (13 years running), multiple newsletter and website awards, surviving spouse awards, etc. Ultimately it's up to all of us to talk to everyone we know who is eligible to join our chapter and who is not currently a member to ask them to complete the application from the back page of the newsletter and join the chapter. Also, the board needs help in filling officer and director positions with new people to bring in new ideas and additional help as we work to reverse this membership trend and at the same time sustain the vitality of the chapter.

Some helpful information that you might share: Why should I join a chapter? Refer to the electronic newsletter and click on the thumbnail below to view the "Why MOAA video." Please consider sharing this video.



Some helpful information that you might share: Why should I join a chapter? Also, please refer to the electronic newsletter to view and share this video on "Why MOAA?"

Our chapters provide value added to your MOAA membership experience. In addition to sharing common experiences with other MOAA members, MOAA's chapters make important contributions to the association. Chapters provide grass roots support for MOAA's legislative agenda. Additionally, they are ambassadors in the community - giving

back in the form of various community support efforts. So if you want to have a say in what happens to your hard earned military benefits - and you want to make a difference in your community, then your local MOAA chapter is the place to be. And chapters often have interesting programs which impact the lives of their members - and provide member's access to federal, state and local government officials.

SEE MEMBERSHIP CONTINUED ON PAGE 10

Surviving Spouse Corner: Aging in Place

By Patricia Farnsworth, Surviving Spouse Advisory Committee member (www.moaa.org)

Statistics show 1 in 3 Americans now is over age 50, and by 2030, 1 in every 5 will be over 65. Nearly 90 percent of those over 45 want to age at home, referred to as aging in place. Often, home modifications to improve accessibility and livability help to ensure a safe, independent, and actively engaged lifestyle.

It is important to think proactively about the aging process rather than react once an event occurs. Consider whether your home will work for you as you age. What is your goal for your house? How long do you want to live there?

Often this is a head, heart, and financial decision. Life is a journey of adaptation, and our homes tell us what we need to do. The best living environment is safe, comfortable, fosters and preserves independence, accommodates the potential need for assistance, supports the way you live, and will continue to be affordable down the road.

Experts say the three most dangerous areas in a home are the kitchen, bathroom (the No. 1 place for accidents in the home), and stairs. While individual needs vary, some home modifications to consider include installing:

- ramps at home entrances to eliminate steps;
- handrails at existing steps and porches;
- remote-controlled blinds/shades;
- lever-style door handles;
- adequate indoor and outdoor lighting;
- lever-style handles on all faucets, including a pullout sprayer in the kitchen;
- a front-control cooktop;
- side-by-side refrigerator (with slide-out shelves and a water/ice dispenser);
- larger, user-friendly cabinet and drawer pulls;
- pullout shelves in cabinets;
- a raised dishwasher;
- a front-loading washer and dryer;
- a curbless shower (no step over and wheelchair-friendly, if necessary later) with grab bars, a slide-bar-type handheld shower nozzle, tub and shower controls close to the entry point, anti-scald devices, and entry doors at least 32-inches wide; and
- raised toilets.

Modifications can be made in all areas of your home, even in closets and garages. (Find more ideas in the AARP Home Fit Guide <u>here</u>.)

As you begin to examine your home and its condition, ongoing maintenance needs, and necessary changes, consider a variety of solutions and make informed decisions. Unbiased assessments by a certified aging-in-place specialist (CAP) can be helpful (\$300 average cost for home assessment).

Some CAPs are remodelers, but a growing number are health care professionals, designers, architects, or contractors who are trained to identify the unique needs of the older adult population, aging-in-place home modifications, common remodeling projects, and solutions to common barriers. CAPs provide a service, but eventually you'll need a professional remodeler to modify your home. Visit <u>www.nahb.org/caps</u> to find a CAP in your area.





You're invited! **ROWS Annual Christmas Dinner Dance** Atlantic Shores – Magnolia Room, Saturday, December 3, 2016 6:00-7:00 p.m.—Cocktails; 7:00-10:00 p.m.—Dinner and Dancing Music by The Dudes from The Rhondels

Menu

Toss Salad with dressing on the table ***
(1) 8 oz Filet with Cabernet Sauce – Medium Rare OR
(2) Salmon Provencal OR
(3) Chicken Marsala ***
Buttermilk Chive Mashed Potatoes Malibu Carrots & Green Beans Hot Rolls/Butter Coffee/Tea/Water Cash Bar Chocolate Mousse Price: \$60.00 per person ***

Invite your friends to join us for this traditional celebration!

Black tie or military uniform optional. Make a list of your guests (and yourself!), and indicate entrée for each person. All checks must be made payable to **ROWS**. Mail list of guests and entrees with checks to: Barbara Smith, 1201 Faulkner Road, Virginia Beach, VA 23454. Reservations, checks, and menu choices must arrive in Barbara's mail- box by **Friday, November 25, 2016**. If you have questions, phone Barbara at 757-427-3475.



Military ID Card Notification Program

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.

CAREER CORNER

Once you transition from active duty, we want you to stay in our community and chapter. Don't wait until the last minute to start networking, learning about transition, and talking with recruiters at career fairs. Here is a list of local military career fairs and networking opportunities:

November 10, 2016 11:00am to 3:00pm RecruitMilitary Norfolk/Virginia Beach All Veterans Job Fair Virginia Beach - Sandler Center for the Performing Arts www.recruitmilitary.com

December 1, 2016 9:00am to 12:30pm West Point Society of DC Army Navy Country Club - Arlington, VA https://www.corporategray.com/jobfairs/391

February 21, 2017 9:00am to 12:30pm Corporate Gray Military Friendly Job Fair Virginia Beach - Virginia Beach Convention Center https://www.corporategray.com/jobfairs/381



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November 18th Luncheon

Join us for our annual United States Marine Corps Toys for Tots luncheon. Colonel Charles "Chuck" Dunne, USMC, Headquarters and Service Battalion Commanding Officer will join us as our guest speaker. We encourage you to bring a new, unwrapped toy for a boy or girl. We will also be joined by ROTC cadets from Hampton Roads Naval ROTC as well as the Spartan and Monarch Battalions.



Col. Chuck Dunne graduated from The Citadel in 1990 and was commissioned into the Marine Corps through the Platoon Leaders Course.

His staff assignments include chief of operations with U.S. Marine Forces Central Command, component planner with Regional Command Southwest in Afghanistan, Operation Enduring Freedom Transition Planner, and assistant chief of staff of the 2nd Marine Aircraft Wing Aviation Logistics Department.

His command tours include recruit training company commander at Parris Island from 1995 to 1997, platoon commander at Officer Candidate School in 1998, commanding officer of Recruiting Station Columbia, S.C., from June 2002 to July 2005, and commanding officer of Marine Aviation Logistics Squadron 31 from 2007 to 2009.

Col. Dunne attended resident professional military education at the Amphibious Warfighting School; Marine Corps Command and Staff College, graduating with a master's degree in military studies; and the Industrial College of the Armed Forces, where he received a master's degree in national security strategy and resource management.

He received the Gen. Robert E. Hogaboom Leadership Writing Award in 1999 and served as a Marine Combat Instructor of Water Survival from 1997 to 2010.

His personal decorations include the Legion of Merit, Meritorious Service Medal (third award), the Navy and Marine Corps Commendation Medal (third award), and the Navy and Marine Corps Achievement Medal.



MEMBERSHIP FROM PAGE 5

During January of each year the Virginia Council of Chapters (VCOC) of MOAA along with our chapter's members participate in the "Storming the Hill" session of the Virginia Legislature in Richmond. You can be assured that the importance of the VCOC is critical to insuring the viability of veterans' benefits and other state supported veterans' services. VCOC members, representing a "voting block" of approximately 823,000 state wide veteran voters, have an impact on the way the legislators vote. The seriousness of VCOC members' efforts is reflected in the high percentage of resulting veteran's legislation signed by past Governors and the current Governor of Virginia.

As a veteran, your only questions should be: "would these bills have passed without the VCOC and chapter representation in Richmond speaking for Veterans" and "how important is it for me as a MOAA member to encourage and challenge those who do not belong to MOAA to join the state wide effort to Speak with One Voice?"

The VCOC provides an opportunity for your chapter to be heard and help defend all that you have earned as a veteran and as a MOAA member. It also is a chance to help our men and women of the military be heard in the state government. This is just one of many fine things this organization does for YOU! I encourage and challenge those who have doubts about your chapter's or VCOC's impact to wake up and join this combined effort on behalf of our veterans and their families. Join, step forward and take on the challenge of being a part of the Hampton Roads Chapter, your MOAA Chapter.

Semper Fi, Larry King "Live" HRCMOAA Membership (757) 650-1086 (Cell) www.hrcmoaa.org https://www.facebook.com/HRCMOAA/ LKingcap@aol.com



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- Discover past friends and relive great memories.





Patriots Colony, sponsored by Riverside Health System, is a LifeCare community exclusively for retired military officers and retired federal civil employees and their spouses.

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Coming soon: Nov Luncheon

WHEN: Friday, 17 November 2016

WHERE: Atlantic Shores, Magnolia Room; 1200 Atlantic Shores Drive, Virginia Beach, VA 23454.

TIME: Social-1100 hours, Lunch-1200 hours

MENU: Chicken Breast Stuffed w/ Leeks & Mushrooms OR Poached Salmon with Fresh Basil Cream. Both are served with Pear and Bleu Cheese Salad with Raspberry Vinaigrette, Duchess Potatoes, Broccoli, Rolls w/ butter; and Sweet Potato Crumble Pie. Coffee, tea and water provided. Cash Bar.

PRICE: \$25.00

PROGRAM: Colonel Charles "Chuck" Dunne, USMC, Headquarters and Service Battalion Commanding Officer is guest speaker. It is also our annual Toys for Tots event and we will be joined by ROTC cadets from the local area.

RESERVATIONS / CANCELLATIONS: Reservations required by <u>1200 hours, Tuesday, November 14, 2016</u>. RSVP to Barb Smith: 576-1114 (cell), 427-3475 (home) or e-mail: <u>barb4mom@cox.net</u>. If providing an email or leaving a message, please give the names of those attending, phone number, and meal choice.

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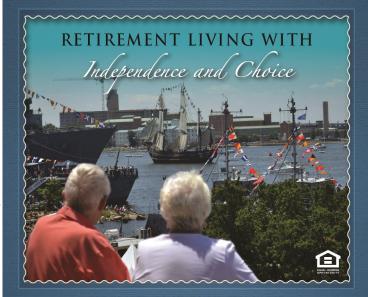
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upcoming ~Events~

November Board Meeting (11/5) - 0830, VB Resort and Conference Center

November Luncheon (11/18) - Atlantic Shores. Annual Toys for Tots event.

December Board Meeting (12/3) - 0830, VB Resort and Conference Center

<u>ROWS Annual Christmas Dinner Dance (12/3)</u> - Atlantic Shores. Dinner, Dancing, and music by The Dudes from The Rhondels.

January Board Meeting (1/7) - 0830, VB Resort and Conference Center

January Luncheon (1/20) - Atlantic Shores. <u>CAPT Jim</u> Carman, USN (Ret), Director MOAA Transition Center



Sept 2016 Luncheon

CDR Bert Ortiz, USN (ret), President presents Jefferson Cups to Senior Care Advocate, Ms. Mary Leeds and Ms. Sandra L. Smith, Certified Elder Law Attorney at the September 2016 Luncheon. Both guest speakers discussed a plethora of ideas and situations that we need to consider as we move through our retirement years. It was an informative and thought provoking program that resulted in a wide variety of questions from our membership.

Website Tips

The chapter's website at hrcmoaa.org provides a one stop shopping for the current edition as well as historical newsletters. The website (<u>www.hrcmoaa.org</u>) is a convenient way for you to access the electronic version of our newsletter which contains additional features, resources, and web content based upon that month's newsletter. The current issue is highlighted in yellow with past editions located below it in the center of the page.



<u>Membership Renewal</u> - Don't forget that you can also renew your membership online. Go to the website homepage at <u>www.hrcmoaa.org</u> and place your cursor over **"Join Our Chapter"**.

On the next page, hold your cursor over "Click Here to pay dues On-Line". Upon clicking, it will take you to National MOAA's page to "Join/Renew Your Local Chapter" and walk you step by step through the process.

Look for future spotlights on different sections of our website in future newsletters.

1111	Army • Navy • Air For Nationa	embership or Renew ree • Marine Corps • Coast Go l Oceanic and Atmospheric A v on-line: www.hrcmoaa.or	uard • Public Healt dministration			
	Mail to:				Survivin	ıg
	The Hampton Roads Chapter, MOAA P.O. Box 4612		Regular Dues		Spouse Dues	
			1 Year: \$20.00		1 Year:	
MOAA	Virginia Beach, VA 2345	4-0612	2 Years: \$35.00 3 Years: \$45.00	Circle up and R motor and	2 Years: 3 Years:	
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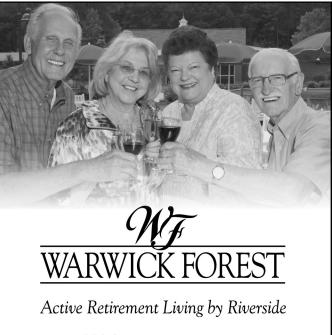
Click on the above form to renew online

It's not WHAT our best amenities are, it's WHO they are.

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THE TRIBUTE

Hampton Roads Chapter, MOAA P. O. Box 4612 Virginia Beach, VA 23454-0612

ARMY

MEMBERSHIP ALERT

If the date on your mailing label shows 2016, your dues expire in December 2016. Please complete the membership renewal form on page 13. You may contact COL Larry King, USMC-Ret. at 650-1086, Membership Chair.

ADDRESS SERVICE REQUESTED

"Dated Material Do Not Delay"

October 2016

(Label Here)

"I'm never far from the military in my heart, or in my home."

Residents choose to live at Atlantic Shores for many reasons: the amenities, natural beauty, culinary excellence, personal connections with staff members, quality on-site healthcare, security and more. But for Bob Sage, U.S. Navy Capt. Ret., proximity to the area's military bases sealed the deal. Dam Neck and Oceana bases are less than a mile away.

Another factor in Bob's decision was financial, both in pricing and equity ownership. Bob also values the ability to be involved in the community instead of being told

what to do. "Independence means living your own lifestyle," he says. He especially loves getting together with "the guys" for meals and trading war stories – literally.

You can arrange a visit or learn more about our community at AtlanticShoresLiving.com/HRMOAA, or call 757.251.0030. Oh, and one last word from Bob, on our culinary offerings: "Our Sunday brunches are the best kept secret out here!" Not anymore, Bob. Not anymore.



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