



THE TRIBUTE

The Bi-Monthly Newsletter of the Hampton Roads Chapter
Military Officers Association of America
A MOAA Five Star Level of Excellence Chapter Since 2004. A Winner Printed
Newsletter 2015 and Website For 2015.
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NEVER STOP SERVING

August 2016

THE TRIBUTE

In honor of those who have sacrificed to keep our country free.



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 Hampton Roads Chapter, Military Officers Association of America

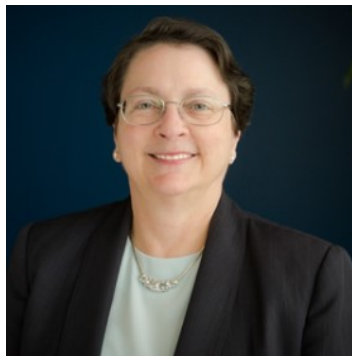
September 16th Luncheon

We are pleased to announce a two-person panel discussion on senior care for our September luncheon. The two panel members will be a Senior Care Advocate, Ms. Mary Leeds and an Elder Law Attorney, Ms. Sandra L. Smith.

Mary Leeds, Medical Social Worker/Geriatric Care Manager

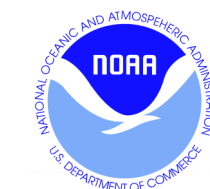
Mary is a Medical Social Worker and has her own company, Senior Care Advocate LLC. Mary's staff consists of three registered nurses (R.N.), a financial planning assistant, and a physician consultant. She has worked in and with medical professionals for over thirty years. Mary teaches a course six times a year at The College of William & Mary for The Christopher Wren Association, an education program for their alumni. Mary will present professional ideas and suggestions taken from her presentation called "Aging Smartly, Aging Successfully", She will offer tips on how you can take control of your life, especially in the area of health, wellness and planning for your senior care needs.

Sandra L. Smith, Oast & Taylor PLC



Sandra L. Smith is a partner in the law firm of Oast & Taylor PLC, with offices in Virginia Beach and Portsmouth. She practices in the areas of elder law, estate planning, estate and trust administration, asset protection planning, special needs planning, long-term care planning, and veterans' benefits planning. Ms. Smith is certified as an elder law attorney (CELA) by the National Elder Law Foundation.

SEE LUNCHEON CONTINUED ON PAGE 6



Visit our website at www.hrcmoaa.org, read the Electronic Newsletter, access Virginia Council of Chapters, MOAA National, Service Departments, Health and Benefit locations, U. S. Senators and Representatives and many others. If you do not have the Members Only "Password" please contact any of our Officers. The HRCMOAA Newsletter is published by the HR Chapter, which is an affiliate of the Military Officers Association of America (MOAA). MOAA and its affiliated chapters are nonpartisan. The advertisements that appear in this publication do not reflect an endorsement by MOAA or this affiliate."

President's Message



Fellow Officers and Spouses:



Every year MOAA's Councils and Chapters compete to receive a four or five-star Levels of Excellence Award. I am pleased to announce that your Chapter has once again been recognized as one of MOAA's very best chapters in the nation through the recognition of the 2016 MOAA Level of Excellence, Five-Star Award. This is our 13th consecutive five-star award, having won every year since the award's inception.

This year, 121 Chapters earned five-star awards, while 59 councils and chapters received four-star awards out of over 400 MOAA Councils and Chapters nationally. Regionally, Virginia did very well with our Council and 13 of 18 Chapters winning the five-star award. One Chapter won four-star recognition. Just by the numbers, you can see this is not easily accomplished. We have done it consistently through membership and an active Board of Directors who continually put us in the forefront of service to MOAA's goals and objectives and our constituency. So thanks to you ... well done!

Membership is the sustainment engine of our Chapter. Please remember to renew your membership and spread the word. Take up the challenge of recruiting a new member into our award winning Chapter! I hope to see you at our September luncheon and thank you for your continued support of our organization.

Yours in Service, *Bert Ortiz*



| HRCMOAA DIRECTORY | | |
|--|---|---|
|  PRESIDENT: (757) 482-1995 CDR Bert Ortiz, USN (ret) | FIRST VP: 646-6448 CAPT Loren Heckelman, USN (ret) |  SECOND VP: 471-5988 LCDR Jeff Barrett, USN (ret) |
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From the Editor

Although Summer is winding down, the heat sure hasn't. Fortunately, the temperature outside isn't the only thing that's hot around here. Your board of

directors has lined up some superb luncheons throughout the rest of the year. Stay tuned for details on these and other events of interest.

Keep your eyes peeled in the newsletter for chapter luncheons, the next Honor Flight Mission departure, and the [ROWS Christmas Dinner Dance](#) in December. I would encourage everyone to go ahead and highlight your calendar for October 15th. We'll kick off [Honor Flight Mission #16](#) early that morning and I would encourage as many of our chapter members to come out and celebrate the veterans that will be traveling to Washington D.C. to visit their memorials. In fact, bring someone with you - a fellow chapter member, a friend, a family member, or perhaps a potential chapter member. Let's start their day off with a bang by offering a super warm welcome.

One other thing that I want to mention is to encourage you to renew your membership if it is your time. Historically, the end of the year tends to be busy and lots of folks forget to renew their membership. If you have any question with regard to when your membership expires, take a look at the address label on the outside of this newsletter. It will tell you what year your membership goes through. If you see 2016, please use the membership form on page 15 (check and mail) or you can go online to renew and pay your membership dues (webpage link and instructions on page 14).

I hope to see each of you at one (or hopefully more) of our upcoming events!

Warmest regards,

Aaron Zielinski



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Community Affairs Update

Hampton Roads Chapter ROTC Scholarship Fund.

Our chapter has done a great job of meeting our \$5,000 annual goal during the first four years of establishing our scholarship. We've had a bit of a slow start this year and are just under \$3,000 away from meeting our goal of \$25,000 by the end of 2016! Students (under age 24) who are children of former, active or retired officers or active or retired enlisted military personnel are eligible to apply. Military academy cadets are not eligible for this program. Selected students must have a sponsor that is a PREMIUM or LIFE member of MOAA or if enlisted, a member of Voices for America's Troops. Below reflects the current status of our chapter scholarship fund as reconciled through 8/22/16.

| | | | | |
|-----------------|---------------------|----------|---------|---------|
| As of 8/22/2016 | Total Goal \$25,000 | \$22,121 | To Goal | \$2,879 |
| | Annual Goal \$5,000 | \$2,121 | To Goal | \$2,879 |

We remain committed to funding the HRCMOAA Scholarship Fund, which is managed under the MOAA Scholarship at MOAA headquarters.

- Donations are tax deductible.
- Checks should be made out to the *MOAA Scholarship Fund*. In the Memo section at the bottom left on the check, it should be noted that it is for the *HRC Scholarship Fund*.
- Checks can be sent directly to MOAA in the envelope found in each edition of the MOAA magazine, Military Officer or directly to MOAA at:

Military Officers Association of America
 Attn: MOAA Scholarship Fund
 201 N. Washington Street
 Alexandria, Virginia 22314

If you have not had the opportunity to participate in our drive or normally donate closer to year's end, please consider donating this Fall. We only have four more months left to complete our five year drive to \$25,000.

2016 Contributions

PLATINUM - \$500 and above

GOLD - \$250 to \$499

SILVER - \$100 to \$249

The Retired Officers' Wives Society
 (ROWS)

BRONZE - \$1 to \$99

MG John McLaren, USA (ret)
 CDR Robert Deegan, USN (ret)
 Barbara Smith

CAPT William Lehr, USCG (ret)
 CDR Carroll Bains, USN (ret)

CAPT Carl Stein, USN (ret)
 LT Steve Hackney, USN (ret)



Legislative Affairs

Legislative Committee Taking Action and Discussing MOAA's Top 10 Legislative Goals



Your Legislative Affairs Committee is always busy working to represent the best interest of our members, veterans, and active duty service members. CDR Linc Smith USNR (Ret) Vice Chair, Fourth District Representative joined members of the Portsmouth and Peninsula MOAA Chapters, CWO4 Karl Wilson, USA (ret), and Col Jim Pauls, USAF (ret) to meet with Charlotte Hurd, Senator Warner's Military Liaison. They also met with Diane Kaufman, Senator Tim Kaine's Regional Director during the early afternoon.

This was a great opportunity to show regional cooperation while presenting [MOAA's Top 10 Legislative Goals for 2016](#) as well as more in depth discussion on specific topics. Photo from left to right: CWO4 Karl Wilson, USA (ret) - Portsmouth Chapter; Charlotte Hurd, Senator Warner's Military Liaison; Col Jim Pauls, USAF (ret) - Peninsula Chapter; and CDR Linc Smith, USN (ret) - Hampton Roads Chapter.

For detail on the Top 10, please reference our March newsletter or visit the MOAA website at: <http://www.moaa.org/Content/Take-Action/Top-Issues/Currently-Serving/MOAA-s-Top-10-Legislative-Goals-for-2016.aspx>

31st Annual Virginia Congressional Appreciation Luncheon



The Virginia Council of Chapters (VCOC) hosted its 31st Annual Virginia Congressional Appreciation Luncheon on May 18, 2016 at the Capitol Hill Club in Washington, D.C. to recognize Virginia's congressional delegation and their staffers who have supported key state and national defense-related legislative issues. Colonel Steve Turner, USAF (Ret), VCOC President hosted this superb event. Hampton Roads area legislators in attendance included Representatives Scott Rigell (2nd District) and Randy Forbes (4th District) as well as Lieutenant General Dana Atkins, USAF (Ret), MOAA President and Commander Linc Smith, USN (ret), HRCMOAA Legislative Affairs Committee. The VCOC Minute Man Award was presented to Colonel Brian Anderson, USAF (ret) Deputy Director, Council and Chapter Affairs, MOAA for his outstanding support and service to the Virginia Council and its Chapters. Pictured above is Col. Steve Turner, USAF (Ret) VCOC president (right) presenting Rep. Robert Hurt, R-5th District (left) with the VCOC's annual legislative award for his faithful support and loyal service regarding veterans and military compensation and benefits legislation. *Photograph courtesy of MOAA*

The 4th Quarter meeting of the Virginia Council of Chapters is scheduled for October 5, 2016 at the Virginia War Memorial in Richmond, VA. If you would like to attend please contact COL Jim Smith at (757) 425-5934 for details.



LUNCHEONS FROM PAGE 1

Ms. Smith received a Bachelor of Science in Aeronautical and Astronautical Engineering from Purdue University in 1976 and graduated from Embry-Riddle Aeronautical University in 1979 with a Master of Aviation Management degree. Ms. Smith is a 20-year veteran of the United States Air Force and received a Bronze Star for meritorious service during Operation Desert Storm. She graduated from the College of William & Mary School of Law in 2000, where she was a member of the William & Mary Law Review.

She is a member of the Virginia State Bar, The Virginia Bar Association, the National Academy of Elder Law Attorneys, Virginia Academy of Elder Law Attorneys and the Special Needs Alliance. She is a member of the Board of Governors of the Virginia State Bar's Military Law Section, the Board of Directors of the Virginia Bar Association Elder Law Council, and the Board of Directors of the I'Anson-Hoffman American Inn of Court. Ms. Smith is also the Chairman of the Virginia Beach Task Force on Aging, and is a member of the Military Officers Association of America and the senior member of the Society of Women Engineers. She was selected by Virginia Lawyers Weekly as an Influential Woman of Virginia in 2014. Recognized for her service by Virginia Super Lawyers Magazine, Ms. Smith was named a "Rising Star" in 2008 and a "Super Lawyer" in 2015 and 2016 for her work in all of her areas of specialty. Ms. Smith is a past President of the Commonwealth Community Trust and a past National President of the American Business Women's Association.



Surviving Spouse Corner: Surviving Spouses Can Contribute

By Patricia Farnsworth, Surviving Spouse Advisory Committee member

Surviving spouses of deceased military officers can serve MOAA chapters in many ways. Chapters should welcome these members and encourage them to become active in not only the chapter but also national MOAA. Here are four ways surviving spouses can contribute to MOAA chapters.

1. Recruiting. Having participated in activities on many military bases and within the community, surviving spouses might know others — both surviving spouses and couples — who have retired and are living in the chapter area and can help recruit them as new members. Welcoming these potential members and encouraging them to become active members serves national MOAA and local chapters as well as the new members themselves.

2. Leadership roles. Surviving spouses, formerly referred to as auxiliary members, are eligible to serve as chapter officers. Many chapters now have a surviving spouse in an office, sometimes even serving as president.

3. Event planning. Surviving spouses can help organize chapter luncheons or dinner meetings, a task for which they might be well prepared. Those who have been members of officers' wives' clubs wherever their spouses were stationed usually have helped with planning meetings and arranging for speakers or entertainment.

4. Social and personal affairs support. When a death occurs within the chapter membership, surviving spouses can assist the widow or widower with the sometimes complicated task of changing names on accounts, notifying insurance companies, stopping military retired pay, and applying for Social Security benefits as well as military survivor





You're invited!

ROWS Annual Christmas Dinner Dance

Atlantic Shores – Magnolia Room, Saturday, December 3, 2016
 6:00-7:00 p.m.—Cocktails; 7:00-10:00 p.m.—Dinner and Dancing
 Music by The Dudes from The Rhondels

Menu

Toss Salad with dressing on the table

(1) 8 oz Filet with Cabernet Sauce – Medium Rare

OR

(2) Salmon Provencal

OR

(3) Chicken Marsala

Buttermilk Chive Mashed Potatoes

Malibu Carrots & Green Beans

Hot Rolls/Butter

Coffee/Tea/Water

Cash Bar

Chocolate Mousse

Price: \$60.00 per person

Invite your friends to join us for this traditional celebration!

Black tie or military uniform optional.

Make a list of your guests (and yourself!), and indicate entrée for each person.

All checks must be made payable to **ROWS**.

Mail list of guests and entrees with checks to:

Barbara Smith, 1201 Faulkner Road, Virginia Beach, VA 23454.

Reservations, checks, and menu choices must arrive in Barbara's mail- box by

Friday, November 25, 2016.

If you have questions, phone Barbara at 757-427-3475.



Military ID Card Notification Program

This voluntary program is designed to help Chapter members and their dependent's to renew their ID cards in a timely fashion. Once you and your dependents are enrolled, you will be notified of your impending ID card expiration date in sufficient time for renewal prior to the expiration date.

To enroll by mail: make copies of the form below for each dependent and fill out the required information. Mail to Military ID Card Notification Program, HRCMOAA, PO Box 4612, Virginia Beach, VA 23454-0612.

To enroll by email: visit our website, www.hrcmoaa.org and click on About Our Chapter and the ID Card Notification Program link and follow the instructions.

Note: Over age 75 members, who are eligible uniform family members and survivors of deceased personnel are now eligible for Permanent Identification Cards. Apply within 90 days of expiration of current ID card.

CAREER CORNER

Once you transition from active duty, we want you to stay in our community and chapter. Don't wait until the last minute to start networking, learning about transition, and talking with recruiters at career fairs. Here is a list of local military career fairs and networking opportunities:

October 19, 2016
9:00am to 12:30pm
Corporate Gray Military Friendly Job Fair
Virginia Beach - Virginia Beach Convention Center
<https://www.corporategray.com/jobfairs/375>

November 10, 2016
11:00am to 3:00pm
RecruitMilitary Norfolk/Virginia Beach All Veterans Job Fair
Virginia Beach - Sandler Center for the Performing Arts
www.recruitmilitary.com

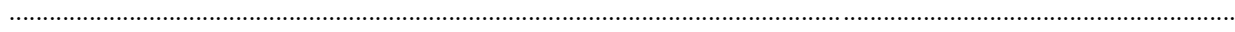
December 1, 2016
9:00am to 12:30pm
West Point Society of DC
Army Navy Country Club - Arlington, VA
<https://www.corporategray.com/jobfairs/391>

February 21, 2017
9:00am to 12:30pm
Corporate Gray Military Friendly Job Fair
Virginia Beach - Virginia Beach Convention Center
<https://www.corporategray.com/jobfairs/381>



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CITY, STATE, ZIP: _____

TELEPHONE: _____ E-MAIL _____
(Include area code)

ALTERNATE CONTACT: _____ RELATIONSHIP _____

STREET ADDRESS: _____

CITY, STATE, ZIP: _____

TELEPHONE: _____ E-MAIL _____
(Include area code)

Please notify me of my ID card expiration by: Tel: _____ E-Mail _____ Mail _____

Signature and Date _____



Joint Chapter Summer Brunch Mixer

On July 17, 2016, the Portsmouth Chapter (PAC), Peninsula Chapter (VIP) and your Hampton Roads Chapter (HRC) of MOAA hosted a brunch mixer at the Virginia Beach Resort Hotel and Conference Center. The event is looked forward to each year where members from each of the three chapters come enjoy the scenery, food, and camaraderie among MOAA members. The event has evolved over the past 15 years or so and we look forward to next year's event. Pictured below are members from all three chapters. Judging from the smiles, a great time was had by all!



Commissioning Ceremony at Norfolk State University

The Norfolk State University ROTC "Spartan Battalion" conducted a commissioning ceremony on August 26, 2016 on campus at the Spartan Suites. Receiving commissions in the U.S. Army were Second Lieutenant Gary Knight and Second Lieutenant Aaron Orgain. Both had recently completed their academic and military requirements and were presented a set of Military Officers Association of America "Gold Bars" in recognition of their achievement. The "Gold Bars" were presented by COL Jim Smith, USA (ret) of the Hampton Roads Chapter. Major Niels Hanson, Asst. Professor of Military Science hosted the event and Norfolk State University President Eddie Moore, Jr. was present as usual. The guest speaker and Commissioning Officer was LTC Antonio Thompson, USA (ret), a Norfolk State graduate.



Photo courtesy of NSU ROTC webpage: <https://nsu.edu/cset/arotc/index>



Junior ROTC Cadets Salute Atlantic Shores Veterans with Intergenerational Program to Record Personal Stories of Military History

Article courtesy of Beth Pursley (ontargt@aol.com) for Atlantic Shores

Stories of bravery and sacrifice were handed down from one generation to the next at the launch of [Vets and Cadets](#), a unique program to honor military veterans.

Created for Cox/First Colonial High School Navy Junior Reserve Training Corps in Virginia Beach, Virginia, the program pairs cadets ages 15-18 with veterans, to interview and record their personal stories using an app called Storycorps.me. When completed, each veteran's story is uploaded to the Library of Congress for posterity - - to keep history alive for future generations. The first group of featured WWII, Korean and Vietnam War veterans were residents from Atlantic Shores, the neighborhood for 55 and better in Virginia Beach, Virginia.

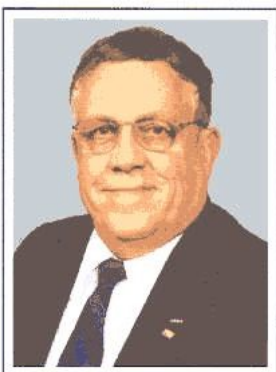
The project came about when retired Navy Captain Ted Davis was sitting outside his home, selling his possessions in preparation for his move to Atlantic Shores. Young neighbor and Naval Junior ROTC cadet Miles Abernethy noticed Ted was selling a sea chest and vast collection of Naval memorabilia. Miles was intrigued and began to talk to Ted, discovering that he had an impressive Naval career. Captain Davis then showed Miles his prized possessions and shared stories of daring cold war-era submarine chases as captain of the USS Grenadier.

When he returned home, Miles researched more about Captain Davis on the internet, and felt compelled to thank Ted for his service, and share his stories with others. With Virginia Beach's rich Naval tradition, he realized there were thousands of retired servicemen in the area whose stories could be captured for posterity.

His mother Merri Jo supported the idea, and realized today's "technological teens" might need some form of electronic bridge so they could connect with veterans from their perspective. That's when she discovered the Storycorps.me app, designed to capture first-person oral histories of servicemen and women as audio interviews. The app provides sample questions, the ability to do test interviews and edits, and an easy method to upload and share.

She then approached Captain Timothy Richardt, First Colonial High School NJROTC Senior Naval Science Instructor, to create a cadet service project that also serves as a living history lesson. According to Captain Richardt, "This program gives our cadets a first-hand opportunity to experience military history from the individual human

[VETS AND CADETS CONTINUED ON PAGE 11](#)



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VETS AND CADETS FROM PAGE 10

perspective, learn an unforgettable lesson about service to our nation and society, and understand what it means to embody duty and honor. It also provides those who once defended America's preceding generations with the chance to pass the torch of martial experience to tomorrow's soldiers, sailors, airmen, and marines -- who stand ready to take the helm in the service and defense of our nation.”

Knowing that Ted now resides at Atlantic Shores, Merri Jo approached the community to see if they would consider recognizing their veterans by having their stories captured as the first ones for this program.



According to Atlantic Shores General Manager/CFO Eden Jones, “Of course we were thrilled to extend invitations to our resident veterans. As a community that deeply values all servicemen and women, we felt that this would be a tremendous tribute to those who heeded the call to duty. These shared stories from one generation to the next will not only honor our resident veterans, but also create a tangible legacy for them and their families.”

Captain Davis and 21 of his fellow Atlantic Shores resident veterans gathered with cadets and dignitaries to officially launch the program at the Military Aviation Museum in Virginia Beach. Uniformed cadets honored veterans as they arrived with a color guard presentation and salute from one generation to the next. Cadets were paired with their mentor veterans, and given time to learn about each other before entering separate recording stations to conduct their interviews. Afterwards, each cadet posed for a selfie of themselves and their new friend to upload with the interview (sample interview: <https://storycorps.me/interviews/milton-david-beach/>).

“More than a dozen of our veterans shared with us afterward what a wonderful program this is. They were so impressed with the cadets, and felt that participating was an experience of a lifetime,” stated Ms. Jones.



SPOUSES FROM PAGE 6

entitlements. Help with planning a funeral and burial arrangements also can be very useful. A surviving spouse who already has dealt with these tasks can offer support during a time when the recently bereaved member might be feeling overwhelmed and confused. The ability to provide the social support needed to accomplish the necessary adjustments can make the newly bereaved spouse feel more confident and comfortable. Surviving spouses also can help a new widow or widower regain a social life through friendships and organized social events. MOAA meetings and other occasions can provide this for those spouses. Becoming active in a local chapter is a good way to take advantage of this benefit. National membership is a wonderful source of help when questions arise about anything related to the military career of the deceased.

See more at: <http://tinyurl.com/moaasurvivingspouses>

VETS AND CADETS FROM PAGE 11

After the kick-off event, the Aviation Museum created certificates for all participants, including a permanent hyperlink to each veteran's feature - - providing successive generations a priceless way to bring the past to life. Moving forward, the Vets and Cadets program will continue expanding, pairing cadets with local veterans from all branches of service. Atlantic Shores will stay actively involved, including staging a "listening party" at the community, where audio recordings of all resident veterans' interviews will be played for new and current cadets to hear, along with their new-found heroes.

For more information, visit www.facebook.com/coxfcnjrotcprojectviewavet/, and www.facebook.com/atlanticshoresliving.



Picture Yourself Here.

We invite you to experience the camaraderie at Patriots Colony with a complimentary Sunday Brunch! Call 855-396-0023 or email us at patriotscolony@rivhs.com.

- Experience the story of America in the place where it all began, Colonial Williamsburg.
- Play at Williamsburg National Golf Club, a Jack Nicklaus designed course.
- Enjoy Virginia Capital Trail, a dedicated, paved pedestrian and bicycle trail connecting past and present capitals of Jamestown and Richmond along the Scenic Route 5 corridor.
- Explore College of William and Mary, the second oldest college in the nation.
- Savor hand-crafted cocktails, appetizers and pub fare at Archie's Tavern.
- Discover past friends and relive great memories.


PATRIOTS COLONY
At Williamsburg

www.patriotscolony.com



Patriots Colony, sponsored by Riverside Health System, is a LifeCare community exclusively for retired military officers and retired federal civil employees and their spouses.

Coming soon: Sept Luncheon

WHEN: Friday, 16 Sep 2016

WHERE: **Atlantic Shores**, Magnolia Room; 1200 Atlantic Shores Drive, Virginia Beach, VA 23454.

TIME: Social-1100 hours, Lunch-1200 hours

MENU: **Basil Chicken with Fresh Mozzarella, Tomatoes & Basil Reduction** or **Lemon Pepper Cod** served with a Classic Caesar Salad, Rosemary Roasted Red Potatoes, Fresh Sautéed Green Beans with Shallots, Red Peppers and Garlic, rolls w/ butter; & Cannoli's. Water, tea & coffee provided. Cash bar.

PRICE: \$25.00

PROGRAM: **Senior Care Advocate, Ms. Mary Leeds** and **Elder Law Attorney, Ms. Sandra L. Smith** will provide a panel discussion on senior care. Ms. Leeds is a Medical Social Worker/Geriatric Care Manager and is a Medical Social Worker. Ms. Smith is a partner in the law firm of Oast & Taylor PLC.

RESERVATIONS / CANCELLATIONS: Reservations required by 1200 hours, Tuesday, September 13, 2016. RSVP to Barb Smith: 576-1114 (cell), 427-3475 (home) or e-mail: barb4mom@cox.net. If providing an email or leaving a message, please give the names of those attending, phone number, and meal choice.

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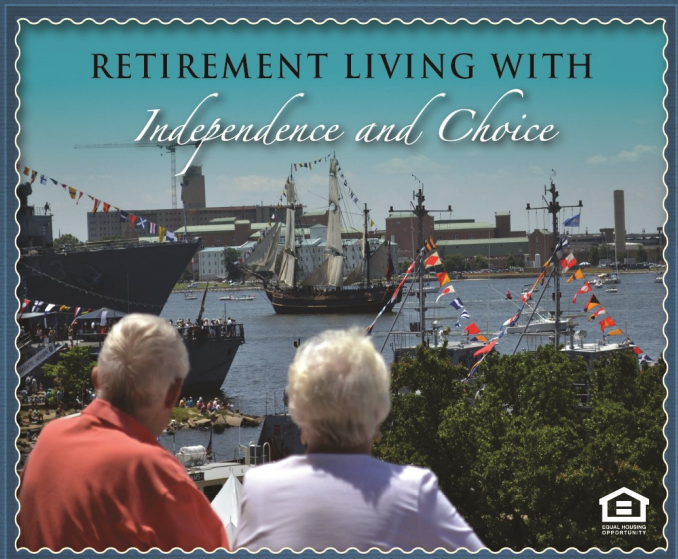
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UPCOMING Events

September Luncheon (9/15) – Atlantic Shores. Senior Care Advocate, Ms. Mary Leeds and Elder Law Attorney, Ms. Sandra L. Smith.

October Board Meeting (10/1) - 0830, VB Resort and Conference Center

Honor Flight Departure (10/15) - Southside departure point (Indian River Road Park & Ride; I-64 Exit 286A at Indian River and Reon Roads). 0430 show time.



October Luncheon (10/21) - VB Resort Hotel and Conference Center. Program TBD.

November Board Meeting (11/5) - 0830, VB Resort and Conference Center

November Luncheon (11/18) - Atlantic Shores. Annual Toys for Tots event.

ROWS Annual Christmas Dinner Dance (12/3) - Atlantic Shores. Dinner, Dancing, and music by The Dudes from The Rhondels.



June 2016 Luncheon

CAPT Loren Heckelman, 1st Vice President presents the Jefferson Cup to Bill DeSteph, Virginia Senator, 8th District at the June 2016 Luncheon. Senator DeSteph discussed electronic voting for deployed military, fighting to maintain low taxes, and focus on smaller, smarter government.

Website Tips

The chapter's website at hrcmoaa.org provides a one stop shopping for the current edition as well as historical newsletters. The website (www.hrcmoaa.org) is a convenient way for you to access the electronic version of our newsletter which contains additional features, resources, and web content based upon that month's newsletter. The current issue is highlighted in yellow with past editions located below it in the center of the page.

Membership Renewal - Don't forget that you can also renew your membership online. Go to the website homepage at www.hrcmoaa.org and place your cursor over "Join Our Chapter".

On the next page, hold your cursor over "Click Here to pay dues On-Line". Upon clicking, it will take you to [National MOAA's page to "Join/Renew Your Local Chapter"](#) and walk you step by step through the process.

Look for future spotlights on different sections of our website in future newsletters.





Chapter Membership or Renewal Application

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Mail to:
 The Hampton Roads Chapter, MOAA
 P.O. Box 4612
 Virginia Beach, VA 23454-0612

Regular Dues **NEW** _____
 1 Year: \$20.00 **RENEWAL** _____
 2 Years: \$35.00 Circle years & amount
 3 Years: \$45.00

Surviving Spouse Dues
 1 Year: \$10.00
 2 Years: \$17.00
 3 Years: \$23.00

Regular Member: Active, Retired or Former Commissioned or Warrant Officer of the seven Uniformed Services.

Surviving Spouse: Survivor of any deceased individual who would, if living, be eligible for regular membership.

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E-mail address Mailing Address

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Member of National MOAA? Yes No If Yes, MOAA Number** MOAA Life Member? Yes No

Enclosed is \$ in dues payment Signature

** Surviving spouse enter your Name and MOAA Number, where indicated.

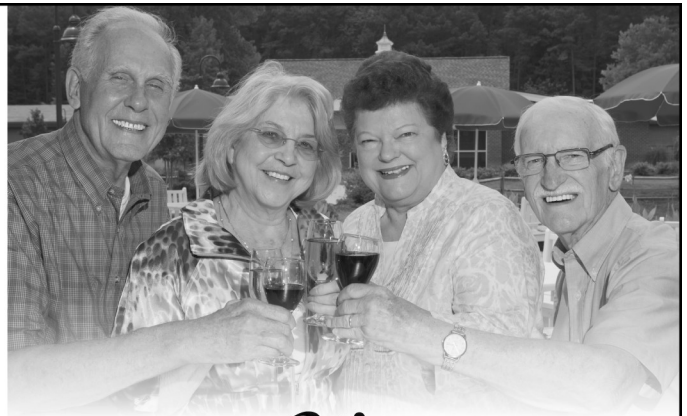
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If the date on your mailing label shows 2016, your dues expire in December 2016. Please complete the membership renewal form on page 15. You may contact COL Larry King, USMC-Ret. at 650-1086, Membership Chair.

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August 2016

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“I’m never far
from the military in my heart,
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Residents choose to live at Atlantic Shores for many reasons: the amenities, natural beauty, culinary excellence, personal connections with staff members, quality on-site healthcare, security and more. But for Bob Sage, U.S. Navy Capt. Ret., proximity to the area’s military bases sealed the deal. Dam Neck and Oceana bases are less than a mile away.

Another factor in Bob’s decision was financial, both in pricing and equity ownership. Bob also values the ability to be involved in the community instead of being told what to do. “Independence means living your own lifestyle,” he says. He especially loves getting together with “the guys” for meals and trading war stories – literally.

You can arrange a visit or learn more about our community at AtlanticShoresLiving.com/HRMOAA, or call 757.251.0030. Oh, and one last word from Bob, on our culinary offerings: “Our Sunday brunches are the best kept secret out here!” Not anymore, Bob. Not anymore.



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